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Magazine

Issue No 419 March 2026



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Front cover: *Man o' War Cove with
 Dungy Head in the background*
 Photo: Iain Ross

Charity Fundraiser Afternoon Tea

**Saturday 14th March 2026
 2.00pm-4.00pm. To be held in St
 Andrew's Church Rooms, Pres-
 ton, Weymouth.**

Admission £5.00 per person. Raffle and craft stall. Proceeds to be given to The Eve Appeal, the gynaecological cancers charity.

Preston and Sutton Poyntz Councillor Update

So far 2026 is shaping up to be a busy year. A few things we as a team have been working on around the area are the ongoing issues of 'rat running' through Coombe Valley and other roads.

We met with Highways about this matter and others, and they are going to carry out a road safety assessment to see whether anything can be done to help make Coombe Valley safer, as well as to deter 'rat running'. Cllr Peter Dickenson has also been pushing the police to enforce the width restriction on the road, which is their responsibility.

Another issue we discussed with Highways is the footpath/cycleway between Littlemoor and Preston, opposite Gould's Garden Centre. A programme of works has been planned for March/April to stabilise this path for the long term. Also relating to Littlemoor road a public consultation is also underway for a proposal to install yellow lines at the entrance around St Andrew's School. We support this, as there has long been an issue of residents being blocked from entering and exiting this narrow road. Details of this can be found on the Dorset Council website under Traffic Regulation Orders.

Cllr Steven Dickens has been doing work around the Preston Beach retaining wall and the management of vegetation within it. The issue has been one of responsibility,

with both Weymouth Town Council and Dorset Council disagreeing over this. Steve is continuing to work on this to find a solution. We have also now received Environment Agency approval to carry out works in the culvert running along Preston Beach Road. As I write to you, we are still waiting for an officer recommendation on the proposal for more caravans at the Weymouth Bay Holiday Park. We hope this will go to committee, where we will go and fight the corner of residents.

Another topic we raised during our meetings with Highways was road resurfacing. We are pleased that Cedar Drive and its off-roads, as well as Winslow Road and Verlands Road, remain planned to be resurfaced this year. Cedar Drive in particular is a road we have long pushed as being in need of resurfacing.

One of the highlights of the new year for me so far was a tour by the Sutton Poyntz Biodiversity Group around the area north of Sutton Poyntz, where they have done a huge amount of work. These volunteers do such a fine job on this hidden gem.

As always, if there are any issues we can help with, big or small, please get in touch at cllrlouie.oleary@dorsetcouncil.gov.uk or ring 07809 905412.

Cllr Louie O'Leary on behalf of the Preston and Sutton Poyntz councillor team.

Wyke Regis Gardening Club

As you will see we have rebranded! Do come along and see what we have to offer. As well as plants we have a well-stocked shop with a large range of gardening essentials, including seed potatoes and onion sets, and a friendly café so you can sit and have a drink and a chat with fellow gardeners.

The Clubhouse in Rylands Lane will be open on Wednesdays from

News

Sutton Poyntz Village WI

As our beloved Mission Hall was closed in January due to new flooring we had an informal afternoon at the Springhead who very kindly supplied the cakes for our tea which members enjoyed.

Our February speaker was Emily McCarron a co-founder of Bus Shelter Dorset (situated at the Park & Ride) a local charity set up in 2016 which offers 24/7 support accommodation for those who are at risk of rough sleeping. In 2018 the charity was given planning permission for a bus which was donated by Damory Coaches to be converted into 14 bunks upstairs and a communal space downstairs.

Guests are referred by the Lantern Trust, Dorset Council and Julian House. It offers not only a safe environment physically and mentally for those people in need but also gives them a registered address. The charity has a no drugs no alcohol policy which is supported by the government to keep people

off the streets to break the cycle of homelessness and failed tenancies with time to recover.

Over the years it has grown and the bus is now only used for storage but it has become a community of people who work together to help each other. It is staffed by 14 people (secured through Housing Benefit) with expertise in drug and alcohol to help get guests to the Next Stop stage which lets them live in their own micro flats. There is no time limit on the length of their stay as everyone is different so it can take as little as a month or as long as two years. The charity relies on the valued support from the W&P Council, DCC grants, government grants, housing benefits and crowd funding. Due to the generosity of our members, Emily went away with a load of donated goodies.

The speaker at our next meeting held in the Mission Hall on Wednesday March 4th will be talking about Japanese flower arranging. Visitors are welcome.

Susie Marner Secretary



Members of Sutton Poyntz Village WI

2.00pm to 4.00pm and on Saturdays from 9.30am to 12.30pm. Membership is £10 per year. For more information email enquiries@wrhs.org.uk or call 01305 602137.

Wyke Christmas Fayre
The Fayre took place on 7th December last year and despite weather warnings for strong winds, they did not materialise and it turned out not too bad at all. Thank you to all the stall holders who turned up and made this Fayre one of our best.

Highlight of the day was the snow machine bought along by the Weymouth Lions, the children loved it! A huge thank you to Sirius Business Services, who provided our First Aid Responder, and to the local business that donated for the installation of the Christmas Tree, which although smaller than usual, was beautiful. We'll aim bigger next year. Also to the Wyke Regis Social Club, who allow us to use their Skittle Alley for stalls and the important presence of Santa in his grotto.

The money raised from the Fayre as always went to local charities and good causes. This year we supported the Wyke Regis Memorial Hall, Chesil Sailability, Shine 21 and The Twirl Academy, who come along each year and provide us with their entertaining display - much appreciated.

But mostly a thank you to all you local people who come along and support this event, it wouldn't be worth doing without you coming along and enjoying the day. This year's Fayre is set for Sunday 6th December, so put the date in the diary. Should you require any information or would like to have a stall, please email us: wykechristmas@gmail.com.

The Wyke Regis Society
Minutes of the bi-monthly meeting held 7.00pm Monday 12th January 2026. At Wyke Regis Working Men's Club, Portland Road. Contact Georgina Skipper, georgina.s.skipper@gmail.com
Next meeting Monday 9th March 2026 at 7.00pm, all residents welcome.

Members present: Georgina Skipper - Chairperson, J Hamdorff - Acting Treasurer/Sec, R Lander, C. Perren, I Cox, N Stevens, K Jenkins, Cllr Clare Sutton, Cllr Caroline Nickinson
 Apologies: Cllr Toft, Cllr Wheller, F. Warren

Minutes of the last meeting: read to be correct.

Membership: no new members. Membership is now dealt with by the webmaster.

The position of Society Secretary is still vacant and continues to be covered by the Chairperson and the Acting Treasurer.

Chairperson's Report

The Chairperson expressed the view that Langham Wines, which Dorset was proud of for its achievements in sparkling wines, should now be a source of shame for their proposed Portland Port incinerator.

Our MP continues to challenge the incinerator and the revised permit variation application expanding what can be burnt. It was noted that South West Wiltshire MP, Dr Andrew Murrison, has put forward a Bill in Parliament which calls for planning consent for all new incinerators to be revoked. His motion was passed unanimously for a second reading on January 16, 2026. The Chairperson reported that in addressing the House, Dr Murrison said that existing waste incinerators are struggling to find enough waste to burn, and that the government's own figures said the UK has enough capacity already to last until 2034 without building another 40 planned incinerators. The Chairperson stated that as Dorset is one of the best recycling counties in the country, there could be a stark choice between importing waste from other counties (that is, a minimum distance of 30 miles) and burning our recycling. The Bill is currently on its second reading.

The new proposal for making concrete on Portland for wind turbines was discussed and it was felt that it is not as environmentally sound as it seems - concrete-making is one of the most carbon-dioxide producing industries in the world. Members expressed their serious concerns about the high level of CO2 but hoped that one of the more environmentally friendly forms will be used.

On the subject of pollution, a reported offender in the Bays, was Portland Port's tugboat, "The Maiden Newton", which had developed a fault meaning that onboard waste was discharged into Portland Harbour rather than stored in its tank. The Port assure us that this has been dealt with, but many of us will now be wondering for how long and how often this has happened before.

An interactive map created by an independent organisation of sci-

entists and journalists, collectively known as Climate Central, shows areas of the country that could be under sea level by the end of 2030. It should be noted that these are only projections - and do not take into account any flood protection work that might be under way or planned for the future.

The map shows that Portland Beach Road is also projected to be underwater, which would cut off Portland from mainland England. Additionally, Weymouth would also see an impact - mainly in its nature reserves, Radipole and Lodmoor.

The Chairperson understood from Dorset Council that work is currently underway to develop a climate adaptation strategy for the county which will look at how we can prepare for the local impacts of climate change. They are currently running a citizens' climate panel which will help inform this strategy. Residents can also explore Met office projections for a range of impacts at the local scale online."

The Dorset Coast Have Your Say survey finished on 12th January, she hoped that residents were able to negotiate the questions. She had submitted a response from WRS chiefly saying that allowing the Portland Bridge Road to go underwater was unacceptable.

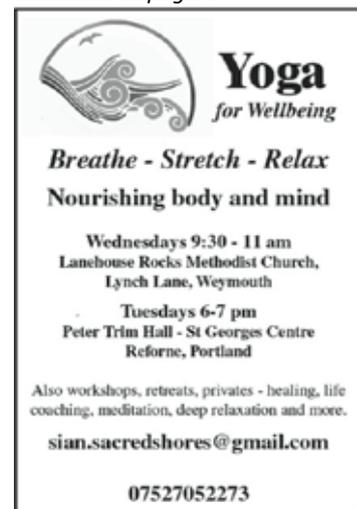
Dorset's train stations have been ranked among some of the worst performing in the country. None of the region's three main stations has performed well according to figures provided by On Time Trains, with all stations in the region ranking in the bottom half of stations nationally. Data

collected over the previous 12 weeks shows that Weymouth train station has ranked as the 1,529th best station from a total of 2,640 across the nation. South Dorset MP Lloyd Hatton previously told the Echo the line needs 'urgent investment' and 'improved maintenance' to tackle the issue. The Chairperson hoped that changes would happen now that SW Rail has been renationalised.

She went on to report that Dorset Police have introduced a new digital evidence management system. The system, called NiCE Investigate, is used by 24 forces across the UK to streamline the process of managing digital media evidence. It allows officers to collate and manage digital media files related to investigations in a secure location. An integral feature of this is the ability for officers to contact the Dorset community for evidence when crimes occur.

Businesses and residents across Dorset can register the location of their CCTV cameras or other re-

Continued on page 4



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cording devices on the portal. This initiative enables officers to easily locate cameras in the vicinity of a crime scene that may have recorded important footage. When a crime is committed, officers can request it by email. All contributions are voluntary, and the footage can be submitted electronically to save having to hand over CDs or USB drives. Dorset Police reassured the public that they have no access to the cameras. They hope this new approach will expedite results for crime victims.

Councillor Clare Sutton's Report
Cllr Sutton reported that Powerfuel have requested a permit variation to burn an additional 68 types of waste immediately upon learning that the final legal challenge to the proposed Incinerator had failed. It would seem clear that this is because the economics no longer stack up. The variation is entirely unacceptable in terms of the increased risk to public health and environmental quality and would likely result in even more HGV movements through Wyke and Rodwell. The

Environment Agency received 587 publicly shared responses, which included objections from me and from Dorset Council as a whole. A provisional decision from the EA is expected this spring whereupon there will be a further consultation. Cllr Sutton reported that she continues to liaise closely with Chesil Vista, Natural England and Dorset Council in relation to the Coast Path at Ferrybridge and met with them 14th January. Following further slippage discussions remain underway about next steps and is pressing for time scales and ensuring they are all aware of local concerns.

Work on North Quay is on schedule for completion in April, but it has been reported that some staff have been subject to verbal abuse from members of the public on site. This is totally unacceptable and I'd like to take this opportunity to commend them for doing such a good job thus far. Dorset Council is in the process of setting its budget for 2026-27. It is as tough as ever since Dorset receives one of the lowest per capita settlements in England and changes to the formula announced 17th December have just made this worse. The government assumes that councils like Dorset will raise Council Tax by 5%, and

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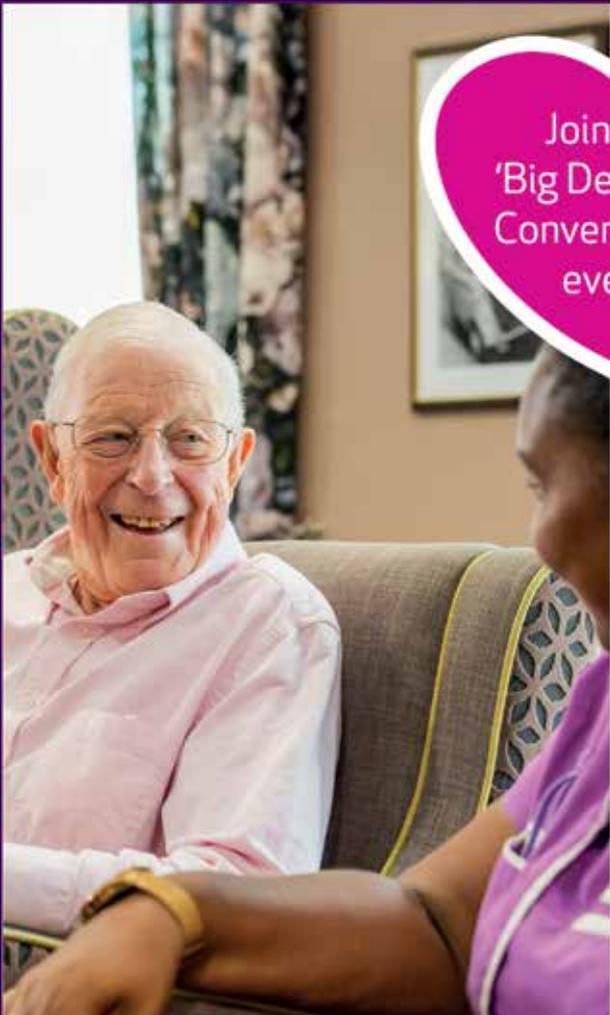
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she will reluctantly be supporting this in order to protect services.

Cllr Helen Toft's report

As Cllr Toft was unable to be present at the meeting she had submitted a written report to the Chairperson. She reported that due to the forthcoming maintenance works at Ferrybridge traffic would be controlled by traffic lights starting on Jan 19th.

With regard to Wyke Gardens, Cllr Toft reported that she is chasing for the legal documents to be sorted so that the Town Council can access the building to bring it back into use. Unfortunately, this is taking an age to get resolved. She would like to start a Friends of Wyke Garden Group with the assistance of the Green Spaces Team

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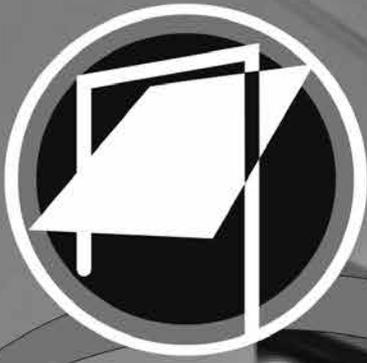
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in the spring to try and get some more colourful planting established in the Gardens. Anyone interested in this project please contact Cllr Toft at the Town Council Offices. She reported that Sand-foot Castle Gardens bridge which has been closed for several years is to be completely removed and not replaced. It was considered that the cost of over £100,000 was prohibitive at this time. A barrier will be installed where the bridge was accessed and an information board about the ruins will be installed.

Cllr Caroline Nickinson's report

Most of Cllr Nickinson's report had already been covered by the written report from Cllr Toft. However, she reiterated that Weymouth Town Council is pushing for the legal transfer of the lease for the Wyke Gardens building from Dorset Council along with others across the Town. As soon as this is completed, the Council will then be able to bring the building back into use. She, together with Cllr Weller and held discussions on this matter and that Cllr Toft had also done so at a separate meeting. It was very much hoped to establishment of a Wyke Gardens Friends Group under the wing of the Town Council's Green Spaces Team. She reported that the Weymouth Town Council would be considering the budget for 2026/27 that week with priority being the preservation of existing services.

Wyke Square: The Christmas carols in the Square were a success and the Wyke Christmas Fayre went well despite the weather. Many vans are parking completely on the footpath around Wyke Square. This is causing pedestrians to walk in the road. These problems can be reported to the

Police or the companies that own the vehicles.

Parks and Open Spaces: Cllr Helen Toft is working to revive the 'Friends of Wyke Gardens', if you are interested in this project please contact Helen Toft at the Council offices.

Planning: There was nothing to report on new planning in the area

Footpaths and Highways: The footpath across Curtis Fields is now impassable. Councillor Taylor has offered to take up this problem with the footpath officer, but has still not come back to us on this and we will approach him yet again for information. The continuing problem of rights of way not having been confirmed by succeeding councils was raised and Democratic Services were suggested as a possible solution.

The problem of overgrown vegetation along All Saints Road had again been reported to Highways and the owners, this is private property and not the responsibility of Highways. However, if hedges encroach on the public footpath or road the Council is empowered to charge the resident for cutting it back. It is now causing the cars to park further into the road. If any residents notice shrubs overhanging the public highway they can report it to Dorset Highways on the website.

The yellow and white line markings around the Wyke Stores and at the junction of the Albert Inn flats have been reported to Highways, as has the broken paving stone where the Christmas tree stood.

There is still concern over Portland Road at the Tesco traffic lights, this is a dangerous area especially during school finishing times. This problem has been taken up by Councillors, there is considera-

tion of moving the traffic lights. The cottage by the cut between Shrubbery Lane and Wyke Square that lost part of its roof due to a campervan trying to get through has been repaired. We are taking bets on how soon it will be damaged again due to the size of the vehicles trying to get through the narrow gap.

Anti-social behaviour: Again, it is reported that residents are putting out food for seagulls along Lymes Close, please consider your neighbours. A resident has been seen throwing food down for seagulls in Wyke Square. This can be reported to the Environmental Health.

AOB : An application to turn the unused building in Wyke Gardens into a small art studio is still ongoing.

Concerns were expressed again about the additional HGVs which would be using the Beach Road to deliver waste to Portland for the incinerator. The Leader of the Council has stated that the UK emissions scheme doesn't come into force until 2028, with a new Extended Producer Responsibility which puts a financial penalty on producers of plastic.

There has been a further cliff fall at Chesil Vista, which they are moni-

toring. Stabilising gabions were reportedly failing. South West Coast Path access through the park homes is being pressed for. Additionally, there are concerns about the continuing dumping of pruned conifer branches on the alleyway running between Chesil Vista and Portland Road houses.

Weymouth Harbour will be installing a sewage disposal station for boats. With current concerns about clean rivers and seas, this cannot happen soon enough.

It was reported that some online forms for Dorset Coast Have Your Say had crashed on submission.

The X53 has been diverted along the Wyke Road/Lanehouse Rocks Road, this has provided a useful bus route for local residents. We are told that this will be a permanent route. We are waiting for the bus stop signs to be updated for the X53.

Electric bikes on the Rodwell Trail are a cause for concern to walkers due to the speed they are travelling. There is also a call for a designated cycle path along Portland Road and the Beach Road and concern about cars mounting the pavement on the Portland Road to park by the barber and beauty salon, which have damaged a wall. A

Continued on page 9

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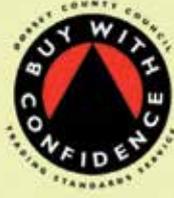
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Over the Hill

With Chris Hubbard

Things change. Not a profound thought, but an accurate one nonetheless. For instance, after many decades of donning my trousers left leg first, I have had to change to right leg first. Why, you may well ask – or not, if you have dozed off or simply just lost interest. But why the change? Because my right knee has finally succumbed to age related wear and tear. This causes considerable pain on excessive bending of that joint. Right leg first into trousers can be carried out with a straight right leg, avoiding discomfort. The left knee then bends painlessly to ease its way into the trousers.

Until now I had not even been aware that I had a right leg bias. When mentioned to my In-House Adviser (IHA), she commented that the change in my method of trouser egress was not as significant nor as interesting as many other changes she could mention, changes which she sorely regretted. Ever eager to enjoy the sound of her dulcet tones I enquired what these changes might be. Thankfully she restricted herself to major ones relating to Weymouth itself over the years.

Realising that after changes in Weymouth things may become more personal it was time to announce that the garage needed a spring clean. This would not be easy on one leg, so an immediate start was needed. But I digress. Trigger warning here. There are descriptions of fun, laughter and people enjoying themselves in past years. If you don't want to know what you missed, stop reading now. If you decide to continue, please excuse this trip down memory lane. It covers events over half a century, in random order. Mrs Barnacle of Wyke can vouch for the accuracy of these reminiscences, as in her younger days she took part in of most of them.

There was the 'Jersey' Boat which tied up to the harbourside to provide a regular service to the Channel Islands and France. A train trundled along the quay to meet it. Those car drivers who, despite warning notices, inconsiderately parked across the tracks had their cars unceremoniously bounced out of the way if no key could be

found to open them. It was good to watch. The Hydrofoil Condor 5 was not for the faint hearted, as in a choppy sea it was distinctly bouncy, as we found out on more than one occasion. My IHA was a keen singer and hence a member of the Weymouth Choral Society. Its talented conductor, John Wycliffe-Jones, served in that role for forty years. On one occasion they sang outside the Pavilion and the Jersey Boats tied up alongside saluted their efforts with their boat hooters. A magical summer evening, difficult to imagine at this time of year and certainly unlikely ever to be repeated. The Arnold Palmer putting green just off Commercial Road was a favourite of mine. If you managed a hole in one at the last hole you won a voucher for another round. I probably still have one of these somewhere. The car fumes must have made playing a round of golf there rather an unhealthy activity. Of course, Carnival Day was an especial delight. The back of the procession of floats would just be leaving Lodmoor Car Park as the front float was re-entering it, having travelled down the Esplanade, around Alexandria Gardens and back up the Esplanade. There were floats from ARE North and South, the ARE Apprentices, Winfrith Apprentices, large stores, local businesses, and the Carnival Queen to name but a few, with huge crowds lining the entire route. It was one of the highlights of the year for so many of us. Indeed, the hotels were always booked up a year in advance for Carnival Week. My Junior IHA joined the hundreds of teenagers on the beach for the Radio 2 Road Show with Disc Jockey Steve Wright. Not 'In the afternoon' in this case but 'In Weymouth'. That must have been about 1994 – no hint of knee trouble back then. The Pier Bandstand was another landmark. It was huge, and in its heyday was a remarkable sight, vastly different from its truncated state today. My IHA's mother – to be technical about these things, my mother-in-law - enjoyed the wrestling on the TV, so I took her to see the live wrestling show on the Bandstand. I think she found Big Daddy - real name Shirley Crabtree - a bit too close for comfort. Another feature of the Pier

Bandstand, apart from restaurants of note, was its Guinea Pig Palace. And there is no connection between those last two remarks. Behind glass, hundreds of guinea pigs, ate, slept, and did what guinea pigs do. As a result, the population grew exponentially. And the lights twinkling along the seafront were a really attractive feature for many years – decades even - until supplanted by the 'laser lights' which are not as cheerful nor as obvious. In fact, they are virtually invisible. When did you last notice them and say, "those laser lights look really colourful"? And woe upon woe, the rafts at Greenhill have gone. Most sunny evenings after work my Junior IHA and I swam out to the nearest raft. On return we all enjoyed hot dogs from the nearby beach stall. Back

in the very early seventies when we moved to Weymouth, H&S stood for Happiness & Sunshine. Now H&S means Health & Safety, which means that in these litigious times the rafts had to go lest someone sued the Council after stubbing their toe – or damaging a knee. Life was simpler then. Even two-way traffic in St Mary's Street and parking outside Woolworths close to the bank. And there hasn't been any mention of the loss of Debenhams. But I digress again. So my In-House Adviser is correct – not that there was any doubt about that. So many treasured activities and things have disappeared, and it does appear that things change, not always for the better.

News

Continued from page 7

camera was called for again for the Tesco pedestrian lights, to identify cars crossing the lights/footpath and endangering pedestrians and especially schoolchildren.

Meeting closed at 8.30pm.
Next meeting will be on Monday 9th March 2026 at 7.00pm.

Southill Gardening Club

Our Spring Show is being held on Saturday 14th March from 2.00pm to 4.00pm. The show will be held at the Southill Community Centre.

Continued on page 10



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Members and non-members are welcome to come along and see the entries in the various classes covering horticulture, floral art, handicrafts, preserves, and cookery. Drinks and cakes will be available. Further information on the show or the club in general can be obtained from Nigel Smith on 01305 788939.

Repair Café Weymouth helps local organisations

Repair Cafe Weymouth was launched by volunteers in March 2019, and continues to thrive as a place where broken household items can be fixed in exchange for an optional donation. Events are on the second Saturday of each month, at Southill Community Centre Weymouth, DT4 9SS.

As a society we throw away vast amounts of 'stuff', much of which could get a new lease of life with a simple repair. At a Repair Cafe, you'll find expert volunteers to help achieve repairs (and tea & cakes!). All that's asked is that a donation is considered to help with running costs.

Each event provides an opportunity for people to bring along items including electrical and electronic devices, sewing repairs, binoculars, clocks, jewellery, leatherwork, tool sharpening, glueing, mechanical repairs and misbehaving sewing machines, where one of around twenty skilled volunteer repairers will assess and fix it where possible.

Chairman Malcolm Smith said 'We always hope to cover the costs of running each event, which is why donations are always welcome. Each year if there are any donation funds remaining they are then donated to nominated local charities, and this year we've helped Fresh Start, Urgent Treatment Centre in Weymouth, Motor Neuron Disease Association, Sailing for the Disabled, Andys Man Club and The Samaritans.'

The Repair Cafe movement began in the Netherlands back in 2009 and has gathered momentum ever since with the slogan "Don't Bin It - Fix It". It is now worldwide and the Weymouth Cafe has been a big part of that in the UK.

The Repair Café Weymouth is always looking for more volunteers, and whilst special skills are not needed to be part of the Repair

Cafe family, to become a repairer then some sort of specialisation is useful. Please contact us on repaircafeweymouth@gmail.co.uk if you would like some more information or come along to one of our events and introduce yourself. You can find them on www.repaircafeweymouth.org and on Facebook www.facebook.com/RepairCafeWeymouth.

Weymouth Choral Society

Weymouth Choral Society are proud to present Mozart's Requiem at St John's Church, Greenhill, Weymouth at 7.30pm on Saturday 14th March.

The concert will feature professional soloists Verity Joy, Miriam Betz, William Gadd, Joe Lyndley and musicians Jeff Thomas, Simon Earl and Louise Dukes.

All under the baton of Helen Brind WCS Musical Director Tickets are £15 and can be purchased through the Weymouth Choral Society website or directly via TicketSource (search for Weymouth Choral Society).

Weymouth Museum Teas and Talks Programme Spring 2026

All talks begin at 2.30pm with doors open at 2.00pm for tea and biscuits. All take place at the Centenary Club 21 Jubilee Close, Weymouth, DT4 7BG which has parking. Entrance is £3 for Friends of the Museum and £4 for non-members.

23 February 2026 - Alan Jenkins 'Modern Royal Visits to Dorset and the ones which went wrong!'

2 March 2026 - Graham Perry 'The Development of Weymouth in Maps and Pictures.'

9 March 2026 - John New 'Railways on Portland.'

16 March 2026 - David Leech 'Pelham Puppets.'

23 March 2026 - Dr Will Ward 'Churchill's Secret Armies.'

30 March 2026 - Jeff Little 'The Portland Spy Ring.'

National Trust South Dorset Association

Tuesday 10th March at 2.30pm 'Butterfly Conservation' a talk by Stephen Brown, presented by the National Trust South Dorset Association. St Aldhelm's

Church Centre, Spa Road, Weymouth, DT3 5EW. NTSDA members £4 Visitors £5, includes refreshments/no need to book in advance.

Tuesday 24th March at 2.30pm '48 years of the Antiques Roadshow: a personal View' by Antiques Expert, Paul Atterbury. Presented by the National Trust South Dorset Association. St Aldhelm's Church Centre, Spa Road, Weymouth, DT3 5EW. NTSDA members £ 4 Visitors £5, includes refreshments/ no need to book in advance.

Weymouth Concert Brass

On 14th March Weymouth Concert Brass will be at the Riviera International Centre, Torquay for the annual West of England Brass Band Association Regional Championships. We will have spent much of the post-Christmas and New Year period practicing for the event and would be delighted to come away with a good result, so please wish us luck!

Contesting is a traditional banding activity that is competitive, but fun (mostly), and regardless of the outcome every band that takes part gets an opportunity to learn a bit about themselves.

So not a lot to report for a couple of months, and apart from Torquay, our first public engagements of 2026 aren't until May. In the meantime, however, the band is always keen to hear from prospective new players. We normally meet once a week on Thursday evenings.

To get in touch, or for further information, contact us at weymouthconcertbrass@gmail.com, or find us on Facebook or X.

Jeff Thomas

**Family History Society
The South Dorset group of the Somerset & Dorset Family History Society will be holding their brief Annual Business Meeting on Friday 20th March, starting at 2.30pm. This will be followed by a talk given by Liz Bartlett entitled 'Weymouth Through the Paintings of John Upham.'**

Tea or coffee will be served before the meeting and admission will be free.

The meeting will be held at St Aldhelm's Church Centre, Spa Road, Weymouth, DT3 5EW

Fairbridge Trust Big Brew 2026

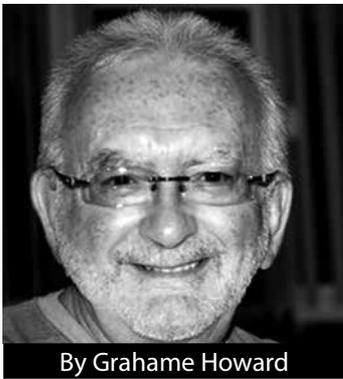
On Saturday 28th February we will be holding our annual Big Brew in support of Transform Trade. Transform Trade were formerly known as Traidcraft Exchange and this year marks 40 years since 1986 when they began campaigning for trade justice. All money raised at Big Brews around the country will help to fund Transform Trade's work supporting producers and workers around the world and fighting for a fairer trade system.

One of their ongoing campaigns is to persuade our government to introduce a Fashion Watchdog who would make sure the people who make our clothes are treated fairly. It is the workers who suffer by not getting paid for their work when High St brands cancel or change orders at short notice and delay making payments. We need a Fashion Watchdog with the authority to impose penalties and ensure fair treatment and accountability across fashion supply chains.

Come along to our Big Brew, show your support for a fairer trade system while enjoying a hot drink, a slice of homemade cake and good company.

As most of you are probably aware, The Bridge Fair Trade Shop is run by Fairbridge Trust, a charity with the aim of supporting other charities, both locally and overseas, working for the relief of poverty. With thanks to all of our customers for making it possible I am pleased to say that we have been able to make donations of over £5,000 again this year. We have just given £1,000 each to Christian Aid, The Nest, Soul Food and Christians Against Poverty in Weymouth.

If you are not familiar with The Nest, it is a not-for-profit community social supermarket with one shop at The Waverley on Abbotsbury Rd and another at The Top Club in Littlemoor. The shops are open to members who are families and individuals with limited disposable income. There is also a café at The Waverley which offers discounts to members but is open to everyone. If you think you may be eligible to become a member just pop along for a friendly chat to find out what it is all about. If you would like to support the work of The Nest they are always grateful for volunteers or simply make a donation. Further details can be found on 'The Nest' Face-
Continued on page 12



By Grahame Howard

Spring Is Coming

Hello again and I do hope that you have survived the many storms that January brought us along with the floods. My garden looks like Lake Windermere, obviously not quite so big, but Charlie our King Charles Cavalier had to swim in order to relieve himself; or was that me, my memory is not as good as it used to be. The CO needed a canoe so she could hang our washing out. I jest of course, she wore giant waders.

We were getting worried about our front garden. The front dips down towards our front door and surplus rain finds it difficult to drain away when the rain is coming down like cats and dogs. This saying is a strange one but, on a search through Google, I came up with the following piece:

'Raining cats and dogs' is a common English idiom used to describe a very heavy, intense down-pour of rain. The phrase does not literally mean animals are falling from the sky. Its exact origin is uncertain, but it likely originated in 17th-century Britain, possibly referencing dead animals in city streets during floods or deriving from older terms for waterfalls' (Google).

Anyway, the cats and dogs were fast approaching our top step and this could so easily have created a flood within our home. My first thoughts was to ask the CO to go and sweep it away while I gave directions. Strangely, when I mentioned this to her, I got 'the look' and I suddenly felt that this was a task that I could do, because after-all, I have seen the world. I don't know why I've written that but, it seems to get the point over, I suppose.

Anyway, with this in mind, off I went to the shed to get the yard brush and began the process of sweeping the water away from the door. Now, I don't know if you have done any of this type of work, but it is challenging. As fast as I swept a massive puddle away, it flooded back. I was there for

hours and it was still raining and I was still sweeping. The CO opened the door to see how I was getting on, then saw my face and decided against it and went back inside. I thought that I would remind her of the fact that men can have that 'look' if needs be.

In the end, after what seemed like days, I gave up. The flood yes it was still there but I couldn't have cared less. I was wet, cold and not in a very good mood. I thought, 'My thoughts do not describe the thoughts of a Christian man.' But again, with the mood I was in I couldn't have cared less. "I'll repent when I feel better'. So that was my adventure with the floods during Storm Whatever the name. I was better after a few hours and it's marvellous what a glass of wine and a good film or series can do. I was a bit put off with the title of the series that I chose 'After the Flood'. I thought this is having a laugh but as it turned out I felt better as we binge-watched the whole series.

Anyway, winter is nearly over and we are very close to Spring, the time of year that I like. Flowers pushing their way through the soil, plant planning and, oh yes, cutting the flipping grass. That is the bad bit. Some like it. My grass needs cutting the day after I have done it. I am convinced that our neighbour Henry is spraying Grow-more over the fence when it's dark. The CO tells me that I am crazy. Perhaps I am but I'm happy being such.

Anyway, back in 2010, my artistic flare grabbed over me and I wrote this poem that I hope you will like:

The Promise to come - Spring

*Winter, we say we're too cold,
Summer, we say we're too hot,
Autumn, there's too many leaves
But with Spring there's a promise to come*

*Seasons come and seasons go
It's just the way it goes
With all the wind, with all the snow
But my heart really flows, because
Spring, is the promise to come,
Spring, it's like a new start,
Spring, the sun shines again,
Spring, the winter is past
Seasons come and seasons go
It's just the way it goes*

*With all the wind, with all the snow
But my heart really flows, because
Things may have not been too good,
You may have wanted to give it all up
You may have been through dark times,*

Life may have not been too kind
But Spring is coming again,
The sun will be shining again,
You've come too far to give up,
Come on, just give it a chance
Seasons come and seasons go
It's just the way it goes

*With all the wind, with all the snow
But my heart really flows, because
It's Spring...*

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Take care and I'll see you in April.
Grahame

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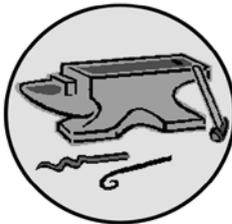
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book page or on their website. Soul Food, run by the Prayerhouse Weymouth, continue to provide hot meals to the homeless and vulnerably housed four days each week. They can be contacted at their meeting space at 3 Gordon

row in Chapelhay where you will always be given a warm welcome. We can be contacted on 01305 772842, by email at thebridgefair-trade@gmail.com or follow us on Facebook. The Bridge Fair Trade Shop, 24

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News from Trading Standards

Buying goods from overseas Consumer complaints show that many people are being misled by online adverts that imply goods are sold and shipped from UK-based traders, when these items are often from sellers based overseas.

If the buyer complains through the seller's website about the description or quality of what they

have bought, they are asked to return the goods for a refund, but the return shipping cost is typically more than the item's original value.

According to findings from Which? Almost half of UK shoppers unknowingly purchased items shipped from abroad, with over 40% unaware that the goods originated outside the UK until delivery. Around a quarter reported the received items failed to match the advertised description and returning them proved impractical or too expensive in terms of postage. For online orders UK consumers generally have the right to cancel within 14 days of receipt and must

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receive refunds within 14 days of returning the goods. For faulty goods consumers should have a full refund within the first 30 days of purchase. Alternatively, there is a right to a repair or replacement within six months, or a refund if those options are not feasible. Although UK law extends to international sellers targeting UK customers, in practice these rights often remain unenforced. Consumers may face significant challenges recovering refunds, particularly when returns require shipping overseas. Consumers paying by credit card benefit from Section 75 of the Consumer Credit Act, if the item's value is more than £100. This offers an additional layer of protection if the seller fails to deliver or misrepresents the goods, enabling UK banks to refund the purchaser instead of the seller themselves. Shoppers are advised to carefully check seller details and delivery origin before purchasing. If you have been affected by this and need advice then visit www.citizensadvice.org.uk/consumer or, phone the Citizens Advice consumer helpline on 0808 223 1133.

Green Councillor Update

Rodwell and Wyke Ward Cllr Claudia Webb

Over the last couple of months, I've continued to balance day-to-day councillor casework with wider advocacy and community work.

A core part of my role has been supporting residents directly, helping with housing issues, planning concerns, access to services, and navigating council processes. Much of this work happens quietly, but it is a vital part of being a councillor, and I'm grateful to everyone who has taken the time to get in touch.

I've been active on several key local and regional issues. I attended the recent anti-incinerator protest, standing alongside residents who are deeply concerned about the environmental and health implications of the proposal and want their voices properly heard.

I have also been in contact with our MP, Lloyd Hatton, raising ongoing concerns about train services and reliability, as well as the chronic lack of funding for adult social care, which continues to put enormous pressure on councils, services, families, and carers.

At council level, I recently met with the Chief Executive of Dorset

Council alongside Cllr Clare Sutton to begin developing a plan for clearer and more effective communication between officers, councillors, and residents. Improving transparency and how information flows is essential if people are to feel informed, listened to, and confident in how decisions are made.

Alongside this, I've continued working with local schools and community partners, including running a Cultural Passport workshop at a local school to help young people engage with culture, creativity, and the opportunities available to them locally.

I've also spent time responding to and challenging misinformation in local political discourse. In recent weeks, I supported a statement defending Cllr Helen Toft following inaccurate and unfair claims made online about her views on veterans. Healthy political debate matters, but it must be honest, fair, and respectful, and I believe it's important to speak up when colleagues are misrepresented.

As ever, I've been listening, meeting residents, speaking with local groups, and feeding concerns back into the council wherever possible. With ongoing pressures around the cost of living, public services, and infrastructure, that two-way conversation feels more important than ever.

Cllr Clare Sutton

It was a privilege to attend the anti-incinerator demonstration on 17 January alongside hundreds of residents and to be invited to address the rally.

I spoke about our commitment to deterring the potential investors this project depends on, and highlighted that the operator's recent application to vary its permit to allow the burning of 67 new waste types suggests a project under real pressure. If the Environment Agency rejects this application, it may well spell the end for this deeply unpopular scheme.

In the meantime, Dorset Council has committed to air quality monitoring should the project proceed, sending a further signal to investors that the vast majority of our communities remain vehemently opposed, and that this is not a safe or welcome investment.

In my role on the Children's Services Cabinet, I have been closely involved in recent work encouraging schools to prohibit smartphone use and supporting families to manage children's usage outside school. New Dorset Council guidance, developed with school lead-

ers and young people, supports smartphone-free primary schools, shares best practice for secondary settings, and recommends delaying smartphone ownership until at least age 14 unless there is a specific need.

Smartphones are powerful tools, but there is now a substantial and growing body of evidence highlighting a range of harms, particularly for children and young people. Further information is available at www.smartphone-freechildhood.org.

Cllr Helen Toft

As part of my role within the Climate and Environmental Emergency (CEE) work, I attended the Litter Free Dorset Summit, which focused on rubbish and recycling and explored how other seaside areas have tackled these persistent challenges. Plastic waste in particular must be reduced, especially where it enters the sea and contributes to microplastics in our food chain. I hope to work with Litter Free Dorset on their upcoming summer campaign to reduce

beach waste in Weymouth.

I was also invited to attend a workshop at the Sea Life Centre led by SeaCure, where I learned about an exciting project being developed by the Universities of Exeter and Plymouth to remove carbon from seawater. While the process has been successfully proven on a small scale, further research is needed. SeaCure hopes that Weymouth could one day host a research facility, attracting visitors from around the world to study this emerging approach to tackling climate change.

CEE funding has also been allocated to install water refill points at public toilets, helping to promote reusable drinks bottles and reduce single-use plastics.

Finally, Dorset Highways has agreed to introduce 20mph zones in some parts of Weymouth, with speed check exercises taking place ahead of public consultation. As Wyke continues to suffer from roads being used as fast cut-throughs to avoid queues on

Continued on page 16

Advertorial

Join Care UK's nationwide 'Big Dementia Conversation'

Did you know that nearly four in 10 people (39%) avoid visiting relatives living with dementia because of how difficult it can be to communicate and connect*?

Dementia can change the way someone communicates. Messages in the brain may take longer to reach the right place, which can make conversations more challenging.

As dementia progresses, families and friends may feel unsure how to stay connected. In a national survey, nearly all respondents (93%) said communication barriers made meaningful interaction harder, but it doesn't have to be this way. Understanding why communication becomes more challenging is the first step in remaining connected with your loved one.

Staying connected

We know many families feel they don't have enough support with communication after their loved one develops dementia. That's why Care UK created Staying connected: a guide to dementia-friendly conversations.

This guide offers support for family members and friends to understand some of the ways dementia can impact a person's ability to communicate and provides advice for making day-to-day communication less stressful. We share

practical tips to help you communicate more easily and confidently with your loved ones.

Pick up a free copy in your local care home or download it as part of our 'The Big Dementia Conversation' online advice hub.

We're here for you

'The Big Dementia Conversation' online advice hub is all about sharing knowledge and real-life experiences to support those who are looking after someone living with dementia.

Did you know?

Nearly 4 in 10 people say they've avoided visiting a relative living with dementia.

93% of people feel communication barriers can prevent meaningful interaction with their relatives.

The top three things people find most challenging are: having to repeat themselves (43%), not being recognised (42%) and understanding what their loved one means (40%)*.

If you're caring for a loved one with dementia and need a little extra support, why not visit our website to discover more ways we can help you and your loved one. If you're considering care, call your local care home Anning House on 01305 897 686 or visit careuk.com/anning-house

*According to a survey of 2,000 adults, conducted by OnePoll.

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9.00am Holy Trinity, Bincombe
9.00am St Nicholas, Buckland Rippers (1st, 3rd)
9.15am St Andrew's, Preston (2nd, 3rd, 4th, 5th)
9.15am St Andrew's Church Rooms (1st)
10.30am St Nicholas, Broadwey
10.30am St Francis, Littlemoor
10.30am St Osmund's, Osmington (1st, 2n, 5th)
10.30am St Laurence, Upwey
4.00pm St Nicholas, Buckland Rippers (2nd, 4th)
6.30pm St Francis, Littlemoor (4th) Celtic Prayer

Weekday Worship

7.30pm Mon Evening Prayer/Compline St Francis'
7.00pm Tues Together on Tuesday St Francis' Church
7.30pm Tues Candlelight Service St Andrew's. Communion 1st Tuesdays
12.45pm Tues Prayer Meeting St Francis'
8.00am Thurs Morning Prayer St Francis'
12.00pm Fri Prayer Meeting St Andrew's
(For weekday services at St Nicholas see separate paragraph)

SIACES to grow in faith

Tue 10.00am Ridgeway Bible Study Group [fortnightly] Preston (01305) 834604

Who's Who

Team Rector

Rev'd James Menzies - The Vicarage, 2 Primula Close, Littlemoor, Weymouth. DT3 6SL (01305) 835921 revjamesmenzies@outlook.com (day of rest Monday)

Team Vicar

Rev'd Philip Elliott (Holy Trinity, Bincombe; St Laurence, Upwey; St Nicholas, Broadwey; St Nicholas, Buckland Rippers) The Vicarage, 526 Littlemoor Rd, Weymouth. DT3 5PA (01305) 459971 weymouth.west.ridgeway.vicar@gmail.com (day of rest Monday)

Team Administrator

Shirley Mitchell, The Team Office, 4 Church Rd, Preston, Weymouth. DT3 6BU (01305) 837147 weymouth.ridgeway.team.office@gmail.com

Community Angels

A volunteer service offering companionship, errands, home visits, lifts to appointments, activities, shopping etc (01305) 834866 standrewsangels@hotmail.co.uk

Hall Hire

St Andrew's Church Rooms, Preston, Shirley Mitchell (01305) 837147 sa-

churchrooms4@gmail.com

St Francis' Community Room, Littlemoor

Anne Field (01305) 832532 anne_field@talk21.com

Mission Hall, Sutton Poyntz

Maureen Morris (01305) 835533.

Preston Village Hall

Julie Witt, Booking Secretary, Preston Village Hall, Weymouth, Dorset prestonvillagehallweymouth@gmail.com. 07742 636511.

New Weymouth Ridgeway Team Ministry Newsletter

If you would like to receive news and information about what is happening in our churches please contact me on: weymouth.ridgeway.team.office@gmail.com or 01305 837147.

Ridgeway Churches Diary

Special Events

2.00pm-4.00pm Saturday 14th March

St Andrew's Church Rooms, Preston, DT3 6BU
Afternoon Tea with craft stall & raffle. Admission £5. Proceeds to the Eve Appeal researching Gynaecological cancers. Enquiries contact Theresa on 01305 833739

7.30pm Saturday 18th April

St Andrew's Church Rooms, Preston, DT3 6BU
Dr Jazz - Four retired doctors play 'medicine for your ears!' Bar, tickets £10. Contact: weymouth.ridgeway.team.office@gmail.com

team.office@gmail.com
01305 837147

4.00pm Sunday 14th June

St Andrew's Church Rooms, Preston, DT3 6BU. Carrie Martin. An afternoon of acoustic music. Tickets £15
Contact: weymouth.ridgeway.team.office@gmail.com
01305 837147 or Alex Sissons on 07801 820722

Ridgeway Churches Diary

Tuesday 3rd March, Knit & Natter. St Francis' Church, Littlemoor

Every Tuesday 10.30am-12.00pm

St Andrew's Church Rooms, Preston

Every 1st Tuesday 10.00am-12.00pm

Thursday 5th March, Little Lambs Baby & Toddler Group 9.30am-11.30am

Every Thursday, St Francis' Church,

Littlemoor £1.50

Monday 9th March

Angel's Lunch Club 12.30pm

Every 2nd Monday

St Andrew's Church Rooms, Preston.

Suggested donation of £7 per head.

Contact 01305 834866

Saturday 14th March

Coffee, Cake & Chat 10.00am-12.00pm

Every 2nd Saturday

St Osmund's Church, Osmington

£3 per head

Friday 20th March

Osmington Lunch Club 12.15pm for 12.30pm

Every 3rd Friday

Osmington Village Hall, Shortlake Lane, Osmington

Contact: francesgroves@btinternet.com

All Saints & St Edmunds Churches

Rector. Rev'd John Mackenzie.

www.parishofwykeregis.org.uk

You will find a warm welcome at our friendly and inclusive churches. All Saints, Portland Road, and St Edmund's, Lanehouse Rocks Road.

All Saints Church DT4 9ES

The church is open daily for visitors and private prayer from 9.00am.

Regular church services

Sundays

8.00am Holy Communion BCP (said).
First Sunday of the month 9.30am Café Church, with refreshments beforehand.

2nd, 3rd and 4th Sundays 9.30am Sung Holy Communion, followed by refreshments.

5th Sundays Joint Service with St Edmund's, location alternates between All Saints and St Edmunds churches.

Morning Prayer

9.00am Tuesday - Friday.

9.30am Saturday.

Fridays 10.30am Holy Communion (said), followed by refreshments.

Coffee Mornings

10.00am - midday, third Saturday of the month (please see dates below).

St Edmund's Church DT4 9HZ

Sundays

11.00am Holy Communion with hymns, occasionally alternating with Service of the Word.

5th Sunday joint service with All Saints.

Thursdays

1.00pm-3.00pm Little Saints Baby and Toddlers Group, during term time. Bring along your children, grandchildren or Godchildren and meet up with others. All welcome. Contact Amy on 07397 805124 if you are interested and would like to know more.

Coffee Mornings

10.00am - midday, last Saturday of each month (please see dates below). Wyke Regis Parish works in our schools, as well as local charities and other organisations.

Men's Breakfast at St Edmund's Church Hall

Fancy a chat over a full English Breakfast? (other options available) Every 2nd Saturday in the month 9.00am to 11.00am, next on 10th May. For more information and to book a place contact: info@parishofwykeregis.org.uk

Coffee Mornings

10.00am-midday, last Saturday of each month (please see dates below).

Hall Hire

Have an event you need a venue for? St Edmund's beautiful church hall is available for hire at very reasonable rates. Send enquiries to office@parishofwykeregis.org.uk, or contact Amy on 07397 805124 for more information. Wyke Regis Parish works in our schools, as well as local charities and other organisations. We offer many opportunities for people of all ages to come together, such as Men's Breakfasts, walking groups, craft groups, as well as chances to learn to sing and ring the bells, all of which help towards combatting loneliness and isolation.

Contact Us

If you want to get in touch, the parish contact number is 01305 784649 or email office@parishofwykeregis.org.uk

Regular parish activities

All welcome. Get in touch beforehand, or just come along and join in!

Art Group - Contact Janet Hall on

www.registermagazine.co.uk

01305 839737.

Bell Ringing – Weekly practices for ringers of all ages. Contact Michael Dillistone on 01305 784902.

Book Group – Meets quarterly. Next meeting: 5th May.

Churchyard Working Group – All Saints: 1st Tuesday in the month; St Edmunds: 3rd Tuesday in the month. If you're interested, please come along armed with gardening gloves and wellies!

Choir Practice – All Saints, 6pm on Friday. Contact Derek Griffin on 01305 772873.

Circle of Friends Lunch – Lynch Lane Garden Centre. 12.00pm, 1st Wednesday in the month. Next meeting 4th March.

Craft Group – 10.00am on Thursdays at All Saints, fortnightly.

Poetry Corner – Meets quarterly.

Singing for Fun – 3rd Tuesday in the month, 2.00pm, All Saints Church.

Walking Group – meets at Bin-cleaves Green on Mondays at 10.00am.

Men's Breakfast at St Edmund's Church Hall
Fancy a chat over a full English Breakfast? (other options available)

Every 2nd Saturday in the month, 9.00am to 11.00am, next on 14th

March. For more information and to book a place contact: office@parishofwykeregis.org.uk

**Coming Events
All Saints
Brews & Views**

24th February and 18th March, 7.30pm, All Saints Church

Curious about faith? Got burning questions about what Christianity really means?

Join us at Brews & Views, a series of informal gatherings where we'll explore big questions through casual conversation over a good drink or two. We've been discussing topics like the Church; death, heaven and the afterlife; and the life of Jesus.

Coffee Morning

Saturday 21st March, 10.00am-noon

All are welcome to join us for coffee, tea, home-made cakes, Fairtrade stall, books, music and for a catch up with friends old and new. Gluten free available.

St Edmund's

Coffee Mornings

Saturday 28th February & 28th March 10.00am-noon.

Teas, coffees and home-made cakes (GF available). Books, CDs, jigsaw puzzles, and a chance to catch up with old friends and welcome new ones.

Friends of Weymouth Peace Garden

The Garden was originally a Quaker burial ground and is now a calm, tranquil space enjoyed by local people and visitors alike throughout the year.

Situated on the Nothe, next to the Nothe Tavern, unless the weather is bad, volunteers meet every Saturday

morning for a gardening working party for 2-3 hours from around 10.15. to approximately lunchtime, with coffee/chat break part way through. It is informal, friendly and new volunteers are welcomed. Gardening expertise is not necessary, enthusiasm and interest are more important.

Holy Trinity with St Nicholas Weymouth

We are an inclusive church, come as you are, we welcome you all.

The Harbourside Church

Trinity Road Weymouth DT4 8TJ

Wednesdays 10.00am Said Eucharist

<https://www.holytrinityweymouth.org>

Face book: Holy Trinity Weymouth with St Nicholas

Sunday 8am - Said Communion service (in the Lady Chapel)

Sunday 10am - Sung Communion service (in the main space)

1st Sunday 6.00pm for a 6.30pm start - Open Table - Inclusive service for LGTBQIA+ friends, families and allies (in the main space)

Weekday Services at St Nicholas Church, Broadway

Tuesdays	8.45am	The Angelus and Meditation	Broadway.
	9.00am	Morning Prayer	Broadway
	10.00am	Holy Communion (BCP)	Upwey
Wednesdays	8.45am	The Angelus and Meditation	Broadway
	9.00am	Morning Prayer with Communion	Broadway
Thursdays	8.45am	The Angelus and Meditation	Broadway
	9.00am	Morning Prayer	Broadway
	10.00am	The Holy Eucharist	Broadway
	10.45am	Coffee Morning	Broadway
Fridays	8.45am	The Angelus with Meditation	Broadway
	9.00am	Morning Prayer with communion	Broadway
Saturdays	8.45am	The Angelus and Meditation	Broadway
	9.00am	Morning Prayer	Broadway

Methodist Churches in Weymouth

Churches are available for baptisms, marriages (including same sex marriages at Weymouth Bay) and funerals.

Sunday Morning Services

10.30am Chickerell, North Square, DT3 4DX

10.30am Lanehouse, Lynch Lane, DT4 9DL

10.30am Weymouth Bay, 32 Melcombe Avenue, DT4 7TH

Sunday Evening Services

6.30pm Weymouth Bay, normally 2nd Sunday in month.

Worship information in available at www.dsw.church

Church Activities

Chickerell

Craft and Chat – 1st and 3rd Wednesdays at 2.00pm

Craft and Sew – 2nd and 4th Fridays at 7.00pm

Coffee Morning – last Saturday in the month at 10.00am

chickerellmethodist@gmail.com

Weymouth Bay

Wednesday

10.00am Coffee Morning – all welcome, tea, coffee, cakes, books and jigsaws to borrow or swap

10.30am Grace Notes, informal singing group for all abilities

2.00pm CAMEO, women's group meets fortnightly

5.00pm Miscellany Band for anyone who plays a musical instrument

Thursday

2.00pm Bible study Group

First Friday in the month

2.00pm Dementia Café for people with dementia and their carers

Last Saturday in the month

9.00am Garden Gang

Rooms are available for hire, all enquiries to weybay@yahoo.com or 01305 457510.

Weymouth Family Church

14 Westham Road, Weymouth DT4 8NP. <http://weymouthfamilychurch.org.uk/>

Sunday 10.30am-12.00

Main meeting. At least twice a month, we share in the Lord's Supper, remembering what Jesus did for us on the cross and declaring it until He comes again, deepening our union with Him.

Monday 10.30am-12.00

Coffee morning with the opportunity to learn Makaton sign language, open to all.

Tuesday 7.00pm – 9.00pm.

Craft evening. Join us for some craft activity and enjoy a chat and a cuppa.

Thursday 10.30am-12.00.

Coffee morning, open to all.

We welcome your views, news and photographs which may be of interest to our readers



email:

info@registermagazine.co.uk

Feeling Better

Abigail Langstone - Wring

BSc, FETC, MAR.

www.dorsetclinicalreflexology.co.uk



Cholesterol is an important normally occurring substance 80% of which is produced by the liver, a waxy, fat-like substance vital in the formation of all cell membranes and the production of bile, a liquid produced by the liver, stored in the gallbladder, and released into the small intestine to emulsify and break down dietary fats.

Cholesterol is also the fundamental building block for all steroid hormones, including vital ones like cortisol (stress response), aldosterone (blood pressure regulation), and the sex hormones oestrogen, progesterone, and testosterone and essential for making Vitamin D. Cholesterol is transported throughout the body via blood binding to lipoproteins (proteins and another lipid triglyceride). The remaining 20% of cholesterol is from inherited genetic factors and food. Cholesterol is widely recognised as BAD = Low Density Lipoprotein LDL and excessive amounts can cause plaque buildup in arteries, increasing risks for heart attack, stroke and heart disease. Whereas healthy levels of GOOD = High Density Lipoprotein HDL acts as scavengers, reducing inflammation and as an antioxidant helping to protect arteries and lower risk. NHS guidelines:

Typical Target Ranges = Total Cholesterol: Below 5.0 mmol/L. Non-HDL (Bad) Cholesterol: 4.0 mmol/L or below. LDL (Main Bad) Cholesterol: Below 3.0 mmol/L. HDL (Good) Cholesterol: Above 1.0 mmol/L (men) or 1.2 mmol/L (women) Triglycerides: 2.3 mmol/L or below. Borderline/High Risk: Levels between 5 and 6.4 mmol/L are considered borderline high, while 6.5 mmol/L or above is high. Risks are determined by assessing total cholesterol, HDL, and other factors like age, smoking, and blood pressure.

Advisory information to maintain healthy levels of cholesterol includes reducing consumption of saturated fat (red meat, dairy), avoid trans fats, increase fibre and take regular exercise. Medications such as Statins or other tablets such as ezetimibe, fibrates, bile acid sequestrants (also called resins) and bempedoic acid or injections such as alirocumab, evolocumab and inclisiran are commonly prescribed if lifestyle changes are insufficiently effective. Several natural medicines and supplements have scientific evidence supporting their ability to reduce cholesterol levels, particularly low-density lipoprotein (LDL or 'bad' cholesterol). Plant Sterols and Stanols are compounds found in plants that block the absorption of cholesterol in the gut. Consuming 1.5-3 grams per day can reduce LDL cholesterol by 7-12.5%. They are found in fortified foods (margarines, yo-

gurts) or supplements. Red Yeast Rice (RYR): Contains monacolin K, which is chemically identical to the statin drug lovastatin. It can reduce LDL cholesterol by 15-25% in some studies. Supplements like psyllium (found in Metamucil) can bind to cholesterol in the gut and remove it from the body. Daily doses of 5-10 grams can lower LDL by about 6 points on average. Berberine: Extracted from plants like goldenseal, it is shown to reduce LDL and triglycerides. Studies suggest that Garlic supplements can modestly reduce total and LDL cholesterol by roughly 10% if taken for more than 2 months. Milled flaxseed and flaxseed lignans can help reduce total and LDL cholesterol, particularly in postmenopausal women and those with high initial levels. Green Tea Extract: Some evidence suggests it may cause a small (2-5%) but significant reduction in total and LDL cholesterol. Homoeopathic remedies for supporting the liver are available from a local pharmacy Galen Homoeopathics in West Stafford. Medical Herbalist Eleanor Gallia can be contacted at Nether Cerne Herbs. Reflexology study findings in this area are few however, a study on women with metabolic syndrome (metabolic syndrome is one of the emerging health issues in developing countries, it includes diabetes, high blood pressure, obesity,

and elevated blood cholesterol) suggested that a combination of foot reflexology and lifestyle interventions (LI) can be effective in reducing triglycerides and improving high-density lipoprotein (HDL) cholesterol.

A study on 8-week self-administered foot reflexology found significant decreases in total cholesterol, LDL, and HDL levels, along with reductions in blood pressure and fatigue. Clinical reflexology is a relaxing treatment that may help reduce stress and anxiety, aid digestion and sleep and ease muscle tension throughout the body, used in conjunction with counselling benefit may be experienced both physically and emotionally. If you need some help and support to make changes to your diet and lifestyle, get in touch. Please Note: This article is for information only please discuss any medical diagnosis, medication or health concerns with GP and if taking prescribed medications consult pharmacist before taking any 'natural' medicines.

I am fully qualified, registered, insured and DBS checked with 35 years professional experience specialising in Clinical Reflexology, Nutritional Therapy, Homoeopathy and Counselling. Contact Tel 01305784986 abigailwring@btinternet.com www.dorsetclinicalreflexology.co.uk

News

Continued from page 13

Award Winning Complementary Practitioner, Researcher, Author, Trainer.



Abigail Langstone-Wring BSC FETC MAR MFHT

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Head Style

Opening Times

- Monday Closed
- Tuesday 9.00 - 5.00
- Wednesday 9.00 - 5.00
- Thursday 9.00 - 6.00
- Friday 9.00 - 6.00
- Saturday 8.30 - 1.30

Chalbury Corner,
Preston, Weymouth

Telephone 01305 834647

Portland Road, I am hopeful that Wyke will be selected for these life-saving zones.

Wessex Folk Festival 2026

Announcing the Folk Music Competition for Young Musicians!

Young Musicians Folk Song Competition.

We're delighted to launch our Young Musicians Folk Song Competition, open to performers under the age of 25. We're inviting young musicians to submit an instrumental or vocal Folk song by uploading a video via our website.

Our judges will select the strongest entries, and the winning entry will receive a half-day session in a professional recording studio and be invited to appear on stage at the Wessex Folk Festival on 30th-31st May 2026 - a brilliant opportunity to showcase new folk talent.

Go Here for more Details and to Enter

Announcing Our First Act for the Festival

We are very pleased to announce that James Findlay, a former winner of the BBC Radio 2 Young Folk Musician of the Year, will be appearing at this year's Festival.

Last week, alongside the launch of our Young Musicians Folk Song Contest, James appeared at a showcase at Weymouth's Coastland College. Members of the Wessex Folk Festival Committee were also there, introducing students to folk music, the Festival, and the new competition they are invited to enter.

More on James Findlay here
Fundraising Ceilidh - Friday 27th February

Before the festival itself, we're getting the dancing started early with a Fundraising Ceilidh at Hope Church on Friday 27th February and everyone's welcome!

Continues on page 18

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Any Questions? Call us on
 01305 824378

The evening will feature our very own Return of the Natives ceilidh band, with Teresa calling. Whether you're a seasoned dancer or have two left feet, you'll be in safe hands. Expect great music, plenty of laughter, and a bar on the night to keep the energy flowing.

Tickets can be purchased by scanning the QR code or by visiting the Wessex Folk Festival website to order online. Email us at the address below.

Come along, have a dance, and help support the festival at the same time!

Hope United Reformed Church, a Grade II listed building, in Trinity Street near Weymouth Harbour is to close due to a small congregation along with rising maintenance and repair costs. Hence the 'Last Dance' Theme for the Ceilidh. Volunteers Wanted & Exciting News Ahead!

As plans for the Wessex Folk Festival continue to gather pace, we're looking for volunteers to help make the festival happen - from stewarding and welcoming visitors to supporting the team behind the scenes. It's a brilliant way to get involved, be part of the festival family, and meet fellow folk enthusiasts.

To volunteer, please email your details to:

volunteer@wessexfolkfestival.com

Looking Ahead

Over the coming months we'll be sharing more news, announcing acts, and revealing what's planned for the festival weekend. We also have some exciting headline announcements coming very soon... Thank you, as always, for your continued support — it really does mean everything.

Keep an eye on our website and social media, and we'll see you very soon.

The Wessex Folk Festival Team
Email the Wessex Folk Festival
info@wessexfolkfestival.com

Citizens Advice

Q I'm spending a lot of money on energy bills. What can I do to cut down?

A Let's take tour around your house:

1. The bathroom

Reduce the water temperature of your shower and keep your shower time to four minutes
Keep your bathroom ventilated

— close the bathroom door and turn on your extractor fan or open a window during your shower to prevent damp and mould

Turn off the tap while brushing your teeth, shaving, or washing your face

Use cold water if you don't need hot

2. The washing

Use your washing machine's 'eco' cycle for dirty laundry - this takes longer but uses less energy.

Use a heated clothes airer instead of a tumble dryer - these are cheaper to run, and allow clothes to dry more quickly than a standard clothes airer.

Hanging your washing outside can be an effective way to dry clothes. Colder and overcast days can also be drying days. Look for days when it's breezy and the ground is dry.

If you are on a smart tariff, schedule appliances to run during lower price times (only run them when you are at home and awake due to potential fire risks)

3. The kitchen

Use the appliance that fits the meal you're making. An air fryer, microwave or slow cooker usually uses less energy than an oven or hob, and can be more economical if cooking a single meal.

Defrost frozen food in the fridge before you cook it

Cook more food at the same time - you can keep leftover food, that is safe to reheat, in the fridge or freezer

Put lids on pans while you're cooking, and make sure you're using the right size pan for the amount of food

When you boil the kettle, measure out the water you need

Defrost your fridge/freezer every year and don't hold the door open for long

4. The heating

Check the temperature on the thermostat - 18 to 21 degrees Celsius is fine for most people

Check heating times - if you have a boiler, set the temperature 2 or 3 degrees lower, (or programme it to be off) when you're out or asleep. If you heat your home with another type of heating, such as a heat pump, check with the installer before changing any settings

Check for numbers on thermostat radiator valves. Set each one to the lowest number that keeps the room comfortable.

Consider installing a radiator reflector if you have radiators on external walls

Close your curtains and blinds when it gets dark, as this helps keep the heat in. Keeping your curtains or blinds open when it's light lets the sun warm the room

5. Exploring energy efficiency grants

Checking the Citizens Advice website for help available for paying for energy efficiency home improvements www.citizensadvice.org.uk/about-us/information/Energy-Savers-Week/

Bridport Big Band

Bridport Big Band in concert at Weymouth Bay Methodist Church, DT47TF on Saturday 21st March at 7.30pm.

Tickets £10 in advance from Pete 01305812637 or £12 on door. Cash please.

Wool Station Railway Heritage Posters - Memories from the Past

The official launch unveiled our three heritage poster cases at the station attended by our partners South Western Railway, Friends of Wool Station, The Tank Museum and the Purbeck Community Rail Partnership.

Last year marked the 200th Anniversary of the modern railway since the opening of the Stockton and Darlington Railway in 1825. As part of this Centenary year many celebrations took place throughout the UK involving railway heritage. The Purbeck Community Rail Partnership and the Friends of Wool Station wish to highlight the importance of the railway in transporting armoured vehicles to and from Bovington Army Camp during the 20th century.

Station users can still see the tank loader behind Platform 1 used to load armoured vehicles onto flat wagons and the mainline railway up to the 1990s. To tell this story we partnered with staff at The Tank Museum to design and produce these posters to which we are truly grateful and thank them for their input.

During the First World War a large German POW camp near Dorchester provided a ready source of labour, and many prisoners awaiting repatriation in 1918 were set to work in the construction of a branch line from Wool to Bovington Camp which was developing as a tank training centre at that time. The single-track branch line over two miles in length was constructed by the Military Works

Company of the Royal Engineers consisting of around 100 men assisted by German prisoners. The line lasted just 10 years and was torn up in 1936.

This story is largely forgotten, and we would like to bring this alive and make local people and visitors aware of these historic rail links with Wool Station and Bovington Army Camp. The three main themes focus on the why the line was built, the construction and the history of the railway.

We would like to thank our partners South Western Railway for their support in installing these attractive heritage railway posters along with the blue plaque commemorating the tank loader at Wool Station. A special mention to the Friends of Wool Station who initiated this project and applied for the funding to make it happen. Tony Smale from Friends of Wool Station commented that links between the station and army camp continue to this day. When we set up the Friends group in 2010, the army's resident handyman constructed a sturdy set of black wooden planters for the station platforms. There's a regular turnover of army personnel coming and going by train, and when there are special events like TankFest at the Tank Museum, our members are on hand to greet people off trains and let them know the shuttle bus is on its way. Our striking new 'Tanks on Trains' posters will reinforce the link between the army camp and station well into the future.

Weldmar Charity Disco

The Mayor of Weymouth, Cllr Caroline Nickinson is inviting residents to a 60s and 70s themed disco on Friday 10th April, in aid of the Mayor's chosen charity Weldmar Hospice-care.

Tickets for the event at Weymouth's Centenary Club are £10 and can be purchased on the Weldmar Hospicecare website.

The Mayor of Weymouth, Cllr Caroline Nickinson, said 'I would urge you all please to come and support this worthwhile cause. Weldmar supports so many of our residents in this town. By holding a fun, 60s and 70s themed disco, I hope to raise as much money as possible to go towards my chosen charity.'

As well as the 60s and 70s disco, the evening will feature a raffle and fancy dress is optional, with prizes awarded for the best outfits. Proceeds from the event, includ-

ing ticket sales and the raffle, will be donated to Weldmar Hospice-care. Rathbones are sponsoring the event, and if other companies or organisations are interested in donating raffle prizes, they can contact mayor@weymouthtown-council.gov.uk

A Time to Remember - Service of Precious Memories

The Precious Memories gathering this year will take place at St Mary's Church, Weymouth on Sunday March 22nd at 2.00pm. We are gathering in a spirit of supporting all those who have known the experience of the loss of a baby or child, and who may have had the experience of being unable to bear a child. The service is an opportunity for reflection and prayer for ourselves and the children who have been lost and who might have been. There will be readings, music,

candles to light, time for quiet reflection and posies to take away. Children's names are recorded in a book of remembrance and members of the congregation have the opportunity to stay after the service for refreshments and to chat.

Jurassic Coast Challenge participants needed

Dorset County Hospital (DCH) Charity is inviting fundraisers to walk, jog or run the Jurassic Coast Challenge event on 16/17 May to raise £30,000 to help fund a brand new ventilator for the new Emergency Department which is currently under construction at Dorset County Hospital.

Last year, fundraisers taking part in the Jurassic Coast Challenge raised £10,000 for the Emergency and Critical Care Appeal, with participants ranging from members of staff from DCH, to community

and corporate teams and individuals. The T-Rex team from Tilbury Douglas, who are constructing the new Emergency Department and Critical Care Unit, took part last year and raised £737.00 towards the Appeal. Tilbury Douglas Social Value Manager, Pheobe Gale, said: 'Completing the Jurassic Ultra Challenge as part of the Tilbury TRex's for the Emergency and Critical Care Appeal was a brilliant experience. The DCH Charity team were there to cheer us off in the morning, and having their support throughout kept moral high, even up the steep coastline! I had the company of my colleagues and my dad which made for a great team experience. I loved being able to challenge myself personally with the 62k route, all while enjoying our beautiful coastline and raising vital funds for the Appeal.' A variety of distances are available including 100km, 75km,

50km, 25km, a Weymouth Marathon distance, and the 10K Bridport Loop. Locations start in Corfe Castle to Bridport, and everything in-between! DCH Charity will refund the registration fee for anyone who raises over £250 at least two weeks before the event takes place. DCH Charity Head of Fundraising, Jodi Hibbard said, 'It has never been more vital for us to fundraise for DCH than right now. The construction of the new Emergency Department and Critical Care Unit is really starting to take shape, and equipment and facilities that go beyond the NHS budget will really make a positive difference to staff, patients and loved ones using these services at the hospital. DCH Charity is celebrating its 30th Anniversary of fundraising to support staff and patients at DCH and we'd love to celebrate this huge milestone by

Continued on page 21

EASTER FAYRE

Saturday 28th March 2026
11:00 am to 3:00 pm
AT
Preston Village Hall
Preston Road Weymouth DT3 6BH

Why not hop along and join us!
We will have craft stalls, fun and games, cake and beverages for sale, Tombola and raffle plus Easter Egg Hunt and Easter Hat Parade (£2.50 entry fee per hat, and a prize for the best one)



WEYMOUTH CHORAL SOCIETY
Musical Director: Helen Brind

MOZART REQUIEM

Crusell: Concertino for Bassoon
C.P.E Bach: Concerto in A Minor, 1st movement
Tchaikovsky: Lensky's Aria

SATURDAY
14 MARCH 2026 / 7.30PM

ST JOHN'S CHURCH, GREENHILL,
WEYMOUTH, DT4 7SS

Featuring **Joe Lyndley**
Bassoon

Verity Joy (Soprano)
Miriam Betz (Alto)
William Gadd (Tenor)
Joe Lyndley (Bass)
Jeff Thomas (Trumpet)
Simon Carl (Organ)
Louise Dukes (Piano)

Tickets
£15.00 to include refreshments (under 16s free)
Available on our website
weymouthchoralsociety.org.uk

Charity No: 1096377



WYKE REGIS COMMUNITY FILM PRESENTS:

Four Mothers

"AN UNRESISTABLE COMEDY" "HILARIOUSLY RELATABLE"

Stella McCusker Dearbhla Molloy James McArdle Fionnula Flanagan Paddy Glynn

15 a film by Darren & Colin Thornton

Sat 28th March, 7pm
Wyke Regis Memorial Hall
All Saints Road, Weymouth, DT4 9EZ

Tickets **£6.50** (inc. glass of beer, wine or soft drink)
Book your place now at parishofwykeregis.org.uk
contact Jeff Thomas on 07710 096174 or scan our QR code



Craft & Coffee

Knitting, Crochet & Craft Group

3rd Tuesday of Every Month
10am to 12 noon
St Nicholas Church, Dorchester Rd, DT3 5DN

Whether you're a beginner or a seasoned crafter, just bring your own project and join in the crafty chat over a cup of tea or coffee.

For more info contact
Susana on
07944617553



St Nicholas Lunch Club

Second Tuesday of every month at
St Nicholas Church, DT3 5DN
11.30am - 2.30pm (Lunch served at 12)

Please join us for a home cooked meal and make new friends

Board games and puzzles available
Donations towards costs welcome

For catering purposes and dietary requirements, please book in advance by contacting
Susana on 07944617553
or emailing susanamalik@yahoo.com



St Nicholas Church

invites you to join us for

Tea/coffee and delicious homemade cake

Every Thursday morning from 10.45am to 12 noon
(Helping to raise money for repairs to the church)

St Nicholas Church registered charity number, 634137



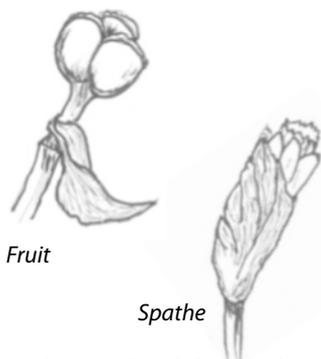
Wild Plants of Weymouth

Daffodils

Narcissus pseudo-narcissus

To see daffodils in flower is a sure sign of approaching spring. Hardly a garden between February and April is without a daffodil in growth somewhere, be it a quiet corner or a well-managed border, and there were daffodils in bloom in gardens along Coombe Valley Road as early as mid-January this year in spite of the bitterly cold and wet winter.

Whilst cultivated specimens may be tall and sturdy, the smaller, wild daffodils, as the eternal and delightful favourite, never fail to stir the soul. Wild daffodils can still be found in fields, meadows and woodlands 'trumpeting' their presence to the world, and the plant has now become so prolific that the vast number of different cultivars has made it difficult even for highly experienced, dedicated and professional botanists to classify each specimen accurately.



Fruit

Spathe

At the top of each long and single

daffodil stalk there is the uniformly golden yellow trumpet-like flower. The stalks are slightly flattened with two sharpish edges, and a paper-like brown spathe at the top, covers and protects the corolla, or flower, in growth. This casing splits gently as the bud develops and opens. The flower, which is said to be scentless, consists of an outer circle of yellow tepals* the frilly-edged trumpet-like structure containing within it the stamens and stigma essential to the production of seeds. As the tepals fade and drop, the seeds develop inside a green case which, when ripe, splits into three clearly defined segments. The sap, that vital juice which circulates within the plant, is poisonous, and in some human-beings and animals, can cause allergies. Even pigs, that will normally eat anything, will ignore them.

The daffodil is mentioned as far back as the 16th century for it is included by John Gerard in his now famous Herbal. He refers to two species of 'Daffodill' known in his time, one being '...most common in our country gardens, generally known everie where.' Culpeper, a later and 17th century herbalist, records that boiled daffodils could be 'used with good success at the appearance of approaching agues ...which are frequently caught in the spring time.' He also adds that 'daffodil juice mingled with honey, frankincense, wine and myrrh, and dropped in the ears, is good against all corrupt, filth



and running matter in these parts.'

Daffodils belong to the Amaryllidaceae Family, the name originating from a fictional shepherdess called Amaryllis who featured in the classic writings of Theocritus, a 3rd century Greek poet, and Virgil, who is said to have been inspired by Theocritus. The plant's specific name, *Narcissus pseudo-narcissus*, stems from the Greek word, *narkissos*, which means 'dead-en', and this may refer to the plant's narcotic properties which can cause numbness. The word *pseudo*, means 'false' thus indicating that the daffodil is not a narcissus, even though it is a member of the Narcissus Family. Both 'daffodil' and 'narcissus' are regarded as very old words, going back for centuries, but the derivation of the word 'daffodil' has proved complex to trace. It is thought by some to have developed from the ancient Greek word 'asphodelus', or 'asphodel'. It has been suggested that the word has developed over the centuries through a series of changes eg from asphodel to asffodel, affodil etc., and on to 'daffodil.' It is interesting to note that the 16th century spelling according to Gerard, was 'Daffodill', the initial letter being upper case then whereas today

it is in lower case.

Wild daffodils which grow in damp woods and meadows are shorter than the cultivated varieties, and produce smaller flowers. Because of current industrial drainage works, and plant lovers who dig up the bulbs, the wild variety are becoming scarce. Fortunately, however, due to someone's brilliant idea, as with cowslips, they have been planted deliberately on the banks of some motorways where they are safe from 'pickers'!

In the Victorian period with its Language of Flowers, the daffodil became a symbol of death, burial and afterlife. In the medieval period a drooping daffodil was considered a death omen, and yet to see the first daffodil of the year, and to have it facing you, indicated that the beholder would acquire more gold than silver during that year. Anyone dreaming of daffodils could rest assured that happiness and romance would be theirs.

©Flora

*The word 'tepal' is a botanical term referring to the sepals and petals of a plant that cannot be identified separately.

reaching our £30,000 target to help pay for life-saving equipment, such as a new ventilator. We are so grateful to all of our fundraisers and look forward to supporting those signing up to the Jurassic Coast Challenge this year.'

Give Your Views in Weymouth Town Council's Community Survey

Weymouth Town Council has launched a new survey to help gain valuable feedback on its services and future priorities. The Community Survey runs from today, Monday 2nd February to Sunday 1st March.

As a thank you for taking part, entrants will be given the option to be entered into a prize draw with the chance to win a £100 high street shopping voucher.

Cllr David Harris, Leader of Weymouth Town Council, said: "This is a great opportunity for Weymouth Town Council to gain insights on its services, and what is important to residents in dif-

ferent communities. "With a population of more than 53,000, it's vital that we hear from as many voices as possible throughout Weymouth, so that we can continue to build on the strengths of our community-focused town.

"If you can't access the Community Survey online, there are other ways to complete it. You can request a paper version at the New Town Hall on Commercial Road, or find copies available at libraries including Weymouth Central, Littlemoor, and Wyke Regis.

'Once the deadline for completing the survey has passed, the prize draw to win the £100 shopping voucher will take place, so please make sure you have your say.'

Access the Weymouth Town Council Community Survey here.

Please note, the survey does not cover housing, highways, planning, bin collections, schools, social care, libraries, benefits, car parks or parking. These services are provided by Dorset Council.

SATURDAY 14th MARCH
 at 2.30pm (doors open at 2pm)
St Nicholas Church,
Broadway, DT3 5DN
 Registered Charity No: 634137

A FASCINATING TALK
 by retired lecturer
JOHN DRABIK
 to learn about the history & making of our
 beautiful stained glass windows

Followed by a
CONCERT
 by local guitarist
ADRIAN WOOD

TICKETS £10 pp
 with tea and cake included

Accompanied Children Free.

Proceeds to Dorset Historic Churches Trust
 Registered Charity No: 282790



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23 Shrubbery Lane, Wyke Regis DT4 7LY

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www.stocking-funeral.co.uk
 Tel. 01305 785915

22 Crescent St, Weymouth DT4 7BX



Golden Charter



Organisations

Accordion Club

Every Tuesday 7.30pm. St Ann's Schoolroom, Radipole Lane, Weymouth. £3.00 includes tea/coffee and biscuits. For more information please email or call Graham. gacrow1907@googlemail.com. 07733367065.

Aquafit

Exercise in the water with a smile. Tuesday & Thursday mornings at Osprey Leisure Centre. All abilities welcome. Margaret on 07977191547.

Beachview Community Centre,

Beachview Close, Wyke Regis, DT4 9JA. My Place Dorset run a lunch club, every Friday from 12.00. Please call Michelle Wilson to pre book on 07920 428039.

Baby and Toddler Group

0-4 years. St Edmunds Church Hall, Lanehouse Rocks Road, DT4 9HZ. 1.00pm-3.00pm during term time. Free fun, singing, crafts. Please contact Amy on 07397 805124 if you are interested.

Blind & Partially Sighted

Wednesdays 1.30pm - 4.00pm
Weymouth Community Safety Centre, Radipole Lane. Bingo/Excursions - Jen-ny Clift . 01305 787065.

Breathe Well Weymouth

A support group for people with lung problems. Meet 2nd Wednesday of the month. 2.30pm - 4.30pm at The New Fire and Community Centre, Radipole Lane, Weymouth. Mike on 07792846463 or 01305 814600.

Busy Bees

Friendly stitch and craft group meets alternate Thursday 2.00pm-4.00pm in Upwey. For more information contact Joy on 0774 230 5841.

Community Angels

Volunteer Support- Do you need neighbourly help or could you volunteer to help someone? Please 'phone 01305 834866 for more information.

The Cygnet Group

Third Saturday in the month, St Paul's Church Hall, Abbotsbury Road, 10.00am-12 noon. For more details Eve Hanney 01305 787220 or Joan Savage 01305 820668.

Dorchester and Weymouth Branch of Epilepsy Action

Coffee and Chat Meetings, Jacksons' Gallery in Fortunswell, Portland every second Thursday 10.30 - 11.30am. Suttons' Coffee Shop, St Albans St, Weymouth. On the 4th Thursday each month

Dorset Kidney Fund

Support for Renal Patients throughout Dorset and South Somerset. For help and information please call Diana Crowder on 01305 834954 or Sue Bithell on 01305 269293.

Friends of Lodmoor Country Park

Aim to protect, maintain and improve the Park for all to enjoy. We have tree

trails, gym equipment, a children's playground all free and we hold events such as Sparkle in the Park, table top sales and Pic-a-Book-Nic. Contact 01305 770772

Friends of Weymouth Library

Supports and promotes our Library. Talks, socials, book sales, knit & natter and quizzes all raise money for Library activities. Membership £6 pa. 01305 750557
friendsofweymouthlibrary.org.uk

Hardy Quilters and Stickers

Meet on the second Monday of the month (not July or August) 9.30am to 12.30pm, St Francis of Assisi Hall Merredin Close Littlemoor DT3 6SB. Contact. chantaldavid1@gmail.com

Island Voices Community Choir

Tuesdays 7.30pm - 9.30pm (in term-time. Peter Trim Hall, St George's Centre, Reforme, Portland. The first session is free and then £6 per week. Contact Anne for information linkusup9@gmail.com or 01305776328.

Ladies Keep Fit

Exercise to music classes for the mature mover. We have a few vacancies at the Southill Community centre on Thursday mornings 9.45am till 10.45am. Please contact Linda 889119. Try the first class free.

Ladies Social Badminton

Players needed for ladies badminton group. Friendly group, social games, not league. Meet Tuesdays at Redlands Sports Hub. Details Rosemary 01305 832456

Lip Reading and Communication Skills

Mondays in school term time, 2pm - 3.30pm at the Frank Reynolds Community Centre, Dorchester Road, Weymouth, DT3 5BY (Broadway). Email. elizabeth.ian.messer@gmail.com

Littlemoor Library

Tues 9.30am - 1.00pm.
2.00pm - 5.00pm.
Wednesday 2.00pm-5.00pm.
Thursday 2.00pm - 6.30pm.
Friday 2.00pm - 5.00pm.
Saturday 9.30am - 12.30pm
The library holds the following.
Writing Group every Monday at 10.00am.
Library Gets Lively Every Tuesday 11.15 - 12.00 noon.
Reading Group on the second Wednesday in the month 10.30am - 11.30am.

Mulberry Bush Pre-school

At St Andrew's School. Children. 2 years 9 months to school age. Contact jjones@standrews.dsat.org.uk

Osmington Archery Club

We meet one afternoon a week in the Village Hall throughout the year. Sometimes in better weather in the summer we shoot on private ground at Milborne St Andrew. Please phone 01305 833460 for further details.

Osmington Art Group

We meet each Thursday afternoon in term time at Osmington Village Hall from 2.00pm till 4.00pm. Bring your own art, whatever it is, and draw, paint, collage, in a relaxed atmosphere and pause for tea and cake or biscuits (and a natter), at half time. Phone Sheila 01305833150 or email sheilaedmonds@hotmail.com.

Osmington Leisure

Table Tennis is held on Wednesday evenings (7.30pm - 9.30pm).

Osmington Lunch Club

The club is now meeting on the third Friday of the month. A two course meal is available with a glass of wine for only £8.50. Guests arrive at Osmington Village Hall at 12.15 for lunch to be served at 12.30. To book a place phone Fran on 832430 or 07817825527.

Osmington Village Hall

07387 118300 osmingtonhallbookings@gmail.com. www.osmingtonvillagehall.co.uk.

Parish of Wyke Regis, All Saints with St Edmunds

All Saints, Portland Road, 01305 78464 info@parishofwykeregis.org.uk www.parishofwykeregis.org.uk
Every Friday at All Saints. 10.30am Holy Communion followed by coffee.
Sundays at All Saints. Possible 8.00am Said Holy Communion
9.30am Sung Holy Communion. First Sunday in month - Café Church.
St Edmund's, Lane House Rocks Road. Alternate weeks, Holy Communion or Service of the Word. 11am
Mother and Toddlers at St Edmund's. 1pm - 3pm
Please check our block of parish activities elsewhere in magazine.

Pilates classes with Clair Myers

Every Thursday morning St Andrews Church Rooms, Preston 9.00 and 12.30 for beginners and advanced, men and women. cmpilates@live.co.uk

Preston Pre-school

Where learning is fun, in a free flowing environment indoors and outdoors. Children from 2 years. Funded places available.
Monday - Friday 8.45am to 2.45pm
For more information, phone 07826515321, e-mail prestonpre-school@hotmail.co.uk or simply come and visit us during our opening times.

Preston Table Tennis Club

Wednesdays 7.00pm and 9.00pm, Westfield School, Littlemoor Road. Contact Mick Hogan. E-mail. prestonttc@gmail.com

Preston Pantomime Group

Meets every Wednesday, 7.30pm at Preston Village Hall. New members welcome from age 14 upwards. Contact Julie on 832620.

Portland Gig Rowing Club

Meet Osprey Quay for various rowing sessions during the week and weekends and are open to all from 11yrs and over. For more information, www.

portlandgigrowingclub.co.uk

Repair Cafe Weymouth

Volunteers repair broken items in return for a donation. Events are on the second Saturday of the month from 10.30am - 12.30pm, except July and August., The Top Club, Louviers Road, Littlemoor DT3 6AY with free car parking. www.repaircafeweymouth.org or 'Repair Cafe Weymouth' on Facebook. E.repaircafeweymouth@gmail.com. From September 13th, the Cafe will be located at the Southill Community Centre in Radipole Lane, DT3 9SS, opening for business from 10.00am until 12.30pm, every 2nd Saturday morning in the month.

Scottish Country Dancing

Thursday 7.00pm September - May. New dancers welcome anytime. Southill Community Centre, Radipole Lane, Weymouth. DT4 9SF. Details from Graeme at graemedickson1@aol.com

Social Badminton Players Needed

Friendly groups, non league, Redlands Community and Leisure Centre. Ladies Doubles 10 to 11am Tuesdays Mixed Doubles 9 to 10.30am Fridays Details - Rosemary 01305 832456

South Dorset Caledonian Society

Friendly Scottish Country Dancing including popular Ceilidh dances. Mondays, Preston Village Hall. 3.45pm - 5.45pm £3 inc Tea and Coffee. No partner required, wear soft shoes. Email frank@southdorsetcaledonians.org or phone Frank and Marilyn 01305 835075.

South Dorset Radio Society

We meet on the second Friday of the month, Weymouth West Scout Hall, Granby Close, DT4 0SR from 7.30. www.HamRadioSouthDorset.com, E. stuartvanstone@btinternet.com

South Dorset Ramblers Group

Guided walks for our members throughout Dorset, on Wednesdays, Saturdays, and Sundays. Taster walks available. www.ramblers.org.uk/go-walking/ramblers-groups/south-dorset-group

Somerset and Dorset Family History Society

St Aldhelms Church Centre Spa Road on the 3rd Friday of the month talks commence at 2.30 pm, preceded by tea or coffee. John on 01305 776008.

South Dorset Woodcarving Club

South Dorset Woodcarving Club Tuesdays, 7 - 9pm - Upwey Old School Hall, Church Lane, Upwey, DT3 5EQ Contact - Jordi 07368 360908. Find us on Facebook. email. southdorsetwoodcarvingclub8@gmail.com

Southill Short Mat Bowls Club

Meet at Southill Community Centre, Radipole Lane, Mondays 2.00pm and Wednesdays 2.00pm & 7.00pm. First 3 lessons free, then £4 per session. Tuition given. www.southillsmbc.co.uk

SSAFA

Pilgrim House, 1 Hope Street, Wey-

mouth, DT4 8TU. (By appointment only). All enquiries to. 020 4566 9131.

Start your Memoir Courses

Are you ready to write down your memories? Events of your life? What you know of your ancestors? Create a record of your life (or even a book) for your grandchildren and generations to come? To find out more, contact writer Sheena on sheenadearness51@gmail.com or 07875 842399.

Sutton Poyntz Venue

Hire £10 an hour - meetings, clubs, celebration, performances.

Book the Mission Hall - 01305 835533. Information suttonpoyntz.org.uk.

The Light Spiritualist Church

Preston Village Hall, Preston Road, Weymouth. DT3 6BH. Sunday Services 5.30pm for 6.00pm. Tel 07483 811516.

Watercolour Art Classes

Thursdays, 1-3, Broadway and Upwey Memorial Hall. Starting September 7th. Call Jan 07746 871134 for more info.

Weldmar Hospicecare Shops

Wyke Regis.- 82 Portland Road, Tel 788369. Open Mon - Sat 9am - 5pm.

Weymouth -71 St Thomas Street. Tel. 783523. Open Mon - Sat 9am - 5pm. Sun 10am-4pm.

59, Great George Street. Open Mon - Sat 9am - 5pm. Tel 787825.

10 Hardwick Street. Tel. 777774.

Mon - Sat 9.00am - 5.00pm

Weymouth Outlet

Unit 11/12 Oxford Court, Granby Ind Estate, Weymouth DT4 9GH. Tel. 770760. Mon - Sat 9.00am - 5.00pm.

Weymouth Art Group (WAG)

Meet Tuesday mornings Southill Community Centre. 9am till 12 noon. £2 refreshments available. Friendly group. All abilities. Non teaching, but occasional workshops. Contact Chair - carol.morrison7@icloud.com

Weymouth Astronomy Club

7.30pm second Friday each month St Aldhelm's Church Centre, Spa Road, New members welcome. www.weymouthastronomy.co.uk

Weymouth & Portland Branch, Fleet Air Arm Association

Welcomes serving and veteran members of the Fleet Air Arm.

We meet at 7:30 pm on the first Friday of every month at the Weymouth & Melcombe Regis Working Men's Club, DT4 8BT.

Contact the branch secretary at email: faaa.wpsecretary@outlook.com. Facebook "Weymouth & Portland Branch FAA Association" <https://www.royal-naval-association.co.uk/fleet-air-arm-association-weymouth-branch>

Weymouth and Portland Sub-Aqua Club (BSAC)

Weymouth Angling Club, Commercial Road, Weymouth, Thursday evenings 8pm. Contact Ian Joseph 07802658848 or chairman. wpsac@gmail.com

Weymouth Ind Evangelical Church

WI Hall, Gallwey Road, Wyke Regis, Services 11.00am and 6.30pm.

Weymouth Carers Group

Meetings 11am to 1pm on the third Tuesday of the month, Bethany Hall, Westham Road, next to Wilko. For more information 07766 529297 and leave a message with contact details.

Weymouth Choral Society

St Aldhelm's Church Centre, Spa Road, Monday 7.30 to 9.30pm during term time. You can join at any time of the year. www.weymouthchoralsociety.org info@weymouthchoralsociety.org.uk or Fiona Webb 0775946116 fionavwebb@gmail.com

Weymouth Drama Club

For adults and young people, meeting on various nights during the week.. For information contact Jacqui Trent on 07709601567 or curtainraisers7@gmail.com www.weymouthdramaclub.com

Weymouth East Scout & Guide Groups

Beavers - Friday 5.30 - 6.30

Cubs - Wednesday 6.30 - 8.00

Scouts - Friday 7.00 - 9.00

Explorers - Thursday 7.00 - 9.00

Brownies - Thursday 5.00 - 6.15

weymoutheastscouts@gmail.com

Weymouth South Scout Group

Scout Hut - Ryland's Lane weymouthsouthgroup@gmail.com - volunteers welcome

Waiting List - weymouthsouthwaitinglist@outlook.com

Squirrels aged 4 to 6. Mon - 5.30 to 6.30pm

Beavers aged 6 to 8. Wed - 5.30 to 6.45pm & Fri 6.00 to 7.15pm.

Cubs aged 8 to 10½. Tue & Thur - 6.00 to 7.30pm.

Scouts aged 10½ to 14½. Mon & Wed - 7.00 to 9.00pm.

Explorers aged 14½ to 17, Tue & Thur 7.45 to 9.30pm.

Weymouth and District Model Engineering Society

Tuesday evenings from 7pm and Saturday from 10am at Budmouth College, Chickereff Road. Talks on Tuesday during Winter months. www.weymouth-dmes.co.uk. Andy, Secretary 01305 459677 or andy@hsme.co.uk

Weymouth Floral Design Group

New Venue Now Meeting at the Holy Trinity School, Cross Road, Weymouth. Doors open 7.15pm for 7.30pm start.

Meetings held usually 3rd Thursday of the month (except August no meeting & Dec meeting on the 2nd Thursday).

Whist and Military Whist Drive

Moonfleet Bowls Club, Knightsdale Road. Tuesday, start 2.00pm. Further details on 784056.

Whist Drive

Mission Hall, Sutton Poyntz. Every Monday at 7.30pm

Wyke Regis Horticultural Society

Trading Post Openings. Sat 9.30am to 12.30pm; Wed 2.00pm to 4.00pm Annual Membership £10 may be taken out at our shop during opening times. www.wrhs.org.uk

Wyke Regis Community Association

Email. wrca@btconnect.com www.WykeRegisCommunityAssociation.co.uk or follow us on Facebook www.facebook.com/WykeRegisCommunityAssociation/

Wyke Regis Library

Monday 12.00 noon - 6.00pm

Wednesday 2.00pm - 5.00pm

Thursday 10.00am - 1.00pm

Friday 10.00am - 1.00pm

Saturday 10.00am - 1.00pm

Throughout each month, we also hold a number of free group events in the library.

Scrabble - the 1st Monday of every month - 2.00 - 4.00.

Knit and Natter - the 2nd and 4th Monday of every month - 2.00 - 4.00.

All ages Chess - Mondays - 4.15 - 5.45.

Rhyme Time - Wednesdays - 2.15-2.45.

Lego Club - Wednesdays - 3.15 - 4.15.

Cuppa and Company - Thursdays - 10.30 - 12.30.

Reading Friends - the 2nd Friday of every month - 10.30 - 12.30.

Learn to Crochet - every Saturday - 11.15 - 12.45.

Wyke Regis Pre-School

Shrubbery Lane, Wyke Regis. Tel 789222. Monday - Friday 9.00am - 3.00pm. Term time only. 2 years 9 months until school age.

Wyke Regis Medical

Portland Road, Wyke Regis - 782226 Surgery hours - Monday - Friday - 8.30am - 1pm and 2pm - 6.30pm.

Wyke Regis Nursery

Shrubbery Lane. A safe, secure, relaxed and friendly environment, offering high quality provision (led by qual-

ified teachers). Nursery housed within Wyke Regis Infant School. Monday - Friday 8.45am - 3.15pm. Term time only. From 3 years. For more information tel. 01305 782470 or email us at infooffice@wykeregisfed.dorset.sch.uk

Wyke Regis Society

www.wykeregissociety.org.uk Meetings second Tuesday two-monthly, 7pm at Working Men's Club, Portland Road. Contact 01305 761993 or georgina.skipper@gmail.com

Wyke Ukedelics

Non-profit group of musicians who gig to keep our members and equipment from wear and tear, available for functions. Dave 07980 32221 or Clare 07837 307932.

Wyke Regis WI

General meetings are at 2pm on the second Thursday of the month at the WI Hall, Gallwey Road, DT49AJ. The various interest groups meet at regular times during the month, details on our website. For more information contact us. 07719312901. Email. secretary@wykeregiswi.org.uk www.facebook.com/wykeregiswi www.wykeregiswi.org.uk

Yoga

Sutton Poyntz. Small groups at our home studio on Tuesday, Wednesday and Friday mornings. Also Chair Yoga (a standing and seated practice) at the Mission Hall on Wednesday mornings. Contact Isabelle on 07970 772963 and Lea on 07973 268836.

Yoga JAX

Thursday mornings 10.30 - 11.30 Hope Redemer Church, Trinity Street, off Hope Square, Weymouth. Basic Vinyasa yoga, gentle, restoring, traditional. Phone 07543 627944.



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