

# Register

## Magazine

Issue No 361 May 2021

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**June Copy date:**  
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Front page: Male catkins of *Salix caprea*, known as goat willow, pussy willow or great willow.  
Photo: Iain Ross

Wednesday at 10.30am for said Eucharist.

**St Edmunds, Lanehouse Rocks Road.**  
Sunday at 11.00am for said Eucharist with recorded music.  
The main parish service continues to be livestreamed at 9.30am on Sunday Mornings which you can access from your own home. An order of service is published each week so you can join in with the hymns and prayers. You can connect to the live stream service on the following links:

YouTube - <https://www.youtube.com/user/WykeRegisChurch/live>  
Facebook - <https://www.facebook.com/groups/allsaintswyke/>  
Parish website - <https://www.parishofwykeregis.org.uk/live/>  
Twitter feed - <https://twitter.com/wykeregischurch>

In addition to the livestream service the parish also runs a live local news programme at 6.00pm and a quiz at 7.30pm on Saturdays; these can be accessed on the same links as above.

If you would like to make contact with your local church, we can be contacted on

Tel 01305 784649  
Email [info@parishofwykeregis.org.uk](mailto:info@parishofwykeregis.org.uk)

For the latest information please always check our website at [www.parishofwykeregis.org.uk](http://www.parishofwykeregis.org.uk) or telephone 01305 784649 Option 5 for recorded information

If anyone is without internet access but would like to be in touch with some spiritual uplift or daily hope the Church of England has a FREE phone line

By ringing 0800 804 8044 you can hear comforting hymns, daily prayers and reflections delivered by a reassuringly soothing voice, from the comfort of your home, anytime.

## Wyke Regis Horticultural Society

**Seed potatoes, beans and peas for sale, together with many other seeds and young plants.**

The Trading Post in Rylands Lane will be open on Wednesday afternoons 2.00 - 4.00pm. The 'click and collect' on Saturdays will continue, paying via bank transfer or card. Order via email or phone.

You must be a Member to make a purchase - it costs £5 a year. For further information, email [enquiries@wrhs.org.uk](mailto:enquiries@wrhs.org.uk). Answerphone 01305 759668.

## Wyke Regis WI

**The latest lockdown has meant that our usual meetings and activities still couldn't take place. The book group has been Zooming though, as has the committee!**

Things are looking brighter now that spring is here. With vaccinations taking place and the start of the easing of restrictions, we are again making plans for future meetings and events - with fingers firmly crossed that they will be able to go ahead this time. We anticipate holding the first full

monthly meeting in September when we can socialise and celebrate being able to get together again. Plans to re-decorate the hall last summer didn't go ahead but the work has now been completed, so we have a fresh new colour scheme to return to.

It may be that we could hold outdoor events and groups can restart in July or August but it will depend on the restrictions in place at the time. Members will be kept up-to-date in our monthly newsletters which have kept us all informed and entertained with news of the wider WI and snippets of local interest.

April sees the start of our new WI year which means member subscriptions are now due. Since we've been unable to hold meetings and our various groups have been unable to meet in our hall since March 2020, we have decided to waive the part of the subscription for this year which goes directly to our local WI so reducing the amount payable. If you want to join us, make friends locally and learn more about the WI nationally, please get in touch. You can find out more about Wyke Regis WI and what we do, by contacting us:

07719 312901;  
[secretary@wykeregiswi.org.uk](mailto:secretary@wykeregiswi.org.uk);  
[www.wykeregiswi.org.uk](http://www.wykeregiswi.org.uk);  
Facebook- [www.facebook.com/wykeregiswi/](https://www.facebook.com/wykeregiswi/)

## Wyke Regis Library

**Carol and I are thrilled to announce that the library will be resuming pre-Covid hours as from Monday 12th April, 2021.**

Monday 10.00am - 1.00pm; 2.00pm - 6.30pm.

Wednesday 10.00am - 1.00pm; 2.00pm - 5.30pm.

Friday 10.00am - 1.00pm

Saturday 10.00am - 1.00pm

We will be operating under Government Covid guidelines which means we will be taking details for Track and Trace at the side door; asking people to wear a mask whilst browsing and to sanitise their hands before coming in. Browsing will be kept to 15 minutes.

One computer will be available for use for 45 minutes, if pre-booked beforehand by phoning 01305 760191. The photocopier and printer will also be available for use.

We look forward to seeing you!

Nikki Plumb, Library Manager

## Preston local councillor update

**I'm hoping all residents had a great, safe and happy Easter. I enjoyed going back to an in-person church service at St Francis led by our new vicar Rev James Menzies who is settling in well and is a great addition to the Ridgeway Team.**

Some points for Preston and Sutton Poyntz residents  
• Medway Drive and Seven Acres Road have been selected for resurfacing using a new technique. We also tried to get Cedar Drive and Willow Crescent included.

# Local news

## Wyke Regis TV from the heart of your community

**Did you know that Wyke Regis has its own internet based TV station. Started as a project during lockdown in April 2020 it now broadcasts weekly to Wyke Regis and beyond.**



Currently the schedule is a live news programme at 6pm on a Saturday, a quiz programme at 7.30pm on a Saturday and a gardening program at 7.00pm on a Friday. The station is keen to hear from the community about community organisations, events and news and can be contacted by email at [news@WykeRegis.TV](mailto:news@WykeRegis.TV) or via its Facebook page at <https://www.facebook.com/WykeRegisTV> The station already has licences to broadcast Met Office Weather Forecasts, UK Parliament material, Warner Brothers and Disney Film Releases and other material.

The weekly news program follows a similar pattern to BBC local news magazine programmes with a mix of local and national news headlines, local and

national weather, longer feature articles, what on, travel updates and a film review section.

The service is completely free and is keen to hear from any organisation or events which may benefit from an interview, free advanced promotion or being broadcast live.

The station can be watched live at [www.WykeRegis.TV](http://www.WykeRegis.TV) when broadcasting and when not broadcasting previous broadcasts are available to watch.

Gary Hepburn

News Room  
Email: [news@WykeRegis.TV](mailto:news@WykeRegis.TV)  
[www.WykeRegis.TV](http://www.WykeRegis.TV) Broadcasting weekly at 6pm Saturdays

## News from your Parish Church in Wyke Regis; All Saints and St Edmunds churches

Rector: Rev'd Brother Alasdair Kaye  
Assistant Minister: Betty Port  
Licensed Lay Minister: Janet Hall

**Our churches are open for the following services:**

**All Saints, Portland Road.**  
Sunday at 9.30am for said Eucharist with streamed music. This is also live streamed, see below for details.

• We are awaiting on a date for yellow lines to be painted on the junction of Bowleaze Covey and Ringstead Crescent after a long process this will take place in the next year hopefully pending final approval.

• The vandalised bus stop on Preston Road should hopefully be repaired by the time you are reading this.

• Preston Litter Pick was held on the 10th April thanks to everyone who came and for Pete Dickenson for organizing it, we are planning another one in June

• Weymouth Town Council has proposed a new bench management policy which will, if adopted, mean new or repaired benches in our area once again.

Please feel free to get in touch me anytime

07809905412/Cllrlouie.oleary@dorset-council.gov.uk



We are still hoping to meet in May or June, for a cream tea, in the garden. Luckily there are six committee members so we can try a garden committee meeting, bring your own drink.

Have you seen the swifts yet, they have started arriving, swallows soon. With few aeroplanes in the sky the earth has had a chance to recover and all that rain has helped waken lots of plants we haven't seen for a while. Looking forward to us meeting up soon. Stay safe, we are nearly there

Cllrs O'Leary & Ferrari

Your chairman Gayl Salt.

## Preston Friendship Club

**Hello friends, How are you all, well I hope, Easter behind us, we are hopefully looking forward to a long hot summer. Me again, Dorothy is having a break, she is well, I spent 10 minutes in her garden talking and laughing. I also saw Brenda in her garden then Christine in hers, it was their birthdays.**

Isn't it exciting buds are bursting on the branches and the blossom seems better than ever. For Christmas and my birthday I have had a new set of dwarf stock fruit trees, apples, plums pears and I have an apricot and a fig, the blossom is amazing.

My garden is having a make over, sadly not by Alan Titchmarsh, but my daughter who doesn't have the best of health, she is changing the lower garden by the conservatory, the raised beds are relocating down there so they will be easier to access.

Last autumn I sent away for 300 tulip bulbs, they are amazing, not the tulip shapes we think of, but like exotic birds and the colours are amazing too



## I'm dreaming of a Wyke Christmas Street Fayre

**As our vaccination programme progresses and we are all gaining confidence in the new normal enquiries for bookings are coming in for this year's Fayre on Sunday 5th December 2021.**

This is now one of the premier events of the calendar and certainly of the Weymouth Christmas season.

Put the date in your diary NOW!. And pass on information to any interested stall holders. If you are interested in helping with the Fayre or taking part in anyway you would be very welcome, please call 01305 839747 or contact me on katywheller@gmail.com

## Your councillor update Weymouth Town Council

**(Wyke Regis) and Dorset Council (Rodwell and Wyke Regis)**

The new normal? I find myself greeting and being greeted with the phrase 'Have you had your jab?' And I am delighted that the response is increasingly a resounding YES! Or even Yes both! Preparations are being made all around the town for the easing of lock-down and the reopening of businesses. It is anticipated that more people will holiday in Britain this year and whilst that will give a welcome boost

Continued on page 5



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*ps: I like strong tea with two sugars, please*

# FRIARY Care



## *Ladies Day at Friary Care*

**Mother's Day in the United Kingdom and parts of Europe falls on the fourth Sunday in Lent this was a time when the faithful would return to their "mother church" the main church in the vicinity of their home for a special service.**

Over time the Mothering Sunday tradition developed and has become a tradition where people present their mothers with flowers and other tokens of appreciation.

At Friary care we celebrate it as lady's day so that all mother, Grandmothers, Grandmas, Step mums, Sisters, Aunties, Daughter are embraced in our appreciation.

Our ladies and gentlemen if they wished started the day by doing some flower arranging to brighten up the tables.



One of the ladies then demonstrated how she put her make up on before wishing everyone a happy lady's day.

We all thoroughly enjoyed a lovely traditional roast lunch and a glass of champagne, followed by a fresh cream tea with homemade scones.

We are all now looking forward to celebrating Easter.



**Visit [www.friarycare.co.uk](http://www.friarycare.co.uk) or arrange virtual visits with the owner, by calling Peter Fry on 01305 787811, learn more about living in a caring environment, join our community & experience many new opportunities, companionship, and a above, all a life in a safe environment.**

to our tourist industry we must remain vigilant and maintain distancing and hygiene measures.

Outside seating arrangements are now in place and hopefully those around the harbour will not cause too much inconvenience to residents this year.

I will mention again that the Weymouth and Melcombe Regis neighbourhood plan is continuing so do please contact Cllr Lucy Hamilton if you want to know more.

Minor road improvements are being carried out, painting of white lines etc and in the next few months some parking restrictions will be imposed. These are all designed to assist the flow of traffic around Wyke and improve safety. The larger re-engineering, rerouting schemes are ongoing. I have become extremely frustrated by delays in this project. Covid 19 and change of staff have not helped but I am pressing for a degree of urgency to now be exercised as this work has been delayed too long.

The boat park at Castle Cove Beach suffered severe damage in recent storms and I am pleased to see has now been removed returning the beach to a clean, safe area. Well done to the Friends of Castle Cove Beach for all their hard work. The Friends continue their work, with litter picks and emptying of bins. We are so lucky so have such a lovely place on our doorstep. Dorset Council are discouraging the sale of single use barbecues, in particular around Wareham Forest and the Counties Heath lands but I have

reminded them that there is equal danger on beaches from fires and hot charcoal buried in the sand.

Cllr Hamilton and I have been speaking to community police officers and youth workers recently. We are aware of some drug and anti-social behaviour issues around the playground and the gardens and are all working together to tackle the problem.

The special Weymouth Town Council meeting to discuss the Dorset Local Plan was very well attended by residents albeit on Zoom. As was the Annual Town Assembly. Whilst it will always be nicer to have meetings face to face these zoom meetings have been popular as they have allowed a greater number of people to take part. Government has stated that all virtual meetings should stop on 6th May. This advice is being disputed in court as it is felt that it is not yet safe to have a number of people in a room and if only a small number of councillors can safely attend a meeting the democratic process is injured. Councils across the country are waiting to hear the result of that case. In the meantime Weymouth Town Council are exploring ways of holding actual meetings again whilst still offering the ability to log in on-line for those for whom that would be more convenient or perhaps safer. It is certainly nice to have a greater presence from the public in what ever form.

So watch this space.

Continued on page 6



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The Annual Council meeting with the election of the Mayor and Deputy Mayor will take place as a virtual meeting on Wednesday 5th May at 7.00.

The following day there is to be a by-election in Wyke Regis. This vacancy has been open since the resignation of Tim Griffiths who although elected in 2019 felt unable to play an active part in the work of the council due to ill health. I have always maintained that at local level living in and knowing the area is hugely beneficial. I will therefore be supporting Becky Blake at this election. Becky was brought up in Wyke and went to school here. She runs her business from home and so is always around Wyke, walking her dog, shopping and using the playgrounds with her grandchildren. Most importantly as the daughter of a former councillor and Borough Mayor Becky knows only too well the commitment required in standing for office. I have found working with Becky on issues like the unsafe car movements around the Tesco carpark, litter on the beach and the trail and auditing the number of benches requiring attention locally, extremely helpful.

As soon as it is safe to do so, hopefully September, a second Annual Town Meeting will be held so that members of the public can attend and meet their elected representatives, give their views and voice their opinions. I am aware that not all the ward receives the Register but it is also available on-line so please tell anyone who

asks. Please remember; the best way to contact me is by phone 07850 060947 (you can leave a message) or to email me at [cllrkate.wheller@dorsetcouncil.gov.uk](mailto:cllrkate.wheller@dorsetcouncil.gov.uk). I rarely check Facebook or pick up from messenger.

Please stay safe – hands – face – space. God Bless. Kate.

Clr Kate Wheller.

## St Andrew's Primary School

**It has been terrific welcoming all the children back into school and the whole team were so impressed with how well they all settled back in again. They have come back in ready and eager to learn.**

We have all been delighted to welcome Mrs Lombard back from her maternity leave. We are grateful to Mrs Harris for all of her work and dedication to St Andrew's in the past year and hope we will still be able to have some links with her as she continues to work within the DSAT family next term in an advisory role.

On Wednesday 10th March, Ms Johnstone and Miss Roberts organised a special Science Day for the pupils to celebrate British Science Week 2021. The children conducted a science enquiry and explored some other science ideas on the theme of 'floating and sinking'.

It was Red Nose Day on Friday 19th

March and we invited children to wear non-school uniform and to come into school with a joke to tell their friends. Families kindly donated £149 to the Comic Relief charity appeal.

On our last day of term, we invited the children to wear blue (non-school uniform) to school today to help us mark Autism Awareness Week. The aim of the day was to increase understanding and acceptance of people with autism, foster support and inspire a kinder, more inclusive community. It has been super to see such understanding, empathy and support and to see our vision in action – making a difference to everyone.

In EYFS, our main learning focus has been on our 'Talk for Writing' story, 'The Three Billy Goats Gruff'. The children can retell the story with the actions brilliantly! Our families have loved having the story re-told to them at home as well!

When the children return after the Easter Holiday, they will be starting the summer term with some wonderful topics. The topic for the summer term will be 'Are carrots orange?' The children will think about what foods they like to eat and about they will learn about healthy eating.

In KS1, the topic for the summer term will be 'Shipwreck'.

The children will be using their knowledge of Grace Darling to write non-chronological reports about her. In Geography, they will be focussing on learning about the continents and oceans. They will also learn about geographical similarities and differences.

In LKS2, the topic for the summer term

will be 'Wonderful Weymouth.' The children will be having a geography focus and they will be learning how to use maps. They will also be finding out about how Weymouth has changed and why visitors come here! In UKS2, the topic for the summer term will be 'A Child's War'. The children will be learning about World War Two and how children were affected by the war. We will be learning about how the war impacted on children being evacuees and focus on Anderson shelters in our D. T. Lessons. We look forward to welcoming the children back once again for the summer term.

## Sutton Poyntz Village WI

### President's Annual Address

It is difficult to report on a year where we have not held our regular monthly meetings or received speakers or visitors. However for the last two months we have managed to hold zoom meetings attracting approximately 20 members each.

I have been President for several years and feel it is time for some fresh input and ideas. I shall therefore not be standing for re-election to the committee.

I am very proud of our achievements over the last few years. Certain memorable events come to mind. In 2021 when the Olympic Games came to Weymouth we worked together to

Continued on page 9

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# WEYMOUTH TOWN COUNCIL BY-ELECTIONS

## 6TH MAY, 2021



[Joanna Dickenson—Standing for Wyke Regis Ward](#)

✉ [jmd20@hotmail.co.uk](mailto:jmd20@hotmail.co.uk)

☎ 07876 136 365

### My pledges to you:

- ✓ To listen carefully and represent the views of Wyke Regis residents on the Town Council.
- ✓ To strive to ensure Wyke residents, particularly the elderly, do not feel isolated, lonely and abandoned.
- ✓ To work with others to promote pride in our community.
- ✓ To support our young people so they can have every opportunity to aspire to their full potential.
- ✓ To be available to respond and assist local residents with any matters of concern.

[Peter Dickenson—Standing for Preston Ward](#)

✉ [pd6757@hotmail.co.uk](mailto:pd6757@hotmail.co.uk)

☎ 07775 510 423



### My pledges to you:

- ✓ To listen carefully and represent the views of residents on the Town Council.
- ✓ To support our fantastic local schools – St Andrews & Westfield.
- ✓ To maintain our green spaces and protect them from future development.
- ✓ To press the Town Council for openness in decision making and freedom of information.
- ✓ To strive to improve the Preston and Sutton Poyntz areas.
- ✓ To protect our working harbour and support our local commercial fishermen.
- ✓ To make Weymouth the best seaside town.



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commemorate the event by making the wall hanging which is now displayed in the Mission Hall. Members got together over several weeks to design and embroider the hanging. I did the sheep and sailing boats!

Our members have formed extra social groups including the Ukuladies, Ukulele band, a darts team and the Crafty Chatty group which has become a regular Monday morning gathering, not just for craft but also board games, Runicub a favourite. There have been croquet afternoons, bowls, curling and even go-carting.

Our summer outings seem to have taken on a transport theme, not deliberate. A cream tea aboard the Swanage Railway, gin tasting on board a horse drawn barge on the Tiverton Canal, bird watching on the River Exe, an open top tram ride in South Devon and most recently a boat trip from Wareham to Poole. Add to that several meals out in local restaurants and lots of cream teas at our meetings. In addition we have visited Christmas markets in Salisbury and Winchester.

Our speakers have been interesting and varied, my particular favourites being wine tasting and making marzipan fruits!

Our membership has grown over the years from around 30 to just under 60 now and we have a waiting list. My thanks to those committee members with whom I have worked over the years who made that possible and to the current committee who have worked hard to keep things going over the past difficult year.

I hope our members will be able to return in the Autumn and continue the social and friendly institute that is Sutton Poyntz Village WI.

Joyce Peel, President

## Trading Standards News

### Rogue trader jailed for fraudulent trading across four counties

A man who worked on a range of home and garden maintenance jobs at consumers' homes in Dorset, Hampshire, Wiltshire and Devon has been jailed for participating in a fraudulent business.

On 22nd March, at Bournemouth Crown Court, Thomas Edward Turner (Aged 41) of Oaktree Farm Caravan site, Odstock Road, Salisbury, was sentenced to two years and eight months imprisonment.

Fraudulent behaviour was identified at eight properties where he had worked, carrying out a mix of roofing, guttering, driveway and path repairs, moss removal, jet washing and garden work. These properties were in Ferndown; Christchurch; Exeter, Devises; Andover and Shipton Bellinger in Hampshire. A catalogue of excessive charging, unnecessary work and charging for work not done was revealed when these cases were investigated by trading standards officers from Dorset.

His men would start work immedi-

ately and undertake unnecessary and sub-standard work at grossly inflated prices. The victims paid in advance for the work by cash or bank transfer. Investigation of Turner's bank accounts led to the details of seven other victims being traced and together they were found to have lost over £100,000 between them. Turner later admitted to a total of £70,000.

The court heard that Turner would approach elderly and often vulnerable victims and frighten them into believing that their roofs had serious problems which required immediate attention. Two of the victims were in the later stages of dementia and one was registered blind.

If you suspect there are rogue traders in your area please report them to Trading Standards by phoning the Citizens Advice Consumer Service free-phone 0808 223 1133. If you believe a doorstep crime is in progress call 999. When selecting a trader to carry out work for you then consider Trading Standards approved traders at Buy With Confidence or call 0808 223 1133

## Dorchester Country Market

**At last, we have a date for restarting our market. From Friday 30th April and every Friday, we will be open from 9am - 12 noon, in the United Church Hall, South Street, Dorchester DT1 1BY, next to Toy Master toy shop and through the arch to the hall.**

We will be selling home produced bakes, preserves and free range eggs. Also all kinds of crafts and cards and plants. We are always looking for producers, especially for vegetables, fruit and flowers.

Come along and say hello and see what is on offer. Entry free.

Any queries, please phone Maureen on 834012.

## Greenhill Gardens

**The Friends Group are hoping to provide some entertainment on the bandstand this Summer. So please keep a watch on the Events Page of our website for up to date information.**

Meanwhile we are busy giving the mosaic on the Esplanade some refurbishment. Some of the coloured tiles have come away in the years that it has been there and a replacement and clean is now on its way.

In addition the Bandstand will be the subject of a total refresh just before the first of the entertainers appears.

Thank you for supporting us.

The Friends of Greenhill Gardens  
www.greenhill-gardens.co.uk

## Have Fun by Zooming your own Mini Panto

**Hundreds of groups and families across the UK have enjoyed the fun of performing their own Mini Panto**

Continued on page 11



**We are looking for reliable staff for our 18 bedded care home, Leigh House, in Wyke Regis**

*Positions are :*

**Night Carer** working 8pm to 8am two nights per week  
**Senior Carer** 24 - 30 hours per week available

*DBS clearance will be necessary*

**Please phone 01305 773663 or**

**Email: [claire.wright@abbeyfieldweymouth.co.uk](mailto:claire.wright@abbeyfieldweymouth.co.uk) for further information**

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**The boat above has been removed from the fleet escarpment behind the Ferrybridge pub.**

It is a 15' aluminium fishing boat called 'Moonfleet' transferred in blue on each side of the hull, with repaired hull as in inset photo. The road trailer was lashed on top of the boat and fixed by a chain to a ring or wire set into the concrete. I would like to hear from anyone who saw the boat being removed or its whereabouts.

**There is a £50 reward for its recovery or information on where it is.**

**Please telephone**

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UNIT D2 MACKAY WAY, LYNCH LANE, WEYMOUTH, DT4 9DN

## Dorset Police Neighbourhood Policing Team

Your local officers are:



PC 2529  
Kerry Farwell  
(Littlemoor,  
Radipole, Preston &  
Sutton Poyntz)



PCSO 6084  
Kirsty Gatehouse  
(Radipole, Preston  
& Sutton Poyntz)



PCSO 6488  
Matt Barton  
(Melcombe  
Regis, Nothe &  
Chapelhay)



PCSO 6083  
Alice Butler  
(Littlemoor)



PS 2162  
Sam Goom  
(Weymouth)



PC 2456  
Jane Bayliss  
(Chickerell &  
Wyke Regis)



PCSO 6875  
Kelly Heath  
(Wyke Regis)



**Dorset  
Police**

Contact Us

**Dorset Police: 101**

Please only use the number above for non-emergency calls. If a crime is in progress or life is in danger, please dial 999.

**Crimestoppers:** 0800 555 111

Follow Us

**Twitter:** @WeyPortPolice

**Facebook:**

Weymouth & Portland Police

### Community Messaging Service

Dorset Police would like to encourage as many people as possible to sign up to our new community messaging system, Dorset Alert. You can print the forms directly from the Dorset Alert website, or ring us for an application form.



## Local news

Continued from page 9

### on Zoom.

No rehearsals, no line learning, no expensive costumes, 15-20 minutes long, 5-7 participants, 8 to choose from.

Well known Pantos which can be done on Zoom with your group or family. They are very funny and easy to order. £20 each.

'Brilliant and hilarious' - BUPA Care  
www.minipantos.com  
E: iaincampbellgo@yahoo.co.uk  
01305 768446

### The Bridge Fair Trade Shop Reopens

It's good to be open and once again welcome customers into the shop. For the sake of our customers and volunteers we are still being cautious and ask customers to wear masks and use the hand sanitiser provided. Our upstairs seating area remains closed but we can offer take-away hot drinks.

We have not been idle while we have been closed and are pleased to tell you about 2 donations that we have recently been able to make. The first was to Traidcraft Exchange's Regeneration Appeal for £2,500 which was doubled up to £5,000 by UKAid. Traidcraft

Exchange are working with farmers in Bangladesh and Tanzania to help them adapt their farming methods to cope with the challenges brought about by the ever-changing climate. The money will be used to train and help the farmers invest in climate smart technology like solar panels and irrigation systems. The farmers are also diversifying by planting a variety of crops and choosing crops that can withstand extreme weather conditions. Traidcraft Exchange are working not only to protect the farmers but also the land for generations to come. If you are interested in making a donation the double-up opportunity is available until June 7th.

The second donation was for £500 to The Nest, a not-for-profit community shop found much closer to home at the back of The Waverley on the Abbotshbury Road. If you haven't heard about them yet, The Nest is dedicated to reducing food waste and provides cheap, good quality, nutritious food to families and individuals who have limited disposable income. Unlike a food bank, customers pay to shop and can choose the items they want. Members pay £3.50 for 10 items but bread, fruit

Continued on page 13

www.registermagazine.co.uk



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83 The Esplanade, Weymouth DT4 7AA 01305 782353

### Days Out – May & June

Sunday 23 <sup>rd</sup> May <b>EXBURY GARDENS &amp; RAILWAY</b> 200 acre woodland garden in the New Forest	<b>£39</b>
Sunday 30 <sup>th</sup> May <b>CLOVELLY North Devon</b> Historic cobbled village tumbling over a 400 foot cliff	<b>£38</b>
Wednesday 2 <sup>nd</sup> June <b>SIDMOUTH &amp; LYME REGIS</b> Two fascinating resorts on the Jurassic Coast	<b>£22</b>
Thursday 3 <sup>rd</sup> June <b>BLUE POOL &amp; SWANAGE</b> The enchanting woodland glade with its coloured pool.	<b>£25</b>
Friday 4 <sup>th</sup> June <b>POOLE or BOURNEMOUTH</b> The two biggest retail centres in Dorset.	<b>£20</b>
Sunday 6 <sup>th</sup> June <b>DARTMOOR Scenic Tour</b> Granite Tors, wooded valleys and hidden villages	<b>£30</b>
Saturday 12 <sup>th</sup> June <b>Adam Henson's COTSWOLD FARM</b> 50 rare breeds on display at the Farm Park.	<b>£43</b>

Prices include entry fees. Reductions for Seniors/Children

**For further information and on-line bookings -  
www.bluebirdcoaches.com**

# Organisations

**Beachview Community Centre,**  
Beachview Close, Wyke Regis, DT4 9JA.  
Bingo, every Saturday, 7pm  
Coffee Morning, every Monday, 10am  
Home-cooked hot lunches Thursday  
and Sunday at 12 noon.  
Call 01305 750541 to reserve your  
place. All very welcome.

**Blind & Partially Sighted**  
Wednesdays 1.30pm - 4.00pm  
Weymouth Community Safety Centre,  
Radipole Lane. Bingo/Excursions - Jen-  
ny Clift . 01305 787065.

**Breathe Well Weymouth**  
A support group for people with lung  
problems. Meet 2nd Wednesday of the  
month. 2.30pm - 4.30pm at The New Fire  
and Community Centre, Radipole Lane,  
Weymouth. Details chairman Mike on  
07792846463 or 01305 814600.

**Christian Spiritualist Church**  
St John Ambulance Hall, Westway  
Road, Weymouth. Sunday Services  
6pm for 6.15. Spiritual Healing every  
Friday 2 - 3.30pm. Parking available  
www.spiritualistchurchweymouth.com

**The Cygnet Group**  
Third Saturday in the month, St  
Paul's Church Hall, Abbotsbury Road,  
10.00am-12 noon. For more details Eve  
Hanney 01305 787220 or Joan Savage  
01305 820668.

**C'Siders - Cancer Support Group**  
Meetings on the first and third Mon-  
days of the month at the Wyke Smug-  
glers, 76 Portland Road, DT4 9AB from  
7.30pm - 9.00pm.  
Visit our website at csiders.org, Fa-  
cebook at www.facebook.com/csiders-  
swp, e-mail info@csiders.org, or  
contact 07430 695462 for more infor-  
mation.

**Dorchester and Weymouth Branch  
of Epilepsy Action**  
Coffee and Chat Meetings, Jacksons'  
Gallery in Fortunswell, Portland every  
second Thursday 10.30 - 11.30am.  
Suttons' Coffee Shop, St Albans St,  
Weymouth. On the 4th Thursday each  
month

**Dorset Kidney Fund**  
Support for Renal Patients throughout  
Dorset and South Somerset. For help  
and information please call Diana Crow-  
der on 01305 834954 or Sue Bithell on  
01305 269293.

**Friends Of Weymouth Library**  
FOWL supports and promotes our  
valuable library service. We hold regu-  
larly coffee mornings in the library on  
the first Tuesday of the month, all very  
welcome 11 - 12.30. Our programme of  
events such as talks, trips, quizzes and  
socials raises money for library projects  
and equipment. More details from the  
library or 01305 832613.

**Friends of Wyke Regis Library**  
Share views on the books you have read  
recently, join the book club or just catch  
up with Friends in the Library anytime

between 10.30 - 12.30 on the last Mon-  
day of each month.

**Hardy Quilters**  
Patchwork and sewing group. Fourth  
Monday of month 10am - 1pm. Os-  
mington Village Hall, Shortlake Lane,  
Osmington DT3 6EY. Contact Chantal  
on 01305 835757

**Lip Reading and Communication  
Skills Weymouth Class**  
We meet on Mondays in school term  
time, 12.30 - 2.30pm at The Frank  
Reynolds Community Centre on the  
Dorchester Road, Weymouth, DT3 5BY  
(Broadway). Email: elizabeth.ian.mess-  
er@gma **Littlemoor Library**  
Tues 9.30am - 1.00pm;  
2.00pm - 5.00pm.  
Wednesday 2.00pm-5.00pm.  
Thursday 2.00pm - 6.30pm.  
Fri 2.00pm - 5.00pm.  
Saturday 9.30am - 12.30pm

**Littlemoor Library**  
The library holds the following:  
Writing Group every Monday at  
10.00am.  
Library Gets Lively Every Tuesday 11.15  
- 12.00 noon.  
Reading Group on the second Wednes-  
day in the month 10.30am - 11.30am.

**Modern Sequence Dancing**  
Wl Hall, Gallway Road, Wyke Regis every  
Saturday. 7.45pm - 10.15pm. All wel-  
come. For details 770780.

**Mulberry Bush Pre-school,**  
Littlemoor Road. Children from 2 years  
9 months, a fun and safe environment  
in which to learn through play. Mon-  
day to Friday 8.45am - 2.45pm. Contact  
Nicki Saunders  
Email: mbpreschool@standrews.dsat.  
org.uk for more detail. Or just pop in!

**Osmington Archery Club**  
We meet one afternoon a week in  
the Village Hall throughout the year.  
Sometimes in better weather in the  
summer we shoot on private ground  
at Milborne St Andrew. Please phone  
01305 833460 for further details.

**Osmington Leisure**  
Short-Mat Bowls Wednesday evenings  
(7pm - 9pm), with the exception of the  
third Wednesday of the month when  
there is a Whist Drive in the Hall, and  
Table Tennis is held on Thursday eve-  
nings (7.30pm - 9.30pm).

**Osmington Lunch Club**  
The club is now meeting on the third  
Friday of the month. A two course meal  
is available with a glass of wine for only  
£7. Guests arrive at Osmington Village  
Hall at 12.15 for lunch to be served at  
12.30. No washing up just company and  
chat. Look forward to seeing you  
there! To book a place phone Fran on  
832430 or 0781782527.

**Osmington Recorded Music Society**  
Meets usually 1st and 3rd Monday  
afternoons, October to April, at Os-  
mington Village Hall, Shortlake Lane,

from 2.15pm. Plenty of car parking  
available. Further details from 01305  
262121, or email: heather.foster1@  
btinternet.com

**Osmington Village Hall, 07387  
118300**  
www.osmingtonvillagehall.co.uk.

**Parish of Wyke Regis, All Saints with  
St Edmunds**  
Every Friday  
Holy Communion 10.30am  
Every Sunday  
Holy Communion (said) 8.00am  
Holy Communion (sung)\* 9.30am  
\*Family service 1st Sun of the month,  
Baptisms 2nd Sunday of the month.  
Toddler Praise, 1st Wed month 2pm.  
Sunday School, 2nd/3rd Sunday.  
Rector: Rev Brother Alasdair Kay.  
Tel 01305 784649  
Email enquiries: info@parishofwykere-  
gis.org.uk  
www.parishofwykeregis.org.uk

**Preston Pre-school**  
Where learning is fun, in a free flowing  
environment indoors and outdoors.  
Children from 2 years. Funded places  
available.  
Monday - Friday 8.45am to 2.45pm  
For more information, phone  
07826515321, e-mail prestonpre-  
school@hotmail.co.uk or simply come  
and visit us during our opening times.

**Preston Table Tennis Club**  
Wednesdays 7.00pm and 9.00pm,  
Westfield School, Littlemoor Road.  
Contact Dave Clegg on 835108.

**Preston Reading Group**  
Is a small, friendly group meeting the  
first Thursday of every month from  
6.30 - 7.30pm at Preston Village Hall.  
Books provided for discussion follow-  
ing month. Preston Reading Group  
Ring Marian Martin 01305 833337.

**Preston Pantomime Group**  
Meets every Wednesday, 7.30pm at  
Preston Village Hall  
New members welcome from age 14  
upwards  
Contact Julie on 832620.

**Portland Gig Rowing Club**  
Meet Osprey Quay for various rowing  
sessions during the week and week-  
ends and are open to all from 11yrs  
and over. For more information, www.  
portlandgigrowingclub.co.uk

**Scottish Country Dancing**  
Thursday 7.30pm - 9.45pm September  
- May. New dancers welcome anytime.  
Southill Community Centre, Radipole  
Lane, Weymouth. DT4 9SF. Details from  
Judy on 833660.

**Somerset & Dorset Railway Trust -  
Dorchester Area Group**  
Meets usually last Friday of the month  
(except August and December) at the  
Dorset Room, Colliton Club, County  
Hall, Dorchester, 7.30pm. Further de-  
tails from 01305 262121, or email:  
heather.foster1@btinternet.com

**South Dorset Caledonian Society**  
Ceilidh Dance Practice on Monday eve-  
nings, 7.45pm - 9.30pm at Willowbed

Hall, Chickerell. £2.50 per session, inc  
tea/coffee. www.southdorsetcaledo-  
nians.org, e-mail: sdcsec@gmail.com

**South Dorset Group of the Somerset  
and Dorset Family History Society**  
St Aldhelms Church Centre Spa Road  
on the 3rd Friday of the month tea or  
coffee at 2pm and the talk at 2.30pm.  
Contact no is John on 01305 776008.

**South Dorset Woodcarving Club BWA**  
Tuesdays, Upwey Old School Village  
Hall 7- 9 pm  
Dave Whiddett 07948502857 or 01305  
812064 email:  
david.whiddett@homecall.co.uk

**SSAFA**  
Pilgrim House, 1 Hope Street, Wey-  
mouth, DT4 8TU. (By appointment only)  
Urgent enquiries: 01202 742934. Office  
Number - answerphone: 077 26127  
532.

**St John Ambulance Westwey Road.**  
Adults - Wed 7.30 - 9.30pm. Cadets (10  
- 18 years) Mondays 7.00 - 9.00pm.  
Badgers (6 - 10 years) Wed 6.00 -  
7.00pm. Tel 01305 784493.

**Weymouth Stroke Support Group**  
Meets at 10.30am for coffee etc on  
alternate Tuesdays at Weymouth Bay  
Methodist Church, Melcombe Avenue.  
Further details from Gerry Barr  
07580664210

**Weldmar Hospicecare Trust Shops**  
Wyke Regis:- 82 Portland Road, Tel  
788369. Open Mon - Sat 9am - 5pm.  
Weymouth :-71 St Thomas Street. Tel:  
783523. Open Mon - Sat 9am - 5pm. Sun  
10am-4pm.  
59, Great George Street. Open Mon - Sat  
9am - 5pm. Tel 787825.  
10 Hardwick Street. Tel: 777774.  
Mon - Sat 9.00am - 5.00pm  
Weymouth Outlet  
Unit 11/12 Oxford Court, Granby Ind Es-  
tate, Weymouth DT4 9GH. Tel: 770760.  
Mon - Sat 9.00am - 5.00pm.

**Weymouth & Portland Holzwickede  
Twinning Association**  
Weymouth & Portland Holzwickede  
Twinning Society hold various social  
activities in and around the area. All en-  
quiries 832694.

**Weymouth Areas Seniors Forum**  
An independent over 50s forum for  
residents of Weymouth, Wyke Regis,  
Portland and Chickerell. Meetings 4th  
Tuesday of the month, 2pm - 4pm,  
Weymouth Angling Society Commer-  
cial Road, Weymouth.

**Weymouth Classical Recorded Mu-  
sic Society**  
Meets at The Acorns, Grosvenor Rd,  
Weymouth on usually 2nd and 4th  
Monday evenings, September to June,  
from 7.30pm. Car parking available.  
Further details from Mrs J Marlborough,  
on 779787, or email heather.foster1@  
btinternet.com

**Weymouth & Portland Branch, Fleet  
Air Arm Association**  
Meet 1st Friday of each month at the  
Wyke Smugglers, Portland Road, DT4

9AB. Full Membership open to serving or veteran members of the Fleet Air Arm. Associate membership to those with an association with the Fleet Air Arm. Please contact Jeff Cook, Branch Chairman, on 0773333274, or email jeff.cook@faaa.org.uk

#### **Weymouth and Portland Quakers**

Meet first and Third Sunday of each month 10.30am at the Fire Station, Radipole Lane, Weymouth. Tea and Coffee after. Doors are locked after 10.45am. Tel: 01305 788452.

#### **Weymouth and Portland Sub-Aqua Club (BSAC)**

Weymouth Angling Club, Commercial Road, Weymouth, Thursday evenings 8pm. Contact Ian Joseph 07802658848 or chairman. wpsac@gmail.com

#### **Weymouth Ind Evangelical Church**

WI Hall, Gallwey Road, Wyke Regis, Services 11.00am and 6.30pm. All are welcome.

#### **Weymouth Carers Group**

Meetings 11am to 1pm on the third Tuesday of the month, Weymouth & Melcombe Regis Working Mens Club, 1 Mitchell St, For more information 07766 529297 and leave a message with your contact details.

#### **Weymouth Dolls House Club.**

Meet every 4th Tuesday, 10am - 4.00pm, Scutt Hall, Sutton Poyntz. Please bring your lunch. Details from Gayl Salt 832918.

#### **Weymouth East Scout & Guide Groups**

Beavers - Friday 5.30 - 6.30  
Cubs - Wednesday 6.30 - 8.00  
Scouts - Friday 7.00 - 9.00  
Explorers - Thursday 7.00 - 9.00  
Brownies - Thursday 5.00 - 6.15

#### **Weymouth South Scout Group**

Scout Hut - Ryland's Lane

Monday  
Scouts aged 10½ to 14½, 7.00 - 9.00pm.  
Tuesday  
Cubs aged 8 to 10½, 6.00 - 7.30pm.  
Explorers aged 14½ to 17, 7.45 - 9.30pm.  
Wednesday  
Scouts aged 10½ to 14½, 7.00 - 9.00pm.  
Thursday  
Cubs aged 8 to 10½, 6.00 - 7.30pm.  
Friday  
Beavers aged 6 to 8, 6.00 - 7.15pm.  
For general inquiries: weymouthsouthgroup@gmail.com  
To join our waiting list: weymouthsouthwaitinglist@outlook.com

#### **Weymouth and District Model Engineering Society**

Tuesday evenings from 7pm and Saturday from 10am at Budmouth College, Chickereil Road. Talks on Tuesday during Winter months. www.weymouth-dmes.co.uk. Andy, Secretary 01305 459677 or andy@hsme.co.uk

#### **Weymouth Floral Design Group**

(formerly known as Melcombe Regis (Weymouth) Flower Arrangement Society) meet at the United Reformed Church Hall (Radipole), Spa Road, Weymouth, door open 7.10pm starts 7.30pm prompt. Meetings are usually held the 3rd Thursday of the month (except August no meeting and Dec is the 2nd Thursday.)

#### **Weymouth Movie Makers (formally Weymouth Cine & video Club)**

Meet from September to May on alternate Wednesdays at 7.30pm at the Centenary Club 21 Jubilee Close, Weymouth www.weymouthmoviemakers.weebly.com E: weymouthmoviemakers@gmail.com Chairman Anne Vincent Tel: 01305 780140.

#### **Whist & Military Whist Drive**

Moonfleet Bowls Club, Knightsdale Road, Tuesday, start 6.30pm  
Details on 784056.

#### **Whist Drive**

Mission Hall, Sutton Poyntz. Every

Monday at 7.30pm

#### **Wyke Regis Methodist Church**

Thursdays - Coffee morning, alternate weeks arranged by Church members. 10.00 - 11.30am

#### **Wyke Regis Horticultural Society**

Trading Post Openings. Sat 9.30am to 12.30pm; Wed 2.00pm to 4.00pm  
Annual Membership £5 may be taken out at our shop during opening times. www.wrhs.org.uk

#### **Wyke Regis Community Association**

Email: wrca@btconnect.com  
www.WykeRegisCommunityAssociation.co.uk or follow us on Facebook www.facebook.com/WykeRegisCommunityAssociation/

#### **Wyke Regis Community and Sports Association**

**Wyke Weenies** - a group for Toddlers and their Parents/Carers meets on Monday mornings (term time only) from 9am to 11.30am.

Monday C'Siders-Cancer Support Group Table Tennis from 1pm to 2pm.  
Monday Table Tennis from 7.30 to 9pm.

Tuesday Ladies Club 1.45pm to 3.15pm.

Tuesday Prize Bingo is 'Eyes Down' between 7.30pm and 9 p.m.

Wednesday Sing, Sign and Play 10am to 11.30am

Wednesday Holistic Yoga 7.30pm to 8.30pm

Thursday U3A Table Tennis from 2pm onwards.

Thursday League Table Tennis  
Friday NHS Leg Club 9am to 12noon.

Friday Judokai Weymouth Judo Club from 7.30pm to 9pm Juniors from 8 years and seniors both beginners and improvements.

Sunday's Wargames-all ages-11am - 5pm.

#### **Wyke Regis Library**

Mon - 10am - 1pm; 2pm - 6.30pm  
Wed - 10am - 1pm; 2pm - 5.30pm

Friday - 10.am-1pm  
Saturday - 10am - 1pm

#### **Wyke Regis Pre-School**

Shrubbery Lane, Wyke Regis. Tel 789222. Monday - Friday 9.00am - 3.00pm. Term time only. 2 years 9 months until school age.

#### **Wyke Regis Medical Practice**

Portland Road, Wyke Regis - 782226  
Surgery hours - Monday - Friday - 8.30am - 1pm and 2pm - 6.30pm.

#### **Wyke Regis Nursery**

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#### **Wyke Regis Society**

www.thewykeregissociety  
Meetings second Tuesday two-monthly, 7pm at Working Men's Club, Portland Road. Contact 01305 761993 or wykeregissociety@gmail.com

#### **Wyke Regis Womens' Institute**

General meetings are on the second Thursday of the month at the WI Hall, Gallwey Road, DT4 9AJ. The various groups meet at regular times during the month with details on our website. For more information: contact us on 07719 312901 or at secretary@wykeregiswi.org.uk; or check our website www.wykeregiswi.org.uk or Facebook page www.facebook.com/wykeregiswi/

#### **Yoga**

Sutton Poyntz. Monday to Friday mornings. Small groups in our home studio. See www.yogasadhana.co.uk or contact 07970 772963.

### **\*NB: Organisations may not be meeting due to lockdown**

## **Local news**

*Continued from page 11*

and vegetables are free so not included as an item. Their long term aim is to open a café and become self sufficient but until they can achieve that they rely on grants and donations to cover their running costs. We think this is a very worthwhile enterprise which we are happy to support and wish them every success for the future. The best way for us to support farmers and artisans is to keep placing orders. After Christmas we decided to have a sale to clear some space on the shelves to allow us to buy in more stock. Sadly, as soon as we launched the sale we were closed and so our sale continues. Many of the items we have reduced are the last of a line that we are no longer able to source so this will be your last chance to buy them. Reduced items are displayed in our smaller side window so stop to look next time you are passing. For a limited time we are also offering a 10% discount on all our beautiful recycled aluminium products. These are recycled in India from discarded saucepans fridges etc,

then hand cast into useful objects and enamelled in bright colours producing stunning gifts. We also have several new items including a range of Thuya wood pots from North Africa and embroidered cards from Bangladesh so do stop by to see what else is new. Now that we are open again we hope customers will be happy to come to the shop but if you prefer we can be contacted through our Facebook page The Bridge Fair Trade Shop or by email at thebridgefairtrade@gmail.com to arrange collection or delivery. The Bridge Fair Trade Shop, 24 Trinity Road, Weymouth, DT4 8TJ 01305 772842  
Opening times are Tuesday - Saturday 10.00 - 4.00

### **C'Siders - Cancer Support Group**

**C'Siders members are very much looking forward to meeting up face**

**to face as soon as restrictions allow. In the meantime, meetings remain on line via a monthly Zoom get together.**

Members and newcomers are always welcome to join us. Please email info@csiders.org for more information and sign on details. Sessions often include a quiz and input from a speaker. For members preferring a one to one chat, the group is still here for them. A call to our helpline 07430 695462 can put you in touch with other members or answer any questions you may have. We are looking forward to the return of our C'Fit Rehabilitation Exercise Classes as soon as possible. The earliest start for organised group exercise is set for May 17th and we hope C'Fit will restart as soon as possible after that. Enquiries are welcome from anyone who'd be interested in joining- a referral from your GP or health professional is all that's needed- Please call Osprey Leisure Centre on 01305 824378 for more details.  
Up to date information about the

group and future plans are available on our website csiders.org. You can also find us on Facebook at www.facebook.com/csiderswp, contact us by e-mail info@csiders.org or call us on 07430 695462.

### **Diabetes UK seeks new diabetes healthcare leaders**

**Diabetes UK is urging healthcare professionals who are committed to transforming care for people living with diabetes in their community to apply to be a part of an inspiring Diabetes UK leadership programme.** Healthcare professionals can now apply to join two inspiring Diabetes UK leadership programmes: Discovering Leadership and Clinical Champions. These programmes are unique opportunities for healthcare professionals to develop their personal leadership

*Continued on page 18*



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Holistic Approaches for IBS Management. Part 1. Diet & Nutrition Patients diagnosed with the medical condition IBS often complain of experiencing a wide range of distressing symptoms. Reporting the acute or first stage of symptom development as being intestinal pain, bloating and gas with constipation or loose stools. Stomach symptoms at the second stage may involve indigestion, heartburn and acid reflux. Whilst the third or chronic stage symptoms may include all of the above plus headaches or fuzzy heads, fatigue and low energy, joint/muscle stiffness, skin conditions, weight gain/loss and sleep problems. This patient described broad range of inflammatory linked symptoms affects every-day functioning of the body

and general health and wellbeing of the individual. To help reduce inflammation symptoms and increase wellbeing the holistic approach of complementary therapy has proven time and again to be safe and effective. Where to start? and What to do? The Where is the digestive system. Consider an appointment with a complementary practitioner to look at your Diet and Lifestyle. I offer Nutritional advice to change what and how you eat and by encouraging positive behavioural change the benefits may be life changing. The What? will be provided during the hour long consultation by taking a case history and discussing your lifestyle, stress levels and symptoms and the practical steps needed to improve your digestion. We will discuss how other therapies might be helpful and formulate a strategy to move forward. You will be given with an individually designed healthy eating plan. Each individual plan will be informed from discussing: How to conduct a restriction diet safely over 4 weeks to identify food intolerances. How to avoid dehydration and malnutrition. How to keep a food diary. How to produce a nutritionally balanced meal. Discussing the role of proteins, amino acids, carbohydrates and sugars, fats and fibre and what constitutes a healthy Vegetarian or Vegan meal. How to supplement the diet using

vitamins, minerals, pro-biotics and digestive enzymes. Identifying what may or may not be helpful. How to interpret food labels. Identify the difference between chemical and natural food additives and understanding levels of Salt, Sugar and Fats in processed foods. You will leave the consultation with an individually designed eating plan with instructions on how to proceed safely with a 4 week restriction diet. A list of suggested foods to avoid and information of replacement foods. Instructions on a phased re-introduction after 4 weeks of the avoided foods and suggested diet supplementation if needed. During the 4 week restricted food period you can contact me via my website or email direct with any requests for help, guidance or queries. Methods used during the consultation may include Vega Test. Iridology. Homoeopathy. Kinesiology. During the consultation confidential information of a personal nature may be disclosed this will be written down and stored in line with data governance guidance. I am bound by professional codes of conduct/practice. I do not diagnose clinical or medical conditions. None of the above described treatment is designed or intended to take the place of a GP consultation. It is a simple task to monitor what you eat and to note the changes ( a food diary) for a set time. Patient reported changes in symptom frequency and severity help to build a body of evidence

to support my theory that food intolerances are one of the primary factors responsible for IBS. It is only by evidence gathering that we ( therapists) might answer the critics who cite double blind clinical trials as the only validation of a therapy or method being effective. Other holistic methods to help IBS will be discussed in Part 2. abigailwring@btinternet.com www.dorsetclinicalreflexology.co.uk Abigail is fully qualified, insured and DBS checked with 30 years professional experience specialising in Clinical Reflexology, Allergy Testing, Nutrition and Counselling. Author of 'Holistic Health Tips' available from Buena Vista Gypsy Lane Weymouth Dorset DT4 0BZ. £9.00.inc p&p.



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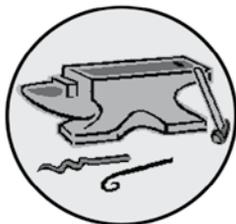
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## Over the Hill With Chris Hubbard

**The two recent accounts of my involvement with the wildlife in our garden have turned me into something of an expert on our feathered friends. This means that I can now spell ornithology, and that emails have arrived from as far afield as Ferrybridge asking me for advice on bird related matters. Well, I presume that was what the email was about, but it could just have easily been a spam message.**

But I digress. Recently there was a very sad story about endangered Regent Honeyeaters. These attractive birds are mainly black with a lemon yellow back and large yellow patches on their wings. They are very pretty, though there's not much point in me describing them because you are highly unlikely to see one as they are native to eastern Australia. In fact, if you do see one you should keep the news to yourself. Otherwise you will have hundreds of twitchers, as we bird enthusiasts are called, trampling all over your garden trying to catch a glimpse of it. And for the benefit of anyone not an expert in IT, twitching is not the same as tweeting. Ex-president Trump tweets, the rest of us twitch.

The estimated 1400 remaining Honeyeaters have nothing going for them at all, which is presumably why they are endangered. One example of their problems is that they and their eggs are eaten by the Squirrel Glider (I promise you that I am not making this up) which are themselves a threatened species. Presumably because there are not enough Honeyeaters left for them to eat.

But I digress again. The sadness of this story is not just that the birds are endangered, but that young male Regent Honeyeaters don't have enough older male Honeyeaters to teach them the mating songs. So when fully grown they can't sing to attract a lady Honeyeater. Well, to be more precise, they can sing, but not a song that the ladies find attractive. A bit like my dance moves when I was younger. Thankfully my In-house Adviser saw some attractive qualities in me despite my inability to perform decent dance floor moves to, for example, a Twist record. Any youngster who doesn't know about this marvellous dance should ask a Senior Citizen about such stars as Chubby Checker with his mega-hit "Let's twist again" in the 1960s.

Thankfully scientists are coming to the aid of Regent Honeyeaters by playing audio recordings of the mating songs to captive birds and then releasing these birds into the wild to teach the others how to sing properly. And you thought it was just human youngsters that had problems.

But enough of birds, even though you must be rivetted by what has gone before. Anyone who knows me or has even just heard me speak is aware that I come from Wales. So although not Welsh speaking – that honour is reserved for my In-house Adviser – I am well acquainted with short place names such as "Ynys-ybwll" or that longer one we all know "Lla-

nfairpwllgwyngyllgogerychwyrndrob-williantysiliogogoch". So when I came across "Fagradsalfjall" in a newspaper I thought it was probably somewhere just north of Aberystwyth in West Wales. But it turns out that it is in Iceland. Icelanders share the same traits as the Welsh for unpronounceable place names though the "fjall" bit should have been a clue.

Anyway, Grindavik is a sleepy fishing town just outside Reykjavik, the capital. But I can already hear you asking why the interesting bits about birds have been interrupted with this geography lesson. Bear with me or perhaps go and do something more useful such as watching grass grow. Still here? Then brace yourself for some more long names. There will be a test later on how many you remember. The people of Grindavik have had a problem sleeping so have been stumbling around during the day in a daze due to lack of quality snooze time. Which is probably just as well, for if they weren't dazed they might have panicked. Their sleeplessness is due to the 40,000 or so major earth tremors that occurred before the eruption of the Fagradsalfjall volcano (you thought I'd forgotten about that, didn't you). The lava flow from the volcano then erupted just five miles away from their homes. Although still a worry, it does mean that seismic activity has reduced. So instead of forty earth tremors a night there are now only one or two which allows them to get some sleep.

This eruption is less of a problem than the Eyjafjallajökull volcano which sprayed volcanic ash into the air and grounded 900,000 flights back in 2010. Though if that had happened now it would only have affected the six or seven planes that are actually flying. But why, goes up the despairing wail, have foreign volcanoes supplanted interesting(?) information about our feathered friends. Well, I am just trying to cheer up those Senior Citizens who fear the invasion of our area by visitors by demonstrating that things could be very much worse. Visitors don't interrupt our sleep too much before the season starts, and a flow of lava down into Durdle Door would be even more destructive than the flow of people.

But I will digress yet again with a story closer to home. This is for Senior Citizens who think they have heard it all. A little bird told me this but please don't hold me responsible if my source proves unreliable. The reason that the Council offices on the harbourside have not been sold, knocked down or converted into flats is because – and you must promise not to tell another living soul – is because the Council have decided to copy the latest plans by Dorchester County Council and move back into them. But take heart. I leave you with one last reason to be thankful, which is that Portland is called Portland, not Eyjafjallajökull. Otherwise it would take a long time to tell stories about bunnies!

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9.30am	St Andrew, Preston	Said Holy Communion
	St Nicholas, Broadwey	Said Holy Communion
10.00am	St Francis, Littlemoor	Lay led worship
11.00am	St Laurence, Upwey	Said Holy Communion
4.00pm	St Nicholas, Buckland Rippers	Said Holy Communion

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## Who's Who

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## If you see something of concern, say something

Church noticeboards and [www.ridgeway.org.uk](http://www.ridgeway.org.uk) give details of who to contact. Each Church has a Parish Safeguarding Officer, and publishes their policy.

**Community Angels** (01305) 834866 [standrewsangels@hotmail.co.uk](mailto:standrewsangels@hotmail.co.uk)

## Hall booking secretaries

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St Francis' Community Room, Littlemoor: Anne Field, (01305) 832532 [anne\\_field@talk21.com](mailto:anne_field@talk21.com)

Upwey and Broadwey Memorial Hall: Jonathan Harwood (01305) 814940  
Upwey Old School: Phil Cooke (01305) 812665.

capabilities and unlock potential in themselves and others to create real transformation in diabetes care.

Our Clinical Champions are chosen for their passion and commitment to excellence in diabetes. The programme supports health care professionals who are looking to tackle inequality in diabetes care or prevention.

The new Discovering Leadership programme has been created to support people who are at the start of their leadership journey, offering a series of free sessions to develop skills vital to support and develop outstanding care for people living with diabetes.

Phaedra Perry, Regional Head, Diabetes UK South West, said:

"The unprecedented scale and complexity of the diabetes crisis calls for strong and dynamic leadership at both a regional and national level. Upskilling healthcare professionals and nurturing leaders in diabetes care is vital if we are going to reduce inequity.

"As part of this work and commitment to reaching all communities we would like to increase representation of colleagues who are Black African/Afro-Caribbean in the programme cohort.

'Good care will lead to a reduction in diabetes-related complications, improving the quality of life for many people living with this condition and minimising its economic impact.'

Diabetes is a condition where there is too much glucose in the blood because the body cannot use it properly. If not managed well, both type 1 and type 2 diabetes can lead to serious complications such as sight loss, amputation, kidney failure and stroke.

For more information on the programmes and how to express interest visit Discovering Leadership or Clinical Champions.

## Saplings planted for Weymouth children

**Weymouth Town Council is working to create a new copse area in Westham. It will be a special area recognising the young children in our communities who started school in 2020.**

The Town Council's Parks and Open

Spaces team have planted 520 saplings in total, one for each child who started school in Weymouth during the pandemic. The team will also be installing log seats to create a 'sitting circle' for schools and children to use when they visit.

Local families are encouraged to use and enjoy the area in line with the current national restrictions and the council will invite local schools for visits when possible. It's hoped local schools can help with planting bulbs and making bird feeders in the area too.

The council has had a fantastic response from local primary and infant schools, who have been invited to be involved with the scheme. Names of all participating schools will be displayed in the area in recognition of their support.

Any schools who would like to be part of this scheme are encouraged to get in touch with the council to express their interest by emailing [office@weymouthtowncouncil.gov.uk](mailto:office@weymouthtowncouncil.gov.uk).

Kate Wheller, Councillor for Weymouth Town Council said:

'We understand what a difficult and uncertain year it's been for children, particularly those starting school for the first time. We want this area to be somewhere children can feel is their own and a symbol of our support for the wellbeing of children and young people.'

The trees are native species, such as oak and hawthorn. When fully grown they will provide shelter and a year-round food supply for our local wildlife, producing spring blossom for bees, leaves for caterpillars in the summer and acorns and berries for birds and small mammals in the autumn. They will also help mitigate climate change and can reduce air pollution.

Dorset Council has expressed strong support for this scheme that engages young children in the need to conserve, protect and enhance our environment. Dorset Council is also keen to encourage and support other Town or Parish Councils that may be considering similar initiatives.



## Virtual Art Exhibition

We are delighted to announce the launch of the Creative Coverage virtual exhibition, which features the work of prominent Dorset artists Miranda Pender from Sherborne and Sally Pinhey from Weymouth. The exhibition runs until May 18, 2021.



[www.creativecoverage.co.uk/artist-news/virtual-exhibition](http://www.creativecoverage.co.uk/artist-news/virtual-exhibition)

For the most user-friendly experience do read the catalogue first.

Creative Coverage, 49 Church Close, Locks Heath, Southampton, Hampshire SO31 6LR. Tel. +44 (0)1489 808621 [www.creativecoverage.co.uk](http://www.creativecoverage.co.uk)

## Council approves sixteenth grant to local groups in the past year

Weymouth Town Council's Finance & Governance Committee has approved its sixteenth grant to local groups, taking the amount of funding approved to nearly £30,000.

The town council have grants available for community, voluntary or charitable organisations to support their work in the community. Eligible groups can use the grants for a range of purposes, including funding new projects, buying necessary equipment, events, or training.

The latest grant was awarded to Greenhill Bowling Club to help with refurbishment works.

Cllr David Gray, Chair of the Finance & Governance Committee, said:

'Huge congratulations to Greenhill Bowling Club, we hope the extra funding helps provide top class facilities for the clubs players and visitors to the area. Can there be a bowling club with a better view in the whole of England?'

'We are proud to have now allocated sixteen grants in the past year to local groups, totalling over £26,000. I hope more local groups will apply to the

grant pot of £50,000 that launches in April this year. The process is simple and the funding available quickly. It could be a lifeline for local groups looking to start up again after Covid, when it's safe for them to do so.'

'The form itself is easy to fill in and our staff can help with this. Groups can access up to £2,000 for a project and we hope to see many groups applying in the coming months.'

Information on the Council's grants can be found on the Council's website at: [www.weymouthtowncouncil.gov.uk/grants-available-for-local-organisations/](http://www.weymouthtowncouncil.gov.uk/grants-available-for-local-organisations/)

## Weldmar Hospicecare to launch brand new care service

Weldmar Hospicecare is launching 'Weldmar at Home', a new service described as the local charity's biggest ever development in patient care, and has launched a major fundraising appeal to help finance it.

Working in partnership with Weldmar Community Nurses, the Weldmar at Home team will ensure that care is available in the home, when it is needed, to provide hands on nursing care and support to patients, regardless of diagnosis, who wish to be in their own home for the final days of their life.

To meet these wishes, individualised care packages are often required, and sadly there is frequently a shortage of carers available to provide a reliable and consistent service at short notice. Demand is rising too, as last year alone

46% of Weldmar patients wanted this care, an increase of 11%.

Caroline Sweetland, Director of Nursing at Weldmar Hospicecare, says, "When patients are living with a terminal diagnosis, they need the reassurance that no matter where or how they want to receive care and support, it will be available. Patients often require rapid specialist assessments and appropriate care packages being implemented within hours. For some patients this has been taking days, or even weeks, which just simply is not acceptable. The Covid-19 pandemic has made this even worse. Many of our patients don't have the time to wait for a full package of care to be in place. In the meantime, if their health deteriorates rapidly, they are admitted to hospital instead of being able to stay in their own home. This can hopefully be avoided if an appropriate and necessary care package can be put in place quickly.

"We provide hands on care to the patients when they are in our Inpatient Unit. Now that we are finding that many people would prefer to stay at home to die, we want to be able to extend this hands on care there too, especially in the last few weeks when it can be so tiring for families."

"We continue to work closely with a number of other health care agencies in Dorset to fulfill our patients' wishes, but we want to be able to ensure that every patient who wants to die at home receives the level of care that they deserve, provided by a char-

*Continued on page 21*

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# Becky BLAKE

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# Thursday 6th May

ity that they already trust, respect and feel comfortable with." A major fundraising appeal has been launched today by Weldmar Hospice-care to fund the new service and a team of Health Care Assistants, and donations can be made securely and easily at [weld-hospice.org.uk](http://weld-hospice.org.uk).

## Friends of 106

### Weymouth College's Adult Education Centre

#### Message from the Centre Manager

Hello hope you're keeping well and enjoying the lovely sunshine. Spring has arrived!

Courses are running again in the centre in a COVID secure environment. A large number of students continued with their studies online but I know that didn't suit everyone. Some of you preferred it to attending classes, however some may have felt disillusioned and couldn't cope which is completely understandable, after all you enrolled for a tutor led course. If you gave up and didn't complete your course DO please get in contact and we can support you with workshops or 1-1 support at the centre with a tutor. It's a horrible feeling giving up on something that you feel that you could have achieved. I know

from experience. On a brighter note we can meet friends and family now in small groups outdoors which is great. Take care and keep well Julie

### Course Provision to Aug 21

We are offering the following intensive courses. English L1 and ICT L1 achieved in 2 weeks  
· English starts on 28 June  
· ICT starts on 15 July.  
Great courses if you have skills, not enough time to commit to a long course but would like the accreditation. Limited places so contact us

### Maths L2

We are offering the opportunity to fast track to achieve a qualification. We are holding 2 sessions for people with skills to book a place in the centre to complete a practice exam paper. We will offer workshops to study areas for improvement to get you exam ready! Places are limited so get in touch now! Tel 759683

### CV versus Application Form

Most jobs ask you to apply by application form. Why do some employers insist on this? Well, if I was an employer, I definitely would! For a start, it's a test of enthusiasm for the job – who's willing to make the effort to fill one in? Only really keen candidates! Secondly, it creates a level playing field, getting all the information as the employer wants it. Finally, it does away with the need for a cover letter – nearly all ap-

plications have a section 'why should we employ you?' Your chance to sell yourself and say how your skills and experience make you the perfect candidate for the job. There is an art to this, so if you ever want any help, just email us!

### Exam Certificates

Please note processing times have been delayed due to Covid. Certificates will be posted out first class from the main college site to addresses held on the system for you. College liability ends with posting. It is the responsibility of students to inform us of any change of address etc.

Julie Ellis - 106 Manager

## Weymouth plans for public meeting

Following the success of the Annual Town Assembly (ATA), Weymouth Town Council now look forward to the next public town meeting. It is hoped this will be able to take place in September this year.

While the ATA which took place on Wednesday 17 March had to be held virtually due to the current national restrictions, the council aim to hold the next meeting face-to-face, if it is safe to do so.

Councillors spoke openly at the ATA about the challenges of running a new town council through the pandemic and meeting the needs of local people. They spoke about the work of

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the council over the last year, including day to day responsibilities such as keeping the public toilets open and clean, maintaining the parks, beach and other public spaces, which have been so vital for many in the community during the pandemic.

Residents also heard about some of the major projects that the Town Council is leading on such as Tumble-down Farm, the £1.4m revamp of Radipole Park and Gardens, the new skate park, pump track and parkour area at The Marsh and the 654 trees that have been planted in the last year.

Residents submitted 20 questions ahead of the event, which were all answered by councillors during the livestream. The video also received over 130 comments, which councillors were reviewing and answering where possible on the night. In total the livestream received over 700 engagements and reached over 2,000 people during and since the recording.

Topics covered on the night included an update on the Weymouth Neighbourhood Plan, income generation to keep the precept low, the short-term plan to help Weymouth recover after coronavirus and what support will be available to communities and local businesses.

If you haven't seen the video and would like to see Weymouth councillors discussing these topics and other questions raised by the public, you can watch a recording of the meeting here: [www.facebook.com/WeymouthWTC/videos/270900147900817](https://www.facebook.com/WeymouthWTC/videos/270900147900817)

Cllr Graham Winter, Mayor of Weymouth Town Council, said:

'We're delighted with the success of the ATA and want to thank all those

residents who got involved by asking questions, commenting during the meeting, or simply tuning in to hear from councillors.'

'We really value hearing the thoughts of the community and getting the chance to answer their questions directly and we hope to build on this and make the next public meeting the most engaging yet. If possible, we'll offer residents a range of ways to get involved to make the meeting accessible to as many people as possible.'

More information about the next ATA will be released nearer the time should restrictions allow. Sign up to receive the council's newsletter to keep up to date with the latest news from the town council. <http://eepurl.com/hjapZL>

### King's Statue toilets refurbished after storm damage

**The underground toilets at the King's Statue in Weymouth have been refurbished following extensive storm damage last year and will reopen to the public soon.**

Weymouth Town Council has overseen works to repair and refurbish the toilets after severe flooding in September 2020 caused damage, making them unusable. Efforts to get the toilets ready to reopen have included clearing the debris from the damage and replacing or repairing broken flooring, doors and skirting where needed.

The council has taken the opportunity to make improvements to the toilets

*Continued on page 23*

## Claiming against an uninsured or untraced Driver



### Other driver uninsured or driven off but left you injured? You may still have a claim.

It's the road user's worst nightmare – you're involved in an accident that isn't your fault, only to find that the other driver isn't insured or, worse, has driven off without providing their details.

It is in these circumstances that the Motor Insurer's Bureau ('MIB') may step in.

The MIB is a non-profit-making company set up by motor insurers. It enters into agreements with the UK Government to compensate victims of motor accidents in such circumstances; funded by contributions from insurers underwriting compulsory motor insurance - required under The Road Traffic Act 1988.

By working with the police to identify uninsured drivers for prosecution, the MIB promotes safety for all accident victims who are not at fault, including pedestrians and cyclists.

**Eligibility** - If your claim is eligible and you follow the correct process (outlined below), compensation can be available for pain, suffering and loss of amenity caused by injuries sustained, financial losses suffered (for example a loss of earnings) and for the loss of or damage to any property involved in the accident, including a vehicle.

The most important thing to remember in relation to eligibility is that a claim must be brought for personal injury, assuming that in most cases like this some sort of injury will have been caused, within 3 years of the date of accident. After this time you will not be able to bring the claim.

**Process** - In order to make a claim to the MIB, important steps need to be taken early and without delay.

If you are driving, always report the accident to the police. This must be reported to the police within 24 hours whether the incident involves an uninsured identified driver or an untraced 'hit and run' driver. You should also inform your own insurance company.

If you were not driving a vehicle, but were a pedestrian or cyclist, you should report the accident to the police immediately; any delay could affect your eligibility to make a claim.

Once eligibility has been established, a Claim Form can then be submitted to the MIB, setting out full details of the damage and injury suffered. It is important that this document is complete and accurate in order to ensure that the MIB gives your claim careful consideration. There are deadlines so it is important to act quickly.

The process will be different depending on whether the claim is against an uninsured driver or an untraced driver. Following and understanding the right process will give yourself the best possible chance of having your claim accepted, accessing appropriate treatment or rehabilitation that might assist in your recovery and, ultimately, ending up with a fair sum of for the incident.

Battens personal injury team are able to assist you with the process, leaving you to just concentrate on getting better. For more information contact Kate Golding on 01935 846072 or email [kate.golding@battens.co.uk](mailto:kate.golding@battens.co.uk)



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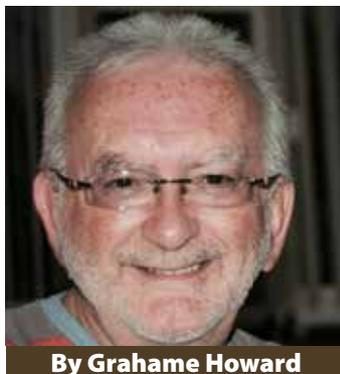
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By Grahame Howard

## Gardening Mania

**You may recall some time ago, I mentioned about having to clean the greenhouse out. Not a job that I relish but obviously, one which has to be done to avoid plant disease and to clear out all of the rubbish that seems to mount up in there - including spiders.**

Well, this task was carried out with all of the military procession that could be mustered, with the CO very much in charge as could be witnessed by all of the instructions she was giving me every few minutes. It was, as I thought, a spider extravaganza. As we cleared out the pots, boxes and dozens of empty lager bottles that the CO had left there over the past year, the spiders were abseiling down their webs either trying to escape, or attack us, I'm not too sure which. There must have been about 5000 of the blighters in there, all with one intention, to take chunks out of our hands.

There was so much screaming coming from inside the greenhouse. The CO told me to shut up, but it was a scary exercise I can tell you. It took me back to when I helped my mum to clear the shed out. Being the perfect son, I offered to help and we were clearing it out in no time at all. Just then, I noticed out the corner of my eye, the biggest rat that I've ever seen - no, not a human being. But the grey, furry type. It just sat staring at me. In fright, I jumped into my mum's arms, which was quite a shock to her as I was 32 at the time. It was a scary thing.

Anyway, to continue, we had pots all over the patio, nearly all filled with spiders. It was like a scene out of a horror movie with these black monsters running everywhere, mostly towards me. I thought Charlie, our dog would help me but he was too tired and all Henry wanted to do was sit watching the excitement wondering what to do next.

It took ages to clear it out and then we had to clean all of the algae and moss that had grown all over the glass and the CO directed that new clips were needed on the panes because some of them had become rusty. With the mission accomplished, it was time for the highlight of the whole exercise, the firework thingy that is lit inside of the greenhouse to clear out all the bugs that had taken up residence in there, waiting for the next selection of cucumbers and tomatoes that they could munch. What a let down that

was, we lit it, well the CO did because it was quite a technical and dangerous thing to do, I was told. The firework flared up for about 5 seconds, leaving a little smoke inside and then disappeared. We had to leave the door and window closed (I made sure that the CO was outside first - temptation ha ha) for a two hour period and then it was ok to re-enter. I can't for the life of me believe that it served any purpose, but it was the CO's money so I wasn't too worried.

The next day, my instructions were to buy some seed that would be suitable for greenhouse growing and, get gardening. Which I did, and I must admit that it was quite pleasurable to do so. I now have, tomatoes, cucumbers, peppers coming through, and a selection of flowers, dwarf beans and my project for the season - some cacti. I have found a fresh love for the garden and this is the new me.

Of course, the CO is totally in charge of the garden, I am just the gardener; rather like Lady Chatterley's lover, I suppose. The CO has just given me one of her looks as I mentioned this. She was also making a snorting sound as she did this. I will not let this bother me. I'm used to all of these comments. I know what she really thinks as she scurries around me, adoringly, imagining that I am more like Rudolph Valentino to her. I mentioned this and she burst out laughing and said she agreed, after all he died ages ago. Charming.

Anyway, back to gardening, why is it that Charlie always does his business on our grass when I've cut it? The other day, I had done Poo Patrol prior to cutting our grass and as I looked at my handiwork when I had finished, I found a pile of his delight in the middle of the lawn. Why does he do that? The CO says it's because it is nice and short and inviting, and it's more convenient for him. Well it might be, but does that mean that everyone else will bring their dogs round to soil my grass?

When you think about it, in this day and age of advanced technology and all that, you would have thought that someone would have been able to train a dog to clear up its own mess, don't you agree? They get away with murder. We feed them, walk them, give them treats and what do they do in return, poo all over our grass. It's not on. Also I also thought that cats were prone to do their business in someone else's garden, not Henry, he prefers to go to our wildlife section at the bottom of the garden, and use that. It really is beyond belief. All the other cats come in as well and do the same. I'm sure Henry is inviting them.

Anyway, rant over, you'll probably hear a lot about my gardening activities over the next month or so. The garden will be so popular that I may open it up to visitors. Well, in a way, I suppose I already have with the cats coming in each day.

Have a great May.

Grahame

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where possible, such as fitting new energy efficient LED lighting. A new electric mainboard was also needed following the water damage. The installation of 14 fans means there will be improved ventilation in the toilets, which will make the inside space safer for use in line with coronavirus advice and guidance.

The funds required for the repairs and refurbishment of the toilets have been met by insurance and the town council's revenue budgets. Local contractors have been used to complete the works, including Turrell Electrical, First Fit Windows and SCR Drainage.

A spokesperson for Weymouth Town Council commented:

'Thanks to all those who have worked hard to get the toilets ready to reopen. We hope this will benefit residents as guidelines change and we're all likely to be spending more time outdoors.'

'We're also hugely grateful to the council's cleansing team, who have worked so hard throughout the pandemic to keep our public toilets clean and safe for use.'

Information about toilet opening times and facilities in Weymouth can be found on the Town Council's website: [www.weymouthtowncouncil.gov.uk/services/toilets/](http://www.weymouthtowncouncil.gov.uk/services/toilets/)

## Have your say on Weymouth's parks and open spaces

**Weymouth Town Council are asking for feedback from residents about parks and open spaces in and around the town.**

The council own and maintain 14 parks and open spaces, including Radipole Park and Gardens, Lodmoor Country Park and the award-winning Greenhill Gardens. As well as promoting biodiversity and protecting wildlife, Weymouth's green spaces are extremely

beneficial for residents and visitors to the town.

There are around 91 hectares of green space in Weymouth and the sport courts and play areas are some of the most frequently used leisure facilities in the town. The spaces are also used by the community for a number of activities and events.

The pandemic has seen an increase in use of public spaces. They have been vital for many local people to get outside, exercise, relax, and generally maintain wellbeing. The gardening team work hard all year round to maintain our gardens, parks and play areas to a high standard.

Residents' feedback gathered from the survey will be used to improve these parks and open spaces to make them even better for the community. It will help the council to plan for the coming year and to understand how our public spaces can best meet the needs of the community.

Cllr David Northam, Chair of the Services Committee said:

'We're looking forward to hearing residents' feedback and hope people will complete this short survey to tell us what they like about our open spaces, but also what we can do to make them even better for the community.'

We know our parks, gardens, play areas and open spaces are hugely valued by the community and have been especially important for many over the last year. In normal times our parks are well used by various community groups and for schemes such as Weymouth Health Walks, which offer residents of all walking abilities the chance to meet and exercise together. Our gardens also play host to a number of events, including smaller scale community fairs and fundraising events.'

Community events and activities in Weymouth's parks and open spaces are all currently postponed or cancelled due to restrictions. The council

hope to be able to facilitate events and activities for the public again when possible and encourage visitors to use the spaces to their full potential.

Complete the survey: [www.survey-monkey.co.uk/r/8SSDGTZ](http://www.survey-monkey.co.uk/r/8SSDGTZ)

You can read the latest Parks newsletter on the Weymouth Town Council website here: [www.weymouthtowncouncil.gov.uk/services/parks-gardens/](http://www.weymouthtowncouncil.gov.uk/services/parks-gardens/)

## Weymouth Town Council respond to Local Plan

**Weymouth Town Council spent almost four hours finalising their position on Dorset Council's Draft Local Plan at an Extraordinary Full Council Meeting on Tuesday 9th March.**

Councillors had produced a summary of the Town Council's positions along with a series of questions for residents. The input from residents will influence Weymouth Town Council's final submission for the Local Plan consultation, which is required by Monday 15th March.

Leader of the Council, Cllr David Harris, was delighted with the response which a number of residents contributed to:

'It was really good to see so many people taking part and contributing their views. Fortunately, the vast majority of them felt that the council was on the right track and they supported the line we were taking. Officers and fellow councillors ensured that the meeting ran smoothly and at the end of this

epic meeting, Weymouth Town Council passed a resolution asking Dorset Council to involve them much more fully in the next steps as they have a lot of useful local knowledge to share.'

The second half of the meeting was led by Cllr David Northam, who had been working on completing the detailed consultation form following on from two meetings which councillors had already attended on the subject. Cllr Northam commented, 'The hard work was well worth it as we have a very strong response to send to Dorset Council. We are looking forward to working with them to help clarify some of the anomalies that were present in the plan as they affect this marvellous town. Our strap line is 'Local Jobs and Local Homes for Local people.'

The council focused on affordability of homes, the need for more employment land in the South Ridgeway conurbation (Weymouth, Chickereil and Portland), ensuring that homes built are for primary residence and not for second homes or letting, and making sure that the plan must reflect the environmental statements it made at one point but generally ignored in its main policies; the council believe the coronavirus pandemic and the Climate and Ecological Emergency should be making us radically rethink our approach.

Both councillors expressed their thanks to officers, fellow councillors, and residents for making the meeting such a success and hope that Dorset Council will respond favourably to their positive suggestions as a town.

## How do you say that?

**Recently everybody seems to have got very empathetic. It's certainly a nice word, and it actually means that you feel something that another person is feeling.**

It's not a considered response, it's a visceral reaction. You could have an empathetic yawn or an empathetic scratch; more seriously, you can feel empathetic fear when you watch someone else's daredevil stunts, or empathetic grief for a friend's sorrow. In the 1970s 'empathy' was much in use in science fiction, where it was taken to mean telepathic abilities with a direct link to another person's emotions and sensations. You can't 'show' empathy, it is overwhelming.

Sympathy seems to have taken a back seat, although most of us would still send a 'Sympathy' card for a bereavement. Sympathy started out meaning 'with feeling'. We have a sympathetic nervous system, although the sympathy involved is not immediately evident! It is the excitable nervous system, the fight or flight response. (The parasympathetic nervous system is its comfort-loving, laid-back other half.) Sympathy is (or should be) thoughtful. It is our way of connecting with others without literally feeling their pain. When we show sympathy we are saying that we care. We believe we can understand some of what they are feeling and have compassion, perhaps even help.

In a tight spot, sympathy is much more valuable than empathy.

GS



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