

Register

Magazine

Issue No 416 December 2025



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Letters, articles and photographs are always welcome, but views and opinions expressed by contributors are not necessarily those of the publishers. We reserve the right to edit submissions if appropriate.

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News

Sutton Poyntz Village WI

At our November meeting we welcomed Alison Bristo who volunteers at Monkey World and for BOS, Borneo Orangutan Survival.

She tries to go to Borneo to help rescue and rehabilitate the Orangutans at least every two years. Orangutans live in Rain Forest in Malaysia, Sumatra and Indonesia there are around 70,000 left in the world altogether and their habitat is shrinking all the time. Mainly from land taken to grow non-sustainable palm oil. But things are changing and they are now using

sustainable palm oil.

Orangutans share 97.8% of our DNA making them the closest species to us, they also have opposable thumbs which they use to make things and gives them good dexterity. The gestation period is also the same as humans and the babies are totally dependent on their mothers until they're around 9 years old. When the young Orangutan is 14 or 15 they will leave and probably have their own baby having learnt from their mother. The mother will have another baby but they usually only have 3 or 4 in their lifetime. Orangutans



are susceptible to the same illnesses as humans so anyone handling one has to wear a mask. They generally live to be around 45 years old in the wild or up to 65 in captivity. They giggle, cry and smile and are gentle creatures. They are also extremely intelligent. We really enjoyed Alison's talk and I'm sure some of us will pay a visit to Monkey World soon. We had a collection of blankets etc for the Monkeys which Alison thanked us for. We also had a collection for the people of Ukraine as the temperatures will be dropping there soon and warm clothing is still very much needed. Last month some of our members went to The Sun Inn for our Autumn meal and had a lovely time. Our next meeting will be on the 3rd of December and will be our Christmas Party. There won't be a Meeting in January due to The Mission Hall having some refurbishments done however we will meet in The Springhead for coffee instead!

Val Dawe - President

Preston village market and coffee morning

At our last market of the year on Saturday 6th December, we will have lots of things to buy for Christmas and beyond.

Our market is in St Andrew's Church Rooms, Church Road, Preston DT3 6BU. Our market will be from 10.00am - 12.30pm. Come and join us and enjoy the delicious refreshments that are on offer. At our last market we are pleased to say that we raised £165 for our chosen charities. This time we are raising funds for: Amelia's Rainbow: A Dorset Based Charity that supports Children with disabilities or terminal illness. St Andrew's Church Fund: Supporting the Community Entrance free but donations to our local charities would be gratefully received.

Preston Pantomime Group

Preston Pantomime Group first took to the stage in 1979 and next February will see us put on our 47th performance, 'Red Riding Hood and the Three Little Pigs'.

The pandemic caused us to miss our 2020 show, and despite some feelings that this might jeopardise the future of the group, we have rallied and with an influx of en-

thusiastic newcomers come back strong and with the determination to entertain for many years to come.

Since its inception, the group has seen members come and go and several different people have stepped into the director's shoes. They have all brought their own visions and ideas to the table and our performers have always made those aspirations come to life with their irrepressible talent. We have been lucky enough to be able to donate to a variety of local charities and we hope that we can continue to do so.

We welcome all members of the community to our shows, but in our 2026 production, the Wednesday evening will be our first ever Accessible Performance. This will be open to anyone who has any form of physical disability or mental health issues.

"Red Riding Hood and the Three Little Pigs", will be performed next February on: Wednesday 18th (Accessible Performance), Thursday 19th, Friday 20th and Saturday 21st (Matinee & Evening). We hope to see you there!

Preston and Sutton Poyntz Councillor Update

As I write to you I have no doubt you will be preparing for the Christmas season. On behalf of the Preston and Sutton Poyntz Councillor team I would like to wish you all a very Merry Christmas and a Happy New Year.

This year for us has been largely dominated by planning matters. In this area we have done our best to defend the character and well being of the local area. We reaffirm our commitment to doing this next year and as long as we have the privilege to serve you. We have thoroughly enjoyed many of the local events in the ward recently from coffee mornings to Carol services. Please feel to continue to contact us over the festive period with any local issues.

Cllr Louie O'Leary
07809905512

Cllrlouie.oleary@dorsetcouncil.gov.

The Friends of Weymouth Library

The Friends of Weymouth Library (FOWL) meeting on Saturday 6th December at 10.30am in the Library will have a tradi-

tional Christmas feel.

Art expert David Brindley will illustrate how the Christmas Story has inspired art more than any other subject. Come along and enjoy a slice of festive fun. Tickets available from the Library at £2 for members and £3 for non-members. Everyone welcome. Contact Library 01305762410 or else 01305832613.

Sutton Poyntz Remembrance Display

Volunteers came together to create several stunning displays

around the village to ensure that those who gave their lives and families who have lost loved ones to conflict are remembered on Remembrance Sunday.

National Trust South Dorset Association

Thursday 11th December at 2.30pm 'As I walked out...' The story of the Hammond Collection of Early 19th Century Folk Songs: A talk by Sophie Wright.
Presented by the National Trust

Continued on page 4



Sutton Poyntz Remembrance display



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South Dorset Association. St Aldhelm's Church Centre, Spa Road, Weymouth, DT3 5EW. NTSDA members £4, visitors £5.

Wyke Regis WI

Following on from their successful October concerts, the Singers invite all to their concert 'Rejoice at Christmas' at the WI Hall on Tuesday and Wednesday, 9th and 10th December at 7.30pm.

Finding themselves without a speaker at very short notice at the monthly meeting, members enjoyed an extended tea break with time to chat and exchange news. A lively quiz followed!

An extra Table Tennis session is open for those who would enjoy a game on Tuesday afternoons at 4.00pm. Why not come along?

A last minute reminder that the Autumn Fayre will take place on Thursday 20th November with lunches available.

Seasons Greetings to all who follow our news.

Weymouth Concert Brass

For many people, Christmas carols and brass bands are inextricably linked - like holly and ivy, or turkey and cranberry sauce - so you will find us bringing the two together at a number of Weymouth and Portland venues this December, including the following:

Easton Christmas Fayre on Saturday 6th December

Weldmar Hospicecare's Light up a

Life service at Weymouth Pavillion, 6.30pm Monday 8th December
Carols for Chickerell at Willowbed Hall, 7.00pm on Friday 12th December

Carols at Portland Yacht Club, 2.45pm on Sunday 14th December

Music and Carols for Christmas at All Saints Church, Wyke Regis, 7.30pm Friday 19th December

Wyke Square Christmas Carols, 7.15pm Monday 22nd December

The list is not exhaustive, and we will be popping up elsewhere too! In the meantime, Happy Christmas from all at Weymouth Concert Brass.

The band is always keen to hear from prospective new players. We normally meet once a week on Thursday evenings.

To get in touch, or for further information, contact us at weymouthconcertbrass@gmail.com, or find us on Facebook or X.

Jeff Thomas

Fairbridge Trust Make this a Fairtrade Christmas

Christmas shopping can be a hectic and stressful time but when you are filling your trolley in the supermarket spare a thought for the producers and look out for the Fairtrade option.

When it comes to gifts, stocking fillers, cards and decorations come and see what we have for something a little different. Choose a gift that will make a real difference to the life of the person who made

it.

Our Christmas cards and wrapping paper, sold to support the work of Transform Trade, are selling fast but we also have a few handmade individual cards from Cards from Africa for that special person. We have the beautiful Christmas Swazi candles back in stock and new for this year we have soapstone tree decorations from Kenya as well as the olive wood hangings from Bethlehem. For treats at Christmas we have our usual range of Divine chocolate bars plus chocolate coins. From Zaytoun in Palestine we have delicious Medjoul dates, olive oil, za'atar, and a selection of almonds; caramelised, smoked or natural. We even have olive oil soap. It makes a huge difference to the Palestinian farmers just to know that we are thinking of them and buying their products.

Our Lanka Kade wooden toys are always popular for little ones at Christmas, made from sustainable rubber wood in Sri Lanka but designed in the UK, they are fun and educational at the same time. Whilst we have a wide range we couldn't possibly stock all that they make but we are always happy to order for you if you find something special on their website - just don't leave it too late!

We look forward to helping you with your shopping in December but, as in previous years, we will be closed from Christmas Day for a week, reopening at 11.00am on Friday January 2nd so don't forget to stock up on your essential chocolate and coffee. Throughout January we will have shorter opening hours; Tuesday-Saturday 11.00am-3.00pm.

We would like to thank all our volunteers and customers for their continued support throughout the year. Please continue to tell your friends about us. We have been open for 8 years now but there are still local people who come in and say 'what a lovely

shop, how long have you been here?'. It is always a pleasure to welcome new customers and to tell them about what we sell and the charities we support.

We would like to wish all our customers a very happy Christmas and a happy and healthy 2026.

We can be contacted on 01305 772842, by email at thebridgefairtrade@gmail.com or follow us on Facebook.

The Bridge Fair Trade Shop, 24 Trinity Road, Weymouth, DT4 8TJ. Open Monday-Saturday, 10.00am-4.00pm in December.

One Voice Weymouth

One Voice Weymouth presents 'Sing Out for Christmas' at 7.00pm in Sydling St Nicholas Village Hall on 6th December and at Weymouth Bay Methodist Church on 14th December at 3.00pm.

Celebrate the joyous season with a programme that weaves together timeless carols, festive classics and inspired arrangements, supported by a wonderful piano quartet. From the jubilant 'Rejoice! Christ Is Born' to the sparkle of 'Merry Christmas, Mozart' and the charm of 'Nutcracker Jingles', the concerts offer a rich tapestry of festive music. Tickets are £10, cash or card on the door (under 16s free). For more information and QR code to purchase via Ticketsource head to our website at <https://www.onevoiceweymouth.com>

Southill Gardening Club

The club starts its 2026 programme of events with a talk by Stephen Brown from the Dorset branch of Butterfly Conservation.

This charity works to save butterflies and moths which have both suffered a dramatic decline in pop-

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Season's Greetings

to all our Readers, Advertisers and Contributors from all at the Register Magazine

ulation in Dorset in living memory. The meeting will be held at the Southill Community Centre on Tuesday 13th January at 7.30pm. Members and non-members are welcome and refreshments will be available. Further information on this meeting or the club in general can be obtained from Nigel Smith on 01305 788939.

Carols in Wyke Square 7.15pm on Monday 22nd December.

Come and sing carols around the Christmas Tree in Old Wyke Square accompanied by Weymouth Concert Brass and a glass of mulled wine. It's just possible that Father Christmas will call too, so bring your family and friends, and don't forget your reading glasses and a torch!

The Friends of Weymouth Library

The Friends of Weymouth Library (FOWL) meeting on Saturday 6th December at 10.30am in the Library will have a traditional Christmas feel.

Art expert David Brindley will illustrate how the Christmas Story has inspired art more than any

other subject. Come along and enjoy a slice of festive fun. Tickets available from the Library at £2 for members and £3 for non-members. Everyone welcome. Contact Library 01305762410 or else 01305832613.

Portland Coves

Concert Before The Fayre

Portland Coves annual 'Concert Before The Fayre', traditionally held day before Wyke village Christmas Fayre.

Portland Coves play an eclectic mix of Celtic Roots based music from around the world including Scotland, Portugal, Japan, Ireland and many of our own, often played upbeat but always with



Portland Coves musicians

the unique Coves twist. Advance booking is recommended although tickets on the door if available. Doors open at 7.00pm, £10 entry, cash bar.

Start time: 7.30pm

Finish time: 9.30pm

Contact Ian Cox: 07966439161

iancoxart@yahoo.com

Weymouth Drama Club

Under the Spotlight - Weymouth's 'other' Theatre

Weymouth's most intimate performance space has recently undergone a revamp and rebrand and will be bringing a wide range of theatre to the town over the coming months.

The newly renamed 'Harbour Theatre' in Hope Street, just a few

Continued on page 7

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Companies and on-line sites have been bombarding us endlessly with Christmas advertisements for weeks now. You know the sort of thing. Perfume for your In-house Adviser at only £1500 a tiny bottle. Or spray-on deodoriser for the man in your life. Admittedly both have advantages.

If your In-house Adviser uses enough of the perfume, you won't need a tracker app to find her. If she's anywhere upwind you can use your sense of smell to locate her. And underarm deodorant can sometimes be thick enough to stick your arms to your sides. This means that try as you might, you can't get your hands free to buy a round in the pub. Not that you could afford a round of drinks after buying the perfume. But all that advertising might well have distracted you from the visit of Comet Lemmon. I don't need to tell you that Comet Lemmon was not the headline act at Glastonbury this year but actu-

ally an object in space. The clue is in the name. This comet came so close to Earth that there was a mere sixty million miles between it and us. Such a short distance in fact that you couldn't possibly have missed noticing it. But if you did, don't be too upset, as you can always catch it again when it drops by in approximately 1,400 years' time. Though you might perhaps be just a little more over the hill by then. But I digress.

Regular readers of Over the Hill will suspect that there is a reason that the number one thousand four hundred has been mentioned. And they are of course correct. It is because calculations, verified by that well known astronomer Mrs Barnacle of Wyke, show that this is the total length of time in days that Weymouth car drivers will spend in traffic jams over the coming months. Now this doesn't mean that we will EACH spend 1,400 days. That would be a ridiculous, and

nothing ridiculous ever appears here. My In-house Adviser wanted to say something at this point, but the editor vetoed it. But 1,400 days does mean that we will collectively waste nearly four years waiting in queues at roadworks from now until the end of January.

The Dorset Council website has a page showing all projected roadworks over the next three months. Each is marked by a coloured circle, so it looks as though someone has thrown hundreds of buttons onto the map of our area. Now Senior Citizens, as I am sure that you and Mrs Barnacle will agree, are always calm, unflustered and patient. Which is why such news will not affect us greatly, but it may cause consternation – there are shorter words that could have been used to describe their mindset – amongst those younger and less tolerant than ourselves. It is important that Senior Citizens such as you and I pass on our sage advice, gathered and refined over so many years of helping others. And if you haven't yet reached the exalted title of Senior Citizen read on. Do not despair, for you will learn much from the imparted wisdom.

The first thing to realise is that the quicker you arrive at the back of the traffic queue, the longer you will have to wait in it. Therefore, it makes sense to get there as late as possible. And older drivers are helping with this by proceeding along the road at a reasonably slow pace. Though there was an account of a driver being stopped by an unmarked Police car for driving at thirty on a forty mile an hour road. They suspected that going at that speed there had to be something wrong with car or driver. He was going to apologise and explain that he had not understood the road sign number was not a limit but a target speed. However, his In-car Adviser wisely nudged him sharply in the ribs and forestalled any such quips. Just as well, for these

remarks are not appreciated at the end of an eight-hour shift spent trying to keep us all safe. But I digress yet again.

Passing to the second piece of advice, which covers the time when you are driving through the roadworks. If you do spot anyone dressed in a fluorescent yellow jacket and hard hat, with or without a shovel, blow you horn loudly and continuously, for they appreciate being noticed. They may even gesture to you that your support is welcome. This won't happen very often as most roadworks are not manned – sorry, personed – during the day. Or at any time, really. And last but not least, never ever, be tempted into following diversion signs supposedly showing a quicker way around the roadworks. Every experienced driver – meaning one with more than at least a half century behind the wheel – knows that the signs will be plentiful for the first few miles. Until, that is, you arrive at a five-way junction with no indication which road to take. There may be a large banner saying 'Abandon hope all ye to reach here' but there will certainly not be another diversion sign anywhere. You cannot retrace your steps – sorry poor choice of words, the first ever – your route because you won't remember the convoluted directions and trying to follow diversion signs facing away from you is impossible. So, there you have it. Three Senior Citizen tips on how to enjoy your journey around our fine County, the best present to leave with you at this time of year. Apart from a marvellous New Year resolution which is 'May I follow all the advice that I have given to other people over the years.' In case there isn't another chance before the big day, may I, on behalf of myself, my In-house Adviser and Mrs Barnacle of Wyke wish a merry Christmas and a happy, healthy and prosperous New Year to you and all those you hold dear.

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steps from the quayside, has for many years been under the ownership of Weymouth Drama Club, who acquired it in the 1980s as a run-down brewery store and converted it with the help of a National Lottery grant.

Coinciding a recent revamp of the entrance and public facilities the theatre has been made available for a range of activities, including art exhibitions, and performances during Weymouth Folk Festival. But theatre, and the work of the drama club, remain at its core.

The club itself is buzzing with energy this season – and it's no surprise why! With an adult section

of 45 active members and a junior section of 35 talented youngsters, the club continues to be one of the town's most vibrant creative communities.

Each year, members stage as many as four very different shows, offering something for everyone – from laugh-out-loud comedies to thought-provoking dramas and family favourites. Just in the last year, audiences have enjoyed memorable productions such as Abigail's Party, Dracula, and Accidental Death of an Anarchist.

This year promises to be another show-stopper, with a packed lineup that includes the festive fun of

Robin Hood – A Pantomime, the touching all-women play Deck-chairs, TV's The Good Life, and the powerful Someone Who'll Watch Over Me, we are also planning Measure for Measure and the Flintstone Nativity.

But it's not just the adults taking centre stage! The club's Curtain Raiser section, made up of three groups of young performers aged 7–16, is equally dynamic. Fresh from performing Early Man, many are actively involved in the Panto and will soon begin work on an exciting piece for a regional festival.

'Curtain Raiser' Sessions cost just £4 each. Every group is led by two experienced drama experts, ensuring top-quality guidance, skill-building, and plenty of fun for everyone involved. New members are welcome.

And for adults who have ever dreamed of treading the boards, now's the time to join! Whether you're an aspiring actor, a backstage enthusiast, or simply looking for a new creative outlet, the Weymouth Drama Club welcomes you.

Visit www.weymouthdramaclub.com



Green Councillors Update

Your Local Green Councillors: Working for Wyke and Rodwell

Cllr Clare Sutton

Residents and visitors have been enjoying the Ferrybridge section of the South West Coast Path since it reopened in June – such a plus for our local economy!

The land remains subject to rotational slip, however, so I continue to liaise closely with Chesil Vista and Dorset Council's Greenspace Team to help ensure this section of the path remains open while monitoring, mitigation, and management continue. We have a site visit booked for January where any 'next steps' will be considered. On the Brewers Quay development, Brewers Reach and Coopers Mews have received civic awards for architectural merit, and work on the iconic main buildings continues apace, with the first residents due to move in next March. At a recent event, developer Jason Craig jokingly 'blamed' me for encouraging him to take on such a massive project in the first place,

Continued on page 8

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because I was so impressed with the company's work on the Old Castle Road development. Work on the museum space is well underway, and we hope it will be formally handed over next year. Claudia sits on the Weymouth Museum Trust, and we're excited to see real progress towards a permanent, dedicated home for Weymouth's history and heritage. In my Cabinet Member for Children's Services role, it was a privilege to attend the launch event for Let's Talk SEND (Special Edu-

cational Needs and Disabilities) Week and speak to parents, carers, local charities, and other providers. SEND provision remains under huge pressure, both nationally and locally, and it's deeply disappointing that Government reform proposals have once again been delayed. While local staff are doing their utmost with limited resources, we know some families are still struggling to access support. If that's you, please do contact me — I'll do my best to help.



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Cllr Helen Toft

After many requests from residents across the town for 20mph zones, I joined Town Council officers and fellow councillors at Weymouth Library for a public consultation. Residents were able to discuss various options and add stickers to a large town map to show where they felt 20mph limits were most needed.

There's overwhelming national evidence that switching to 20mph reduces accidents and saves lives and some insurers may even offer reduced premiums if you live and drive in a 20mph area. A digital survey will be launched in the coming weeks for all residents to share their views, with paper copies available in local libraries. To make sure you don't miss this important consultation, please follow Weymouth Town Council on Facebook for updates.

As Chair of the Climate and Ecological Emergency (CEE) Working Group, I'm also pleased to announce the installation of a Real-Time Air Quality Monitor on Boot Hill. It will be fascinating to see how pollution levels fluctuate, especially on days when dozens of grain lorries from Portland Port coincide with cruise ship traffic and town-bound buses. With the potential addition of incinerator traffic, I suspect we may see pollution levels that at times exceed legal limits.

Looking ahead, plans are underway to form a Friends of Wyke Gardens group in the new year. This new volunteer group will support our Town Council gardeners in bringing more colour and interest to the gardens. Sadly, some dog owners continue to leave waste behind despite there being two bins that are emptied regularly. Please do use them and help keep this lovely green space pleasant for everyone.

Cllr Claudia Webb

It's been a busy few months in Wyke and Rodwell, with a strong focus on celebrating our neighbourhood's creativity and caring for its shared spaces.

This autumn, I've been developing new partnerships with local schools, artists, prisons and heritage groups to make sure the arts remain accessible to everyone in Wyke, not just those in the town centre.

I've also been working with to identify small but meaningful improvements around Rodwell including litter reduction, better signage for walkers using the Rodwell Trail, and ideas for planting and biodiversity projects near Westham Bridge. These community-led projects make such a difference to how our area looks and feels, and I'm keen to hear from residents who would like to get involved.

As a trustee of the Weymouth Museum Trust, I've been supporting progress at Brewers Quay - a key part of our local heritage. Plans for the new museum space are well underway, and the aim is to create something welcoming, educational, and sustainable for generations to come.

Finally, I've been representing Wyke and Rodwell on the WeyPort What/When digital events platform, which is helping to promote local arts, live music, and events across the area. It's a fantastic way for residents to discover what's happening right on their doorstep — from beach cleans to book clubs, from open mics to family workshops.

If there's a community idea or concern you'd like to raise whether about local spaces, accessibility, or creative projects please do get in touch. I'm always happy to listen, help where I can and champion Wyke and Rodwell's wonderful community spirit.

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Community fundraiser for Special Care Baby Unit

Community fundraisers James and Zara Dunham have raised an incredible £10,700 for the Special Care Baby Unit (SCBU) at Dorset County Hospital (DCH).

As well as online fundraising with bingo nights and ticket auctions, an event organised by James and Zara at Dorchester Cricket Club called 'Oakfest' brought the local community together this summer in aid of a cause very close to their hearts.

James and Zara have experienced

first-hand the dedication of the staff in SCBU at DCH when their son, Oakley, spent time there after he was born in March 2024. They have requested that the funds are spent on converting non en-suite bedrooms to ensure en-suite facilities are available to help create a more supportive environment for families to have a better level of comfort during an incredibly stressful time.

Oakfest was a community day with a cricket match, live music, children's entertainment and food, and was supported by friends, family and local

businesses including Maxgate Properties, Bumblebees Child-care, Sam Scaffolding, Blackmore Events and Chris Rawlings Building & Maintenance.

James Dunham said: 'It was a fantastic day, bringing people together for a great cause, and we were overwhelmed by the generosity of everyone involved. Raising funds for SCBU at Dorset County Hospital has been an incredibly meaningful journey for both Zara and me. The idea of providing en-suite facilities for relatives really resonated with us.'

Continued on page 11



Dunham family cheque presentation at DCH

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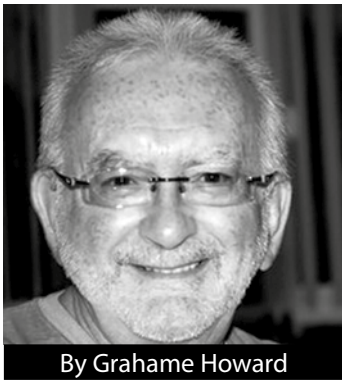
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By Grahame Howard

It's that time of year - Again Why does Christmas come around so quickly? It only seems a few weeks when we were all basking in heatwaves around our area. Then came the rain, and more rain.

I had only just finished being chased by skeletons and witches wanting me to Trick or Treat them. On this point, I never saw one witch on a broomstick, did you? Anyway, I can almost hear sleigh bells in the distance. I hadn't taken into consideration that it was nearly that wonderful time of the year.

I'm already worn out. We've just had family down for a weekend and before this visit, the CO had me doing all manner of jobs to make the house spick and span for when they arrived. The kitchen, which I painted earlier in the year needed to be touched up, why I do not know but I'm here to obey. The CO thought that the walls were lacking some paint in places - she could see the colour that was on there before. Therefore, I touched the walls up with one of those touch up kits that you can buy in all good decorating shops. How was I to know that it was a different shade? It was true that it was a little lighter than the earlier paint and the CO was totally disgusted with my DIY. I nearly told her to DIY it herself. But I want to carry on living in the house, so I just put up with 'the look' and went about the other chores from the large list she had given me.

I'm not kidding, anybody would have thought that Royalty was visiting us. I even had to wash the car and vacuum it out. I wanted to think of all the things that I could do or say to our distinguished guests to put them off from visiting again, but then I realised that would only make matters worse, I would only be making a rod for my own back. So I decided to grin and bear it, after all, it was only for a weekend. I decided to be nice and smile. That was of course until I

noticed them both drinking my wine. I couldn't believe it, I wanted to complain but who to? They were the CO's family. I can never win.

Anyway back to Christmas. I don't know how true it is but I've heard that Santa Claus is going on strike this year. Apparently, he had asked for a rise many years ago, and never received it. At that time, he was getting a glass of sherry and a mince pie at the majority of houses he went to on Christmas Eve. Now, in the budget he heard there would be many cutbacks this year and he would receive a glass of orange juice and one small sausage. This is partly due to the cost of living but, the police had been in touch with government urging them to stop offering him alcohol because he had spent several Christmas Eve's in local police stations because he was over the limit and the aroma from eating too many mince pies had caused him chronic wind. Therefore, Santa's job description will be coming before government before the festive period.

So all in all, we may not get our presents this year, unless of course Amazon will deliver them instead. I had never thought about that but, it could work. I'll mention it to the CO because she is thinking of standing for election when the time is right. This could be something to get her teeth into. Just think about it, no more reindeers but Amazon vans and no need to leave out the sherry or orange juice etc. By the time you read this, it may have been passed in parliament, so get ready for big changes to Christmas.

Whatever, happens, I wish you all a nice and happy Christmas, whether we have reindeers or Amazon vans. The problem is, we still have to work on the problem of massive queues in shops and supermarkets but that's something for next Christmas.

Toodle Pip

Grahame

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When you're spending long hours at the hospital, having a private space to rest and take needed time makes a huge difference to your wellbeing and ability to support your baby. We also hope that by sharing our story we can inspire others to get involved and support SCBU in whatever way they can, to try and make those difficult days for local families, just a little bit easier.'

Head of Fundraising for Dorset County Hospital Charity, Jodi Hibbard, said, 'We are so grateful to James and Zara for their amazing fundraising efforts - bringing the local community together for a day of fun and fundraising for our local hospital is such a fantastic idea, and a wonderful way to raise money for a cause that it is close

to so many people.'

If you are interested in organising a community event to raise money for any ward or department at Dorset County Hospital, including our Emergency and Critical Care Appeal, please get in touch: charity@dchft.nhs.uk or phone 01305 253215.

Citizens Advice Central Dorset

Join our trustee board to support a much needed free advice service for local people in Dorset

Citizens Advice Central Dorset are looking for new trustees to

Continued on page 13

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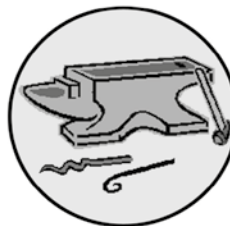
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join its charity trustee board. Our charity is focussed on providing information and advice for local people across communities in Dorset to help solve the problems they face in these challenging times.

We are in the frontline of supporting people with the cost of living crisis and more people than ever need our support as well as campaigning on the issues that affect everybody.

Offering free, independent and impartial advice to anyone in our local communities, Citizens Advice Central Dorset is used by about 750 people per week, with increasingly complex issues. There has been a significant increase in people seeking information about charitable support and food banks. In 2024/25, we helped secure £8 million in income for our clients.

We work across the central Dorset area covering Dorchester, Wey-

mouth and Portland, Gillingham, Sherborne and Blandford and are supported by volunteers who are at the heart of the communities they serve. We are a local, independent charity but with the benefit of being part of the influential national organisation, Citizens Advice.

Our trustees shape strategy and give direction, working with our Chief Officer and other staff. Our board of trustees come from a variety of backgrounds who all have the passion and dedication to make a positive difference for people.

Current opportunities within the trustee board are:

Trustee - with financial/business knowledge to support the treasurer

Trustee- with risk management knowledge

We welcome people from all backgrounds with a range of skills and experience as training will be pro-

vided. Trustee roles are voluntary, unpaid appointments, although reasonable travel expenses will be paid. Each role provides you with a great deal of experience and satisfaction, the opportunity to develop your skills and use your expertise and knowledge.

Becoming a trustee is an exciting opportunity to help lead a service that is in increasing demand and making a real difference to clients and local communities.

If you are interested in finding out more about becoming a trustee for Citizens Advice Central Dorset, please visit our website.

<https://centraldorsetca.org.uk/become-a-trustee>

If the role of trustee is not for you but you would still like to help in some other way, then we are also seeking volunteers to help provide the service working with clients and other volunteers particularly in the Dorchester office.

Help make a difference to people in need in our local communities.

Notes to Editor

Further information can be obtained from Tracy McGregor, Trus-

tee and Chair of People subcommittee by email tracy.mcgregor@centralca.org.uk

Citizens Advice Central Dorset (CACD) gives people the knowledge and the confidence they need to find their way forward – whoever they are, and whatever their problem.

The aim of Citizens Advice Central Dorset is to provide the advice people need for the problems that they face and flowing from this, the improvements of policies and practice

that affect their lives. Our core principles are to:

- value and respect diversity,
- promote equality,
- challenge discrimination and unfairness,
- work together and value the contribution of colleagues.

We give free, confidential, independent and impartial advice to anyone, regardless of age, disability, ethnic origin, gender, race, religious belief or sexual orientation.

Citizens Advice Central Dorset

Continued on page 16

Advertorial

Live your life the way you choose

Live every day your way at Anning House in Weymouth, where you can continue with much-loved hobbies, try new activities and make new friends all in a welcoming, safe environment. From pampering sessions in the hair and beauty salon, movie marathons in the cinema, to socialising in the café and bar – enjoy a fulfilling lifestyle tailored to you.

Choose what makes you happy

At Anning House you can fill your day with activities you enjoy. From crafting, baking and gardening to laughter-filled days out, we'll support you to live life to the full. Highlights include trips to Monkey World and The Tank Museum.

For restful moments or quieter days, you can enjoy a natter over afternoon tea with friends and family in the café or simply enjoy the sunshine with a good book in our landscaped gardens. Community also plays a big role at Anning House, and local schools and groups often come and join in our activities. Some of our favourite visits include choir singing, therapy animal visits and dance classes.

Fulfilling lives and dreams

Dreams really can come true with our Wishing Tree initiative, which all residents can take part in. When you hang your wish on our tree, we will do our best to make it happen, no matter how big or small your request is.

Recently, residents have taken to the skies and flown over London in a 1930s Dragon Rapide plane; sailed in a

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Freshly prepared, seasonal dishes are created with residents' input so you can still enjoy family favourites while trying tasty new dishes. What's more, our person-centred approach to dining means that our chef will always do their utmost to accommodate your requests, even if they are not on the current menu.

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Worship and information is available at www.weymouthridgeway.org.uk

The Weymouth Ridgeway Team offers a wide range of services and a warm welcome to all.

Normal Sunday worship in church

8.00am St Osmund's, Osmington (3rd, 4th)
9.00am Holy Trinity, Bincombe
9.00am St Nicholas, Buckland Ripers (1st, 3rd)
9.15am St Andrew's, Preston (2nd, 3rd, 4th, 5th)
9.15am St Andrew's Church Rooms (1st)
10.30am St Nicholas, Broadwey
10.30am St Francis, Littlemoor
10.30am St Osmund's, Osmington (1st, 2nd, 5th)
10.30am St Laurence, Upwey
4.00pm St Nicholas, Buckland Ripers (2nd, 4th)
6.30pm St Francis, Littlemoor (4th) Celtic Prayer

Weekday Worship

7.30pm Mon Evening Prayer/Compline St Francis'
7.00pm Tues Together on Tuesday St Francis' Church
7.30pm Tues Candlelight Service St Andrew's. Communion 1st Tuesdays
12.45pm Tues Prayer Meeting St Francis'
8.00am Thurs Morning Prayer St Francis'
12.00pm Fri Prayer Meeting St Andrew's
(For weekday services at St Nicholas see separate paragraph)

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Who's Who

Team Rector

Rev'd James Menzies - The Vicarage, 2 Primula Close, Littlemoor, Weymouth. DT3 6SL (01305) 835921 revjamesmenzies@outlook.com (day of rest Monday)

Team Vicar

Rev'd Philip Elliott (Holy Trinity, Bincombe; St Laurence, Upwey; St Nicholas, Broadwey; St Nicholas, Buckland Ripers) The Vicarage, 526 Littlemoor Rd, Weymouth. DT3 5PA (01305) 459971 weymouth.west.ridgeway.vicar@gmail.com (day of rest Monday)

Team Administrator

Shirley Mitchell, The Team Office, 4 Church Rd, Preston, Weymouth. DT3 6BU (01305) 837147 weymouth.ridgeway.team.office@gmail.com

Community Angels

A volunteer service offering companionship, errands, home visits, lifts to appointments, activities, shopping etc (01305) 834866 standrewsan-

gels@hotmail.co.uk

Hall Hire

St Andrew's Church Rooms, Preston,

Shirley Mitchell (01305) 837147 sachurchrooms4@gmail.com

St Francis' Community Room, Littlemoor

Anne Field (01305) 832532 annefield@talk21.com

Mission Hall, Sutton Poyntz

Maureen Morris (01305) 835533.

Preston Village Hall

Julie Witt, Booking Secretary, Preston Village Hall, Weymouth, Dorset prestonvillagehallweymouth@gmail.com. 07742 636511.

New Weymouth Ridgeway Team Ministry Newsletter

If you would like to receive news and information about what is happening in our churches please contact me on: weymouth.ridgeway.team.office@gmail.com or 01305 837147.

Ridgeway Churches Diary

Tuesday 2nd December

Knit & Natter
St Francis' Church, Littlemoor
Every Tuesday 10.30am-12pm

St Andrew's Church Rooms, Preston
Every 1st Tuesday 10am - 12pm

Thursday 4th December

Little Lambs Baby & Toddler Group 9.30am-11.30am
Every Thursday
St Francis' Church, Littlemoor £1.50

Monday 8th December

Angel's Lunch Club 12.30pm
Every 2nd Monday
St Andrew's Church Rooms, Preston. (suggested donation of £7 per head)
Contact 01305 834866

Saturday 13th December

Coffee, Cake & Chat 10am-12pm
Every 2nd Saturday
St Osmund's Church, Osmington
£3 per head

Friday 19th December

Osmington Lunch Club 12.15pm for 12.30pm
Every 3rd Friday
Osmington Village Hall, Shortlake Lane, Osmington
Contact: francesgroves@btinternet.com

Christmas Services across the Benefice

Christmas at St Andrew's

21st December 4.30pm - Carol Service
24th December 4.30pm - Crib Service
11.30pm - Midnight Communion

25th December 9.15am - Christmas Day Communion

Christmas at St Osmund's

21st December 6.00pm - Carol Service
25th December 9.30am - Christmas Morning Worship

Christmas at St Francis'

24th December 6.00pm - Christingle
25th December 9.30am - Christmas Morning Worship

St Laurence, Upwey

22nd December 6.30pm - Carol Service
25th December 10.30am - Christmas Communion

St Nicholas, Broadwey

24th December 4.00pm - DIY Nativity with Christingle
28th December 10.30am - Combined Service

St Nicholas, Buckland Ripers

24th December 7.00pm - Carol Service
25th December 9.00am - Christmas Communion

Holy Trinity, Bincombe

24th December 11.30pm - Midnight Mass

All Saints & St Edmunds Churches

Rector. Rev'd John Mackenzie.

www.parishofwykeregis.org.uk

You will find a warm welcome at our friendly and inclusive churches. All Saints, Portland Road, and St Edmund's, Lanehouse Rocks Road.

All Saints Church DT4 9ES

The church is open daily for visitors and prayer from 9am.

Regular church services:

Sundays 8.00am Holy Communion BCP (said).

1st Sunday of the month, 9.30am: Café Church - Tea, coffee and toast from 9.30am onwards.

2nd, 3rd and 4th Sundays, 9.30am: Sung Communion, followed by refreshments.

4th Sundays, 11.15am to noon: IGNITE, our new service for children and families, followed by refreshments.

5th Sundays: Joint Service with St Edmund's. Location alternates between All Saints and St Edmund's.

Morning Prayer.

9.00am Monday - Friday

9.30am Saturday

Fridays

10.30am: Holy Communion (said), followed by refreshments.

Coffee Mornings

10am: third Saturday of the month (please see dates below).

St Edmund's Church DT4 9HZ

Sundays

1st, 3rd and 4th Sundays, 11am: Holy Communion with hymns, occasionally alternating with Service of the Word.

2nd Sundays: IGNITE, our new service for children and families, followed by a light lunch.

5th Sundays: Joint service with All Saints. Location alternates between All Saints and St Edmund's.

Thursdays

1-3pm Little Saints Baby and Toddlers Group: during term time. Bring along your children, grandchildren or Godchildren and meet up with others. All welcome. Contact Amy on 07397 805124 if you are interested and would like to know more.

Coffee Mornings

10am - midday, last Saturday of each month (please see dates below).

Hall Hire

Have an event in need of a venue? St Edmund's beautiful church hall is available for hire at very reasonable rates. Send enquiries to office@parishofwykeregis.org.uk

www.registermagazine.co.uk

wykeregis.org.uk, or contact Amy on 07397 805124 for more information.

Wyke Regis Parish works in our schools, as well as local charities and other organisations. We offer many opportunities for people of all ages to come together, such as men's breakfasts, walking groups, craft groups, as well as chances to learn to sing and ring the bells, all of which help towards combatting loneliness and isolation.

Live Local News

The parish runs a live local news programme at 6pm on Saturdays and a quiz at 7.30pm the same evening. These can be accessed using the livestream links above.

Contact Us

If you want to get in touch, contact us via email: office@parishofwykeregis.org.uk, or call us on 01305 784649.

Regular parish activities

All welcome. Get in touch beforehand, or just come along and join in!

Art Group – Contact Janet Hall on 01305 839737.

Bell Ringing – Weekly practices for ringers of all ages. Contact Michael Dillstone on 01305 784902.

Book Group – Meets quarterly. Next meeting: February 2026

Churchyard Working Group – All Saints: 1st Tuesday in the month; St Edmunds: 3rd Tuesday in the month. If you're interested, please come along armed with gardening gloves and wellies!

Choir Practice – All Saints, 6pm on Friday. Contact Derek Griffin on 01305 772873.

Circle of Friends Lunch – Lynch Lane Garden Centre. 12pm, 1st Wednesday in the month. Next meeting 3rd December.

Weymouth Family Church

14 Westham Road, Weymouth DT4 8NP. <http://weymouthfamilychurch.org.uk/>

Sunday 10.30am-12.00

Main meeting. At least twice a month, we share in the Lord's Supper, remembering what Jesus did for us on the cross and declaring it until He comes again, deepening our union with Him.

Craft Group – 10am on Thursdays at All Saints, fortnightly.

Poetry Corner – Meets quarterly.

Singing for Fun – 3rd Tuesday in the month, 2pm, All Saints Church.

Walking Group – meets at Bindeaves Green on Mondays at 10am.

Men's Breakfast at St Edmund's Church Hall

Fancy a chat over a full English Breakfast? (other options available)

Every 2nd Saturday in the month, 9 to 11am, next on 13th December. For more information and to book a place contact: office@parishofwykeregis.org.uk

Coming Events

All Saints

Music & Carols with Weymouth Concert Brass

Friday 19th December, 7.30pm
FREE concert! Listen to some lovely Christmas brass music and also sing some of your favourite carols. Cash bar and retiring collection, with all money raised going to All Saints Windows Appeal. Please come along and support us!

Coffee Morning

Saturday 20th December, 10am – noon
All are welcome to join us for coffee, tea, home-made cakes, Fairtrade stall, books, music and for a catch up with friends old and new. Gluten free available.

St Edmund's

Coffee Mornings

Saturday 29th November & Saturday 27th December, 10am – noon
Teas, coffees and home-made cakes (GF available). Books, CDs, jigsaw puzzles, and a chance to catch up with old friends and welcome new ones.

Monday 10.30am-12.00

Coffee morning with the opportunity to learn Makaton sign language, open to all.

Tuesday 7.00pm – 9.00pm.

Craft evening. Join us for some craft activity and enjoy a chat and a cuppa.

Thursday 10.30am-12.00.

Coffee morning, open to all.

Announcement

It is with great sadness that Audrey Wilby, who resided in Sandbourne Road, Preston for forty two years, passed on 20th October, one day after her 96th birthday.

She was a very keen member of the WI and Gardening Club, as well as theatre, flower arranging and keep fit groups.

She died peacefully, supported in her last year by the wonderful staff at The Bosworth Care Home, Preston. She leaves two daughters, four grandchildren and seven great grandchildren.

Friends of Weymouth Peace Garden

The Garden was originally a Quaker burial ground and is now a calm, tranquil space enjoyed by local people and visitors alike throughout the year.

Situated on the Nothe, next to the Nothe Tavern, unless the weather is bad, volunteers meet every Saturday

morning for a gardening working party for 2-3 hours from around 10.15. to approximately lunchtime, with coffee/chat break part way through. It is informal, friendly and new volunteers are welcomed. Gardening expertise is not necessary, enthusiasm and interest are more important.

Holy Trinity with St Nicholas Weymouth

We are an inclusive church, come as you are, we welcome you all.

The Harbourside Church

Trinity Road Weymouth DT4 8TJ

Wednesdays 10.00am Said Eucharist

<https://www.holytrinityweymouth.org>

Face book: Holy Trinity Weymouth with St Nicholas

Sunday 8am - Said Communion service (in the Lady Chapel)

Sunday 10am - Sung Communion service (in the main space)

1st Sunday 6.00pm for a 6.30pm start - Open Table - Inclusive service for LGBTQIA+ friends, families and allies (in the main space)

Weekday Services at St Nicholas Church, Broadway

Tuesdays	8.45am	The Angelus and Meditation	Broadway.
	9.00am	Morning Prayer	Broadway
Wednesdays	10.00am	Holy Communion (BCP)	Upwey
	8.45am	The Angelus and Meditation	Broadway
Thursdays	9.00am	Morning Prayer with Communion	Broadway
	8.45am	The Angelus and Meditation	Broadway
Fridays	9.00am	Morning Prayer	Broadway
	10.00am	The Holy Eucharist	Broadway
Saturdays	10.45am	Coffee Morning	Broadway
	8.45am	The Angelus with Meditation	Broadway
	9.00am	Morning Prayer with communion	Broadway
	8.45am	The Angelus and Meditation	Broadway
	9.00am	Morning Prayer	Broadway

Methodist Churches in Weymouth

Churches are available for baptisms, marriages (including same sex marriages at Weymouth Bay) and funerals.

Sunday Morning Services

10.30am Chickerell, North Square, DT3 4DX

10.30am Lanehouse, Lynch Lane, DT4 9DL

10.30am Weymouth Bay, 32 Melcombe Avenue, DT4 7TH

Sunday Evening Services

6.30pm Weymouth Bay, normally 2nd Sunday in month.

Worship information in available at www.dsw.church

Church Activities

Chickerell

Craft and Chat – 1st and 3rd Wednesdays at 2.00pm

Craft and Sew – 2nd and 4th Fridays at 7.00pm

Coffee Morning – last Saturday in the month at 10.00am

chickerellmethodist@gmail.com

Weymouth Bay

Wednesday

10.00am Coffee Morning – all welcome, tea, coffee, cakes, books and jigsaws to borrow or swap

10.30am Grace Notes, informal singing group for all abilities

2.00pm CAMEO, women's group meets fortnightly

5.00pm Miscellany Band for anyone who plays a musical instrument

Thursday

2.00pm Bible study Group

First Friday in the month

2.00pm Dementia Café for people with dementia and their carers

Last Saturday in the month

9.00am Garden Gang

Rooms are available for hire, all enquiries to weybay@yahoo.com or 01305 457510.

Feeling Better

Abigail Langstone - Wring

BSc, FETC, MAR.

www.dorsetclinicalreflexology.co.uk



Presenting The NHS Dorset County Hospital Clinical Reflexology Project at an International Conference in Europe. Part 2. Demonstrating Professional Clinical Reflexology PCR - The Langstone-Wring Method

For those that expressed difficulty in reading last month's article, please visit my website 'articles' where part 1 and 2 can be found in original format with images and the Presentation Transcript and Demonstration Video can be found in 'Research'.

Following on from last month's Part 1 'Providing evidence to support reflexology provision in mainstream NHS healthcare' a power point presentation that illustrated the strategic route and data evidence that enabled an externally funded reflexology project move from trial phase to sustainable daily service status within NHS Dorset County Hospital Foundation Trust Cancer Service that remains operational to date.

Part 2 of my presentation consisted of training slides and video demonstrating my 20-minute Method Professional Clinical Reflexology PCR developed whilst working with NHS patients during their cancer treatment in the Fortuneswell Ward, Chemotherapy and Radio-

therapy (Robert White Centre)]. A standard (level 3) model of reflexology treatment is normally 1 hour and aims to provide a relaxing experience to enhance wellbeing. However, providing a high standard reflexology service to NHS cancer patients in busy clinical settings with identified complex challenges required a new model of adapted advanced reflexology. Firstly, the reflexology treatment needed to be shortened, and the usual firm pressure replaced with a gentler and smoother technique due to heightened sensitivity and vulnerability of this patient group both emotionally (facing fears associated with cancer diagnosis and treatment) and physically (coping with side effects of cancer treatment). Secondly, adapting the reflexology service delivery so as not to disrupt the day-to-day activities of a busy cancer unit and address identified challenges and risks. Including a) In-Patients in a busy ward in a hospital bed (the bed end and equipment needed to be removed pre and replaced post treatment for access to patients feet) b) Out-Patients receiving chemotherapy in reclining chairs in busy clinic connected to drips etc, c) Out-Patients attending precisely timed radiotherapy (in a separate building). Thirdly, gaining a deeper understanding of medical terminology and clinical procedures whilst working under supervision and in collaboration with staff, engaging in mandatory training, assessment processes and produc-

ing governance guidelines to meet NHS standards. Considering all the above and to ensure a safe, effective, consistent, timely and transferable service model, Professional Clinical Reflexology PCR-The Langstone-Wring Method Training was developed. Aimed at giving qualified reflexologists the opportunity to obtain evidenced and certified by leading industry accreditors, CPD training to support their applications to join complementary therapy teams in UK NHS hospitals and hospices. Graduates include DCHFT Reflexology team and Weldmar Complementary Therapy team having completed my PCR Method training. My PCR Method is gentle and lends support to the various nervous systems of the body with focus on balancing the Sympathetic and Para-sympathetic branches of the (peripheral) Autonomic Nervous system using the Vagus or X 10th cranial nerve as the main conduit, modulating the autonomic cardio-vascular, endocrine, respiratory, gastro-intestinal and immune systems. When anxiety is triggered (fear or trauma) the adrenal glands release adrenalin and cortisol this 'fight or flight' sympathetic drive response heightens nervous system activity, increasing intensity of pain, affecting blood pressure, heart rate, swallowing and breathing, digestion and all bodily functions that are automatic (not under our control). In contrast the body releases Prolactin, Oxytocin, Vasopressin and Acetylcholine to calm and enable the body to 'rest and digest' promoting balance and Homeostasis. Delegates watched the demonstration video whilst practicing my PCR Method on each other's feet, questions came thick and fast throughout the session. When questioned as to the versatility of PCR, I replied that

my PCR Method can be integrated into existing reflexology protocols or can be used a stand-alone treatment and is not just for cancer patients. For example, patients diagnosed with chronic sciatica and/or piriformis syndrome have reported significant relief from symptoms after PCR treatment. Graduate feedback has reported the PCR Method therapeutic and beneficial in calming agitation in End of Life, palliative care, and dementia patients. It has also been used to support Parkinson's patients and many other diagnosed conditions where neurological symptoms are present. My presentation was well received, and delegate feedback supported my call for future degree status training for Clinical Reflexologists. It would be wonderful if a university would take on the challenge of providing such a course, who knows perhaps someone reading this might be in a position of influence - fingers crossed. I am not qualified to diagnose conditions however, I am qualified to prescribe and experienced to support patients with medically diagnosed conditions. Many patients tell me they feel their symptoms eased following a treatment and that they feel relaxed, and their sleep improved. If you think I might be able to help you or someone you know please get in touch, always happy to try and help. Wishing readers a Happy Christmas and Peaceful New Year.

I am fully qualified, insured and DBS checked with over 30yrs professional experience specializing in Clinical Reflexology. Nutritional Therapy, Homoeopathy and Counselling. Contact Tel 01305784986 abigailwring@btinternet.com www.dorsetclinicalreflexology.co.uk

Award Winning Complementary Practitioner, Researcher, Author, Trainer.

Abigail Langstone-Wring BSC FETC MAR MFHT



Clinical Reflexology. Nutritional Therapy.
Homoeopathy. Counselling.

www.dorsetclinicalreflexology.co.uk
abigailwring@btinternet.com

Buena Vista, Gypsy Lane, Weymouth DT4 0BZ Tel 01305 784986

News

Continued from page 13

(CADC) has its advice hubs in Dorchester, Gillingham, Sherborne and Weymouth. It also provides services from other venues in other areas ranging from Portland to Blandford to Shaftesbury. CADC is a local, independent charity which is affiliated with national Citizens Advice. Its funding comes from delivering contracts and projects on behalf of Dorset Council and other partners such as MacMillan. Donations and legacies are also welcome to support the delivery of the services provided.

Citizens Advice

Q I lost some money in a banking scam and I am scared that it might happen again. What can I do to minimise the risk?

A Sadly, you are not alone. In September 2025, Citizens Advice commissioned a survey to find out the extent of this problem. Our research shows that an estimated 10% of people across the South West and around seven million people nationally were caught out by a scam in the past year.

The top five scams people have unwittingly fallen for are:

Online shopping scam (26%) - Includes fake websites and counter-



Head Style

Wishing all our clients a Merry Christmas and a Happy New Year

Opening Times

- Monday Closed
- Tuesday 9.00 - 5.00
- Wednesday 9.00 - 5.00
- Thursday 9.00 - 6.00
- Friday 9.00 - 6.00
- Saturday 8.30 - 1.30

Chalbury Corner, Preston, Weymouth

Telephone 01305 834647

feit or non-existent goods
Investment scam (18%) - Like 'get rich quick' schemes and cryptocurrency scams
Other financial scam (18%) - Such as banking, fake loans, card and bank account fraud
A friend or family member 'needs help' scam (16%) - Tricked into thinking someone you care about needs money urgently
Mobile network scam (14%) - In-

cludes being scammed into taking out a new contract or paying for a new handset.
We are urging consumers to be cautious when taking advantage of shopping deals ahead of Black Friday and Christmas. As scammers get more sophisticated it's important to work together to raise awareness, report scams and share our experiences to help protect ourselves and others.

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There are steps you can take to better protect yourself and your loved ones. Something might be a scam if:

Someone you don't know contacts you unexpectedly, or you're asked to transfer money quickly. You're being asked to share personal or security information like passwords, PINs or codes. You suspect you're not dealing with a real company, for example there's no postal address.

You've been asked to pay in an unusual way - paying by debit or credit card gives you extra protection if things go wrong. Remember - if something seems too good to be true or doesn't feel right it might be a scam, so take a moment and get advice.

If you've been scammed:

Talk to your bank or card company immediately if you've handed over any financial and sensitive information or made a payment. Report the scam to Action Fraud

on 0300 123 204

Contact the Citizens Advice Consumer Service on 0800 144 8848 for help with what to do next.

Weldmar Hospice News

Dedicate a light to a loved one: Weldmar's Light up a Life returns to remember those who will be missed at Christmas

Monday 27th October, 2025

As the festive season approaches, Weldmar Hospicecare is once again inviting you to remember a loved one who will be missed this Christmas, including the opportunity for local communities in Dorset to come together the charity's annual Light up a Life services.

These special services, which each last around thirty minutes, are open to everyone, whether or not your loved one was cared for by Weldmar. You can dedicate a light on the Christmas trees that are



LUAL Nurses and Stars

the centrepiece of each service, which begins with the switching on of the lights, and also includes readings, hymns, and time for reflection.

By dedicating a light in memory of someone special, you'll receive a Light up a Life pack which includes a wooden star to hang on one of the Light up a Life trees, or your own Christmas tree, a hand-

written card, and a copy of the order of service.

All donations made through Light up a Life help Weldmar to continue providing specialist care for people living with life limiting illnesses in Dorset, and support for their families and loved ones.

Following the success of Weldmar's Stampede by the Sea art trail this year, which saw brightly deco-

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Wider Christmas Fayre, Sunday 7th December 2025

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Music and Carols
for
Christmas

with
Weymouth Concert Brass

7:30 pm Friday 19th December 2025

ENTRY FREE
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Come and SING CAROLS
round the Christmas Tree
in Old Wyke Square
Monday 22 Dec '25
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Weymouth Concert Brass
&
Father Christmas

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Group

3rd Tuesday of Every Month
10am to 12 noon

St Nicholas Church, Dorchester Rd, DT3 5DN

Whether you're a beginner or a seasoned crafter, just bring your own project and join in the crafty chat over a cup of tea or coffee.

For more info contact
Susana on
07944617553

St Nicholas Lunch Club
Second Tuesday of every month at
St Nicholas Church, DT3 5DN
11.30am - 2.30pm (Lunch served at 12)

Please join us for a home cooked meal
and make new friends

Board games and puzzles available
Donations towards costs welcome

For catering purposes and dietary requirements,
please book in advance by contacting
Susana on 07944617553
or emailing susanamalik@yahoo.com

St Nicholas Church
invites you to join us for

**Tea/coffee
and delicious
homemade cake**

Every Thursday morning from 10.45am to 12 noon
(Helping to raise money for repairs to the church)

St Nicholas Church registered charity number: 624112

Logos for Community Fund, Dorset Council, and Weymouth Town Council.

rated elephants take up residence in locations across the west of Dorset for eight weeks, the charity is delighted to announce that a brand new service will take place in Lyme Regis. The Town Mill will be the venue, on Thursday 27th November from 6.00pm, and local residents who want to remember a loved one are encouraged to attend.

The following evening sees a service in Bridport, which was also home to a number of elephants in the spring, followed by Wareham, Blandford, Dorchester, Sherborne, Gillingham and Weymouth. The final service is at the new venue of Weymouth Pavilion, with the service having taken place at Lodmoor Country Park for a number of years in the town.

The full schedule of services is as follows:

Lyme Regis, The Town Mill – Thursday 27th November, 6.00pm

Bridport, Groves Nurseries – Friday 28th November, 6.30pm

Wareham, Holme for Gardens – Sunday 30th November, 4.00pm

Blandford Forum, The Crown Hotel – Monday 1st December, 6.30pm

Dorchester, Weldmar Hospicecare Inpatient Unit – Tuesday 2nd December, 6.30pm

Sherborne, Castle Gardens – Wednesday 3rd December, 6.30pm

Gillingham, Orchard Park Garden Centre – Thursday 4th December, 6.30pm

Weymouth, Weymouth Pavilion – Monday 8th December, 6.30pm

For those unable to attend in person, Weldmar will be broadcasting a service on Wednesday, 10th December at 7.30pm on Facebook and YouTube, which will show the switching on of the lights at all of the services, and remain available to watch throughout the Christmas period.

Gloria McCartney, Fundraising Lead, said "The run up to Christmas, and the Light up a Life service,

is a very special time at Weldmar Hospicecare.

"Being able to provide our communities with the opportunity to remember loved ones at such a special time of year is a privilege for all of us. For many people across Dorset, being able to dedicate a light to a loved one at the beginning of the festive season has become an important Christmas tradition. We see both new and familiar faces attending their local service each year. It's a lovely act of remembrance at a time that can be both sad and challenging for those experiencing grief.

'We had such a wonderful response from the local community to our Stampede by the Sea elephant trail that took place this summer, so we're delighted to have been able to add a service in Lyme Regis this year.'

Those wishing to dedicate a light and find out more about their local service can visit weldmarhospicecare.org/lightupalife.

News From Trading Standards

Food traceability from farm to fork

Food traceability has become a cornerstone of the UK food industry, ensuring safety, quality, and consumer confidence.

Food traceability involves documenting and verifying each stage of production, processing and distribution. For the UK meat market this means that when farmed livestock such as sheep, cattle and pigs are born, each is given their own identification, such as unique ear tag numbers. All the animal's movements are then recorded throughout its life. When given feed and medicines this too is recorded, so checks can be made to make sure that nothing compromises the safety of the finished product that we eat.

The Dorset Council Trading Standards Animal Health and Welfare Team regularly check livestock keepers to make sure that all necessary records are kept. When on farm they also check on the welfare of the livestock to ensure that they are fit and healthy and are kept in suitable conditions.

In other areas of food production, the Animal Health and Welfare Team carry out checks on arable farms to make sure herbicides and pesticides are used safely, and also to check that the finished products are stored in a safe environment, so preventing any chance of contamination.

Advanced technologies like blockchain and radio frequency identification tags are increasingly being used to enhance food traceability. These tools allow real-time tracking and can provide consumers with detailed information about the meat they buy. Consumers can scan QR codes on some meat packaging to view its full history. This helps people make more informed choices, supporting local farmers or opting for ethically sourced products.

The importance of traceability became clear during past food safety crises, such as the horsemeat scandal and more recently with animal feed contaminated with

botulism. These incidents showed the importance for robust systems to maintain trust in the food supply chain.

Date Set for Referendum on Weymouth's Neighbourhood Plan

Dorset Council has set a date for the referendum on Weymouth's Neighbourhood Plan which will be held on Thursday 11th December.

The Neighbourhood Plan has been developed over several years and covers important themes on jobs, town centre regeneration, more affordable homes for the area, open spaces, family and community life, and measures for responding to climate change in Weymouth.

It has already passed its independent inspection where the examiner said the plan will 'make a positive contribution to the Development Plan for the area and should enable the attractive character and appearance of Weymouth to be maintained whilst enabling sustainable development to proceed'.

Continued on page 20



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On polling day, residents will be asked the question 'Do you want Dorset Council to use the Neighbourhood Plan for Weymouth to help it decide planning applications in the neighbourhood area?' It's important to read up on the information so residents can come out and vote on the plan, which is available online, along with supporting documents and a leaflet summarising its main points. For full details, visit Weymouth Town Council's website at www.weymouthtowncouncil.gov.uk/neighbourhoodplan

The Weymouth Neighbourhood Plan and the supporting material can also be viewed at Dorset Council's offices, County Hall, Collyton Park, Dorchester and at Weymouth, Littlemoor and Wyke Regis Libraries.

In order to vote in the referendum, you must be on the electoral register. Visit Dorset Council's website to find out more details on how to register.

Polling stations will be open from 7.00am to 10.00pm on Thursday 11th December. Dorset Council will provide details on where to find your polling station to vote in this referendum.

Report from Cllr Kate Wheller

Rodwell and Wyke Regis (Dorset Council) and Wyke Regis North (Weymouth Town Council)

Are you suffering from consultation overload? I do hope not. Perhaps you are a sceptic and wonder why we bother to consult with residents – it's just a tick box exercise? Local plan, Neighbourhood

plan, Local transport plan, what's the point?

Yes, Councils do have an obligation to consult with residents but it is more than that we really do need and want to know your opinion, good or bad. We may not always be able to follow your ideas or deliver all of your wishes but how do we know we are heading in the right direction without your steer?

A good Council is one that makes plans and does things with you not to you.

Councils try hard to listen and this was demonstrated recently. A decision to relocate some of the palm trees from the Promenade was unpopular and with greater research was proved not to be necessary. The decision has been reversed a different course of action has been agreed. The petitioners are happy and it shows the importance of talking to your councillors and your council. We do listen.

Weymouth Neighbourhood Plan is now at the Referendum stage. Every resident on the electoral roll has the right to vote for or against the plan. When you cast your vote please remember that whilst you will, of course, be voting for what is best for you and family also to think what is best for our town and all its residents now and in the future. In order to have a thriving economy we need to provide for all ages and all abilities.

We need homes for our young people already living here as well as those we hope will fill the jobs in the new industries we hope to attract. We need schools, health centres and buses and trains. We need a thriving tourist industry

and also new green and sustainable technologies.

We finally have developers interested in the neglected sites around the town centre. A good decision on just one or two of these sites can start the ball rolling; can give confidence to other developers to come here and invest. We do have interest. Our MP Lloyd Hatton is working closely with both councils. He is engaged with us and with our partners and is fighting the case for Dorset at central government at every opportunity.

Not all the sites designated for building will finally be built on. Some will be too expensive to proceed, some will not be viable, some will be withdrawn and some will go forward and it is important for our future that they do.

Many of you will have seen 'artist impressions' for the North Quay site and the old bowling alley site. Or even visited the Clipper. What do you think? I am pleased to listen to negative comments but I am especially happy to receive positive suggestions and comments.

Weymouth Town Council welcomes applications from local organisations and charities for small grants. These are designed to support projects that can grow or enhance facilities and events for local people. You can learn more about these grants from our website and council staff will be happy to give you more information and help you apply. I was pleased the Finance and Governance Committee were again able to approve the allocation of grants to five applicants, asking three others for further information. Working with the local community is very important.

I hope you managed to see the fireworks on bonfire night? One of

my favourite events and I thought especially good this year. I hope you and your pets have not been too much disturbed by all the private displays. I hope that many of you will be able to join in Weymouth Town Council Carol Singing around the Christmas tree in Millennium Square on Saturday 6th December and of course the switching on of the Christmas lights and Elf Parade on 29th November.

However you choose to spend the holiday season I wish you the very best for the season, good health, peace and happiness.

Although I continue to post on my Councillor Kate Wheller facebook page it will mostly be to share announcements. If you wish to contact me please email cllrkateheller@weymouthtowncouncil.gov.uk, cllrkate.wheller@dorset-council.gov.uk or phone 07850 060947; you can leave a message. I do welcome your thoughts and comments and yes even your complaints. I rarely pick up on messenger. You are always likely to find me around the village and town, at the library, on the bus or at home. I will continue to attend the monthly coffee morning at All Saints Church, Portland Road, you will be most welcome to join me there to discuss any residents issues. I also try to attend Holy Trinity Church once a month and am happy to talk to your there. Representatives from all four political groups on Weymouth Town Council are in attendance at Weymouth Library from 10.00 – 12.00 on the first Saturday each month.

Kate

Cllr Kate Wheller: Wyke North; Rodwell and Wyke - Leader - La-

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The Boys are Back!
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Weymouth Centenary Club
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 Featuring three Live Bands
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bour Group ;

Cllr Mike Sewry : Rodwell - cilmikesewry@weymouthtown-council.gov.uk

Cllr Howard Atkinson : Melcombe Regis - cllrhowardatkinson@weymouthtowncouncil.gov.uk

Cllr Thomas Taylor : Wyke South - cllrthomastaylor@weymouthtowncouncil.gov.uk

Cllr Paul Kimber : Portland – Dorset Council - cllrpaul.kimber@dorsetcouncil.gov.uk

You can contact Lloyds office lloyd.hatton.mp@parliament.uk if you don't do emails write to PO Box 9788, Weymouth, DT4 4JH.

Festive Farce Coming To Weymouth!

Free Street Theatre and Pay What You Can Shows December 2025

Weymouth-based award-winning theatre company Brave Bold Drama are delighted to be bringing their Christmas characters, hapless but well-meaning event organisers Noel and Holly to Weymouth this December.

Free Street Theatre

Noel and Holly will be offering Cracking Christmas Tips to cure your seasonal stresses when they roam St Mary Street, St Thomas Street, Bond Street and New Bond Street

Thursday 18th - Friday 19th December

11.15am - 12pm / 1.15pm - 2pm / 3.15pm - 4pm

Pay What You Can Shows

Noel and Holly also feature in a ridiculous festive family theatre show called

Yule Be Merry

St Nics Gallery, Weymouth on Sun-

day 21st Sunday 21 - Tuesday 23rd December.

11am and 2pm

Holly & Noel attempt to assemble a 12 Days of Christmas themed event to a tight deadline for a demanding boss. In the face of insurmountable tech glitches, escaped poultry and unavoidably delayed ballet dancers, Noel and Holly are determined to press on regardless. After all, they do have the pear tree...

Expect broad visual comedy, bold engaging characters and a quirky humour for all ages in this heart-warming, family-friendly show. A pay-what-you-can festive treat and antidote to panto — shorter, sillier, and bursting with joy! Best suited to those aged 4+. Commissioned by Reveal - Portland & Weymouth Towns of Culture 2025

Yule Be Merry

Runs for 45 minutes (no interval)

More show info here:

<https://bravebolddrama.co.uk/theatre/yule-be-merry.html>

After the show, you have the option to get crafty in our pop-up green screen studio to create a fabulous festive photo.

Tickets are pay-what-you-can.

Booking Link: <https://www.ticketsource.co.uk/bravebolddrama/yule-be-merry/e-rygkzk>

Road Improvements

£115m plan unveiled to improve Dorset's roads and travel

Dorset Council has unveiled a new plan that could see up to £115 million spent on local roads over the next four years.

The aim is to make journeys safer, greener and more reliable

for residents and visitors. This plan covers all parts of Dorset, with more projects planned as funding is confirmed.

The Highways Capital Programme Strategy explains how Dorset could benefit from government funding. This includes the Local Transport Grant, the Highways Maintenance Block, and a new national fund for bridges and other key structures.

Dorset Council already has £15.5 million confirmed for

roads and cycleways for 2026 to 2030, with more long-term funding expected. Most of this money comes from the Department for Transport and other government sources – not from council tax.

If current funding continues, Dorset could receive £100 million for structural maintenance alone. This will allow a steady, long-term approach to managing the county's road network.

Wyke Christmas Street Fayre

Sunday 7th December 2025

11.30 – 4.30 pm Free Entry

Old Wyke Square, Chamberlaine Road, the Memorial Hall and in the Wyke Regis Social Club



Come along and enjoy the fun!

We have plenty of stalls for all to enjoy
Bells ringing, Choirs singing

Meet Father Christmas – in the Club Skittle Alley

Best Dressed Dog Competition

Best Dressed House in the Village Competition

Join in the Wyke Winter Art Trail,
by creating a Christmas Artwork in your Window

Hunt the Christmas Elf

Christmas Raffle – 4pm in the Square

**Kick start the Christmas celebrations,
supporting local good causes.**

Frome Valley Morris Mumpers
Present a play once performed in Broadway
*Disguises, fighting, a doctor, a resurrection,
a fool all feature. Suitable for all ages*

Followed by a Talk & Slide Show by Sue Virgin
Broadway - Down Memory Lane

Saturday 6th December
From 2pm to 4pm (doors open at 1.30pm)
St Nicholas Church, Broadway, DT3 5DN

Free Community Event with tea and cake,
as a thank you for the support given to the church
For catering purposes please book your place in advance by
contacting Susana on:-
07944617553 or email susanamalik@yahoo.co.uk
St Nicholas Church registered charity number: 631152

The QUANGLE WANGLE CHOIR

20 December ~ 3pm to 5pm
St Nicholas Church Broadway DT3 5DN

£10 on the door
Accompanied children free

susanamalik@yahoo.co.uk | 07944617553
quanglewanglechoir.co.uk

the WI
INSPIRING WOMEN

Wyke Regis WI

Coffee Morning
10:00 - 12:00

1st Tuesday of each month
at
WI Hall, Gallwey Road



The Parish of Wyke Regis Special Services

Sunday 30th November – Advent Sunday

11 am Joint Service of Communion at St Edmunds

6:30 pm Service of Light at All Saints. A reflective, candlelit service to welcome Advent

Sunday 14th December

11:15 am Ignite at St Edmunds, our new children and family service.

6:30 pm Iona Service at All Saints

Friday 19th December - 7:30 pm Weymouth Concert Brass, Christmas Concert at All Saints

Sunday 21st December

11 am Carols at St Edmunds & **6:30 pm** Traditional Carol by candlelight service at All Saints.

Monday 22nd December

7 pm Blue Christmas at All Saints, A gentle, reflective service for those who find the festive season difficult, offering space for quiet, comfort, and hope

Tuesday 23rd December - 6 pm Beer and Carols at The Wyke Smugglers.

Christmas Eve, 24th December

4 pm Our Christingle Crib Service at All Saints. A great family service. Children are welcome to come in their favourite nativity costume

7 pm Family Carols around the Tree at St Edmunds.

11:30 pm Midnight Mass at All Saints.

Christmas Day, 25th December

8 am Said Communion at All Saints & **9:30 am** Christmas Day Communion at All Saints

11 am Christmas Day Communion at St Edmunds

Sunday 28th December

11:15 am Ignite at All Saints. Our new children and family service

Sunday 4th January 2026 - Epiphany

Services at 8 am & 9:30 am at All Saints & 11 am at St Edmunds

An opportunity to bring your gifts, as did the wisemen!



JOY

Dear friends and neighbours,

This December marks my very first Christmas as curate in this wonderful community and I couldn't be more excited. I'm looking forward to meeting as many of you as possible over the festive season.

Christmas is a time of light, love, and new beginnings. Whether you're a regular churchgoer, someone curious about faith, or simply looking for a moment of peace in the festive rush, you are warmly invited to join us at one of our services.

Together, we'll celebrate the birth of Jesus with carols, candlelight, and community, and there'll be space for quiet reflection too.

We also know Christmas isn't easy for everyone. If you're finding the season difficult, our Blue Christmas service offers a gentle space to pause and find comfort.

From all of us in the parish, we want you to know: there's a place for you here. Come as you are, bring a friend, bring family and know that you will receive a very warm welcome.

Wishing you a very merry Christmas and a joyful, hope-filled start to 2026.

With every blessing,
Ash

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