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Issue No 396 April 2024



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*Front cover: The levels are changing so must we, Weymouth Esplanade*  
*Photo: Iain Ross*

### Preston Village Market Saturday 13th April, St Andrew's Church Rooms Church Road DT3 6BU. 10am - 12.20pm.

This is our Spring Market and we will have our usual high quality of goods for sale including many varied cards and crafts. There will also be beauty products and much more. Now is the time to plant up your garden, so browse our plant stall. Delicious refreshments will be available.

This time we are raising funds for: Medical Detection Dogs - A charity that trains dogs to detect disease and save lives and St Andrew's Church Fund.

Entrance to market free but donations to our chosen charities would be gratefully received.

### Weymouth Bay Medical Practice

**The GP partners of Dorchester Road Surgery and Royal Crescent & Preston Road Practice are pleased to announce preparations for the merger in April 2024 are progressing well.**

The Practice will be called Weymouth Bay Medical Practice, with 3 surgeries at Royal Crescent Surgery, Preston Road Surgery and Dorchester Road Surgery, who will retain their individual surgery names.

Contracts will merge in April and the clinical systems will merge in May. Patients will continue to see their usual GP at their usual surgery.

Joining forces offers many benefits to patients and practices alike. As a bigger organisation we will be able to offer the combined skills within our GP and nursing teams to the patients of both practices.

We also hope to be more attractive to recruiting new clinicians, making us more sustainable. For more information and to see our frequently asked questions, visit: [www.royalcrecentsurgery.co.uk](http://www.royalcrecentsurgery.co.uk)

### Sutton Poyntz Village WI

**It was yet another meeting where we come to appreciate anew this beautiful part of Dorset. Our speaker, Steve Groves is the Swanherd at the Swannery at Abbotsbury situated on the longest tidal lagoon in the UK.**

We heard how the Swannery, the only managed swannery in the world, has been there for eleven centuries. First established by the Benedictine Monks close to their Monastery as a source of food, however following the dissolution of the monasteries in the 1500s the site was bought by the Strangways family and it has remained in their ownership through the generations and is currently owned by Mrs Charlotte Townshend.

Over 1,000 mainly Mute swans, congregate there with them mainly paired for life, they nest and produce hundreds of signets each year. The Fleet Lagoon provides them with a fresh water site with a plentiful supply of their favourite Eel Grass and each year they are gathered, weighed and ringed and their health monitored. The site, a popular destination offers visitors the chance to feed and walk amongst the swans.

Steve is an excellent speaker, demonstrating the depth of his knowledge and a passion for the work he does. Members had lots of

## News

### Preston and Sutton Poyntz Councillor News

**Firstly I'd like to congratulate Pete Dickenson on taking up his seat on Dorset council. Unfortunately, he had to give up his lollipop man position which I know saddens him greatly. He has offered to carry on doing it for free or employed by the school and this is an issue we are perusing.**

I'd like to thank everyone who came to our packed out residents meeting in Preston village hall to rally against the neighbourhood plan. We are awaiting the results of the land round of consultation, but nothing will take place before the 2nd May council elections. We also updated residents on the upcoming talks between us and First bus for a new bus route for Sutton Poyntz and other parts of Pr Bridge Inn lane and shortly Marley close and we continue to push for more on roads such as Sutton Road, Cedar drive and others. No stopping restrictions have now been put in by the Oasis Café and no overnight parking time along

Bowleaze have been taken down from 11.00pm to 10.00pm at residents request with our lobbying efforts. We reported blocked drains along Winslow road and Budmouth Avenue that should now have been jetted.

There was an issue of crime and thefts against a number of properties and cars in Sutton Poyntz. Myself and Cllr Joanna Dickenson spoke directly with residents on the matter and took it up with the police directly.

Our next residents meeting is 29th April Preston village hall at 7.00pm please come along to ask questions or get an update. This will likely be the last report prior to the 2nd May council elections. Whatever the results it has been honour to serve the people of Preston and Sutton Poyntz and I thank you all for your support, kindness and courtesy over the past 5 years.

Please feel free to get in touch with any issues Cllr Louie O'Leary on behalf of the Preston and Sutton Poyntz councillor team. 07809905412 [cllrlouieoleary@dorsetcouncil.gov.uk](mailto:cllrlouieoleary@dorsetcouncil.gov.uk)



Sutton Poyntz Village WI

questions and we agreed that we should have Steve back another time to tell us more!

Since our last meeting we have celebrated our 37th Birthday by going out for a very good meal at Weymouth Golf Club. The setting, the service and the delicious food all contributed to a successful happy occasion.

We spent the rest of the March meeting catching up on WI matters and preparing for our AGM and discussing future plans for walks and theatre trips.

## Overcombe WI

**Around sixty members and two guests, many wearing a bit of bling to suit the occasion, met on a very wet and windy evening and listened to the delightful Grace Loveless.**

Grace is a wonderful opera singer with an extremely interesting career. Her mother realised when Grace was very young what a beautiful voice she has, but Grace at that age was not interested in pursuing a career in music and the theatre.

Grace went to university, studied Latin and Greek and started work in PR, not really knowing what that involved. Many years later she had a 'light bulb' moment, and her singing career then took off. Grace, full of energy (she's also a triathlete and iron man participant) amused us greatly with her stories. She sang an aria, sang a piece with several members joining in and finished the evening leading us in singing Jerusalem. I can't remember a time we have all laughed out loud so much. A great evening.

Four boxes of Easter eggs and a full bag of other gifts were gratefully received and subsequently delivered to the food bank who are always pleased to see us with our donations.

Next month is our General Meet-

ing and the start of another busy fun filled year.

Jackie Greet  
President

## A new native hedge for Wyke Square

**When the fence at the back of Lymes Close started to look like it had seen better days The Wyke Society asked the Council Parks Department if they knew who was responsible for the repair. It seems it was the responsibility of the residents.**

The Wyke Society along with the support of Cllr Helen Toft came up with a plan to plant a small native hedge along the boundary of the Little Green and the small private car park. This was felt to be a good proposition for the environment and wildlife. It would also enhance the area. Parks Dept were happy to help with this project and offered native saplings from the Woodland Trust and also helped by taking off the top turf to make the area weed free.

The Little green off Wyke Square is well used by the community and dog walkers. It is a green oasis. Cllr Helen Toft has always been a leader in campaigning to preserve our small green sites and has supported the Wyke Society in this project from the start. It was a very wet day mid-February when we all got together to plant ninety native saplings along the boundary fence. The Council Parks Department will give them a good mulch. They have certainly been well watered in. At this time when we hear of so many hedges being scrubbed out in the area it is nice to know that we have made a difference together.

The next project for the area is to purchase some bird boxes to go in the mature trees. Part of the Green will be left wild in the summer so

the bees and insects can enjoy the flowers and hopefully the new hedge.

If you are interested in looking after this lovely area we call Wyke Regis please contact The Wyke Society at [georgina.s.skipper@gmail.com](mailto:georgina.s.skipper@gmail.com)

## Wyke Regis WI

**A last minute reminder that the Institute's Spring Fayre will be held on Thursday 21st March in the WI hall, Gallwey Road from 10.30am - 1.00pm. As well as stalls and a grand tombola, lunch is available - soup, roll, apple pie and cream and tea or coffee (gluten free available). All this for £5!**

The last monthly meeting was informative and provided lots of fun and laughter. Sue, from Snook the Hatters of Bridport brought along a very large collection of hats which included 'stingy brim' trilbies, fedoras, pork pie, bowler, Tilley, pith helmets, cloches, fascinators and many more. Each hat was described and then Sue passed the hats around the 61 members present to the pleasure and amusement of all.

To conclude the centenary year of the Institute, an Open Day will be held on Saturday, 20th April from 10.00am-4.00pm displaying

events from the centenary year and highlighting what the many interest groups have to offer. An opportunity to find out more about the WI. Tea and coffee available. Wyke Regis WI have scrapbooks covering the 100 years of the Institute.

## Wyke Regis Horticultural Society

**The Trading Post near the top of Rylands Lane, DT4 9PY, is open on Saturdays 9.30am - 12.30pm and Wednesdays 2.00pm - 4.00pm.**

Membership subscriptions fall due at the end of March and can be renewed by visiting the Trading Post during trading hours. It is only £10 a year. If you would like to join, simply come to the Trading Post and complete a GDPR form and pay £10.

There will be an Evening Talk by Caps Browning Smith on the Gardens at Hardy's Cottage and Max Gate on Tuesday 9th April at 7.00pm. This will be followed by a soup and dessert supper. Tickets are £7.50 each, non members welcome. Booking essential.

For more information email en-

*Continued on page 6*

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## Website checks to clean up e-commerce

**Dorset Council Trading Standards have helped with national checks on websites for businesses offering renovation and repair work. The checks found that nationally, the vast majority of websites for these trade types, don't comply with the law.**

97% of 184 websites did not comply with relevant consumer protection law.

85% of websites did not comply with three or more laws.

14% failed to comply with six or more laws.

The Trading Standards profession is concerned that this lack of basic information, such as business contact details, may make it much harder for people to get things put right, or get a refund if things go wrong.

The checks also found websites failing to display company registration numbers. A registration number provides potential buyers with more certainty around the legitimacy of a company. This

is even more important given that copycat and scam websites can exist.

Most businesses checked also failed to mention whether cancellation rights existed. Such omissions can potentially turn customers away, affecting a business' reputation and profits.

This year the national checks focussed on the Home Maintenance Sector. Businesses of all sizes were included in the check; small and large, local and national. Websites were checked for electricians, general builders, plumbers, window companies and gardeners.

The focus was on these trade groups first because they are the types of traders that Trading Standards continue to receive complaints about. Typically, that involves work carried out to a poor standard, unnecessary or excessively priced.

Dorset Council Trading Standards offer free business advice to businesses based in our area. If you'd like more information, then visit [www.businesscompanion.info](http://www.businesscompanion.info) or call a business advisor on 01305 224702.

If you've concerns about a business or would like advice on your consumer rights, then visit the

Citizens Advice consumer helpline at [citizensadvice.org.uk/consumer](http://citizensadvice.org.uk/consumer) or phone 0808 2231133.

## Wellworthy Bowls Club Dumbarton Road, Wyke Regis DT4 9BY

Saturday Open Mornings

10.00am to 12.00 noon from 13th April 2024.

Have you ever thought about trying your hand at Bowls?

Even if you haven't, why not come along and give it a go?

Wellworthy has 3 full-size Outdoor Bowls rinks on an all weather playing surface and another two full size Indoor Bowls rinks on a smooth carpet upstairs. For ease of access Indoors, we even have a stairlift for those who may have difficulty climbing the stairs.

And we are the only Bowls Club in the Weymouth & Portland area who have both indoor and outdoor bowling facilities, so whatever the weather, you can come along any Saturday morning from 13th April and have a go! A range of bowls and flat soled shoes will be provided.

If you have any questions or can't make it on a Saturday morning, please contact Dave or Jenny Clark on 01305 774348.

## Free community events announced for 2024

**Weymouth Town Council is organising a number of free community events to bring people together in the town, with the first one in Littlemoor on Wednesday 3rd April.**

Littlemoor Springtime Community Day is the first of four free community events that Weymouth Town Council is organising this year. The event will be held at Littlemoor Top Club, Louviers Road between 11.00am and 2.00pm during the school holidays on Wednesday 3rd April.

There will be arts and crafts for children along with a children's ride and games. Houseworks Dorset CIC will be bringing their photographic exhibition, 'My Place, My Space' to the event. They are a community engagement service supporting families, young people and adults to thrive through creative practices, workshops and events.

Top Club's Cafe will also be open for refreshments during the event and there will be information stands and activities for all the family to enjoy.

Chair of Environment and Services Committee, Cllr Ryan Hope said: "Weymouth Town Council

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is bringing back its range of free community events for families and residents to enjoy this spring and summer.

'It's great to be able to provide these events for children and their families and we look forward to welcoming everyone at the first event this April. No need to book, just turn up on the day and enjoy the free activities.'

There will be two more free community events this summer on Tuesday 6th August at Links Road, Westham and Wednesday 28th August at Wyke Gardens, Portland Road. A further event in the autumn will also take place and the Town Council will announce further details in due course.

## 80th anniversary of D-Day

**A raft of exciting plans to commemorate the 80th anniversary of D-Day in Weymouth was discussed at Environment and Services Committee on Wednesday 6th March.**

Weymouth Town Council has allocated £5,000 towards various activities to run on Thursday 6th June to mark the 80th anniversary and is also working with Portland Town Council and Dorset Council to coordinate several events that will make Weymouth and Portland a focal point for people to come to and enjoy this once in a generation occasion.

Events agreed by the committee include working with the Nothe Fort to host two early evening sessions where access to the fort is free for the local community. These sessions can accommodate up to 400 visitors at one time and will feature a D-Day exhibition, entertainment and potential talks or workshops. A ticketed beacon lighting event for dignitaries will also take place with 100 tickets made available to the public.

A 1940s-themed van would also serve up portions of the seaside classic fish and chips at the Nothe, and the Town Council is exploring whether some portions could be provided for free. This activity has been chosen to tie in with National Fish and Chip Day which has been moved to June 6th this year to coincide with the D-Day anniversary.

A bid for a RAF flypast has been submitted by Group Captain RAF (Retd) R J Tripp on behalf of Weymouth and Portland to mark the 80th anniversary of D-Day. If the bid is successful, the flypast will be visible across the Isle of Port-

land and Weymouth Bay at approximately 11am on the 6th, but is weather dependent and subject to national commitments.

The Nothe Fort is also developing an exhibition highlighting the human cost of D-Day, designed to be family-friendly. The story will be conveyed through models, video presentations, newspaper reports, voice recordings of residents' stories, and images from Weymouth Museum.

A possible static display of military vehicles either on Weymouth's seafront or at the fort to showcase some of the vehicles that are normally involved in the Town Council's Armed Forces Weekend event. If the vehicles are available this will be free to visit and take photos.

A local Weymouth Punch and Judy operator will also be designing a WWII / D-Day themed show, which will be free to watch on the seafront in its regular location.

Cllr Ryan Hope, Chair of Environment and Services Committee, said: 'Weymouth is set to be the place to be for people wishing to commemorate the 80th anniversary of D-Day. We're proud to be able to support our Armed Forces community by putting on a wide range of events to honour them, and also attract visitors to the town who might even view Weymouth differently when confronted with its rich military history. These events are in addition to our annual Armed Forces Weekend which takes place over the weekend of June 22nd and 23rd.' Cllr Christine James, Weymouth Town Council's Armed Forces Covenant Champion, added: 'Weymouth's historical connection with D-Day has been well documented and so it's fitting that the town will become a focal point for those wishing to reflect on the past while also learning more about what happened in the run up to D-Day. Thousands of troops prepared to disembark from Weymouth harbour to play their part in one of the biggest military operations in history, and 80 years on, it is still just as important to remember the sacrifices they made.'

## Sunflower event at Maiden Castle Farm supports hospital for third year

**The amazing team at Maiden Castle Farm have done Dorset County Hospital proud for the third year running.**

Hazel Hoskin and the family have

raised £15,400 for the Special Care Baby Unit (SCBU) at Dorset County Hospital from their Sunflower Trail last summer. This brings the total for the three sunflower events since 2021 to nearly £47,000.

Hazel visited the hospital recently to present her cheque to staff from the SCBU, many of whom she knows personally from when her oldest son, Thomas, was treated there when he was a baby.

SCBU Matron Debora Pascoal Horta said,

'We are so grateful to Hazel and her family for this amazing donation – one of the ideas is to use the money to help refurbish the family rooms on the unit. We want to create an ensuite bathroom so that families staying overnight with their children have access to private facilities – this would make a real difference to them at a very difficult time.'

Simon Pearson, Head of Charity at Dorset County Hospital said,

'This significant donation is the result of months of hard work by Hazel and everyone at Maiden Castle Farm for which we are extremely grateful. We would also like to extend our thanks to everyone who visited the Dorset Sunflower Trail, and to Dorchester Town Council and all the local businesses who also contributed to the success of this event.'

Last year's sunflower trails were breathtaking, and many thousands of people had the opportunity to stroll around and enjoy the beautiful walks through the sunflower fields. Hazel is already planning this year's sunflower spectacular – more information will follow, but the event will be in aid of the DCH Charity Emergency and Critical Care Appeal, which is raising £2.5million to enhance the new Emergency and Critical Care Unit shortly to begin construction on the Dorset County Hospital site.

For more information about the Appeal visit: [www.dchcharity.org.uk](http://www.dchcharity.org.uk) or email [charity@dchft.nhs.uk](mailto:charity@dchft.nhs.uk)

## Hundreds of trees planted at Tumbledown

**It's been a hive of activity at Tumbledown over the last week after hundreds of trees have been planted ahead of the spring season. So far volunteers and groups have planted over 350 trees.**

Tumbledown have welcomed over 50 volunteers to help plant trees including children from Southill Primary School, Westfield School, Weymouth College and The Lantern Trust.

Chair of Environment and Services Committee, Cllr Ryan Hope says: 'It's great to see so many people getting involved and volunteering in the recent tree planting events at Tumbledown. Planting more trees is great for people, planet, and the wildlife they will one day support, and supports Weymouth Town Council's commitment to tackling climate change.'

'If you would like to get involved in planting more trees at Tumbledown, we are looking to welcome more people into this great community space to help out over the next few weeks.'

Fancy volunteering some time to plant some trees or learning new skills in a friendly and supportive environment?

Get in touch with Tumbledown Site Manager Alan Chambers 07799 237 629 or keep an eye out on the Tumbledown Group to find out more.

## Nominations to light up the Town's Jubilee Clock agreed

**Weymouth Town Council asked people to nominate local charities they would like to see recognised by the Jubilee Clock light up scheme, and the response was amazing with over**

*Continued on page 8*



Sunflower event at Maiden Castle Farm supports hospital for third year

## 100 nominations received.

After considering nominations from the public, the follow charities have been chosen for 2024:

March – Dark Blue for Weymouth Street Pastors, 29th - 31st March

April – Green for Weymouth Samaritans, 19th – 22nd April

May – Orange for Repair Café, 10th-12th May

June – Red, White and Blue for the 80th anniversary of D-Day, 6th June

July – Blue for MV Freedom, 19th – 22nd July

August – Blue for The Will Macka-

ness Charity, 5th – 8th August  
September – Blue for the Alzheimer's Society, 20th – 23rd September

October – Green for The Nothe Fort, 25th-28th October

November – Red for the Royal British Legion, 7th– 11th November

December – Yellow, Red and Blue for The Salvation Army, 7th – 9th December

Mayor, Cllr Kate Wheller said: 'I was delighted to have been involved in the decision making of which charities and groups will be lit up by the clock this year. We have

some amazing charities and communities that will be recognised throughout 2024 by the Jubilee Clock. It's an outstanding tourist attraction in Weymouth which many people like to photograph, so by lighting it in different colours we hope it will raise awareness about the work of these organisations. Weymouth Town Council will also light the clock red, white and blue on June 6 to commemorate the 80th anniversary since the D-Day landings.'

Girlguiding are the first charity to be featured, Jane Macleod said: 'Through fun, friendships, challenge and adventure, Girlguiding inspires girls to discover and become their best. The lighting of the Weymouth Jubilee Clock in blue is a celebration of all the girls, young women and adults who are members and volunteers with the national charity. Girlguiding is going strong, and all units/groups enable girls to have new opportunities and experiences.'

## Royal Manor Theatre

**Another pantomime in the bag, with no broken legs, despite the constant refrain promising such, and we couldn't have had a more fabulous reaction from the good folk of Portland and**

## beyond.

We are always humbled in front of our audience and more so in the love we feel from you all. Thank you from all our hearts, we do it for you all.

Finally, thank you to all our volunteers, actors, front of house staff and creatives whom without their commitment and talent, none of this would be possible.

One of our regular panto cast members, Sean Phelps, is going to be rowing the Atlantic for charity. He is a great guy, and deserves all our support in helping struggling veterans & bereaved service kids. Support him and his two fellow crew at their Go Fund Me <https://www.gofundme.com/f/oceanseliterow>

On March 15th we welcome another wonderful ArtsReach booking. Originally commissioned by BFI, Jason Singh's critically acclaimed, and totally unique solo score combines live vocal sound effects, beatboxing techniques and live sampling to create a thrilling cinematic experience. Featured on Kermode uncut, and with widespread acclaim The Fleet: Drifters (1929) live & Seiners (premiere) performed by Jason Singh will be at the Theatre on the 15th

Continued on page 12

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**More than once this column has mentioned that many years ago I was a keen runner. It is important to note here that the word keen does not imply talented.**

The Dorset Road Race League hold races of varying distances all over the county and at all times of the year usually on a Sunday morning. I entered many of these races, usually accompanied friend Richard, who was equally keen but much quicker than me. The keen and talented runners – including Richard – always stood at the front of the field so as not to have to dodge around slower participants or lose time crossing the start line. By contrast I was always three hundred yards away, right at the back. That way I was not in anyone's way and might, as the morning went on, actually overtake one or two of the slower participants. For instance, those on crutches or pulling a tractor tyre as part of a sponsored charity event. This was, of course, a great morale boost. There's nothing to makes you feel better than passing a huge tyre pulled by someone you know is suffering even worse than you are. Richard would be long gone by this time, but never seemed to mind waiting for me at the finish. In the winter, with no showers or changing facilities the drive home could be cold and muscle stiffening. Until Richard bought a car with state-of-the-art heated front seats. Heaven is a warm backside after a ten-mile run.

When we were out training together – and don't be so surprised that I had to train even to be among the back markers – Richard would take a longer route than me. But as we approached the end, we would both be sprinting as if our lives depended on it. Despite the different distances we had covered, neither of us wanted to be second. But I digress.

In my experience, no matter how steep the hill you have just run or walked up, another longer, steeper hill is certain to be just around the corner. This realisation is easily applied to life in general, and expressed more clearly as 'things only change for the worse'.

The truth of this statement can be illustrated by the report of the traveller who cheerfully arrived in a country where he didn't speak a

word of the language but where he was immediately locked up on suspicion of espionage. This really happened not so long ago to a pigeon that landed in Mumbai with Chinese characters written on a tag around its leg. After about ten months of being kept behind bars on a diet of seed and water the Indian authorities decided it was probably not a spy but a racing pigeon trying to get back to Taiwan. His chances of winning his race were about as high as mine in the old days, and no doubt he would also have enjoyed a lift home sitting on a heated seat.

Then there was the recent story of the Frenchman who spent eight years creating a model of the Eiffel Tower. He built it in sections entirely out of matchsticks, 706,900 of them to be precise. He then assembled the sections to form a structure which a qualified surveyor measured at 7.19 metres high. That's 23 feet 8 inches in proper units. Richard, for that was also his name, then applied to the Guinness Book of Records to claim the world record for an Eiffel Tower built entirely of matchsticks. What could be more exciting?

Sadly, he was told that his application could not be considered because he had used the wrong sort of matchsticks. Apparently, these had to be bought from retail outlets and the incendiary heads then scratched off. Richard – the Frenchman not the runner – had started out doing this but found it too slow so decided to use headless matches bought directly from the manufacturer. Big mistake. It's a good example of the old advice which suggests that you should always read the instructions before starting a job.

Plus, in the case of assembling flat pack furniture, count to check that all the pieces are there. But it's when there is something missing your problems really begin. Contact with the badly named company's Customer 'Helpline' does nothing for your blood pressure. They will insist that the item is not in the parts list so cannot be 'missing'. You insist equally forcefully that it is. They suggest that the only way forward – and remember the bigger hill that always follows a smaller one – is to pack everything up, send it back and they will

issue a replacement. Yeah, right. Trying to get everything back into the box seems impossible. Time to call on another friend of mine – and again don't act surprised that I have two friends. She used to help out at a local charity shop by assembling donated jigsaws. This meant they could put a label on them saying 'complete'. She gets the flatpack items back into the box as neatly as when they first arrived. Off it goes to the manufacturer who replies unusually promptly to say that you haven't returned it all, there's a bit missing. This is the point to pause for your Mindfulness exercises.

My In-house Adviser's response

whenever I suggest that I will tackle a job is to say "Why don't we get a man in to do it". My reply – that she already has a man in to do it, namely me – doesn't seem to carry much weight. She claims past experience has made her doubtful of my abilities. I argue that by the law of averages a job is bound to go right soon, but she merely says someone once told her that following a steep hill there is just another one, even steeper. Cannot think who said that, and more to the point, why they would pass it on to be used against them.



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**By Grahame Howard**

### Changing Rooms

**Well, I survived the awful wound caused by my son's Maine Coon. But never again, next time we go there I'm going to wear the type of long gloves that they wear in Safari Parks. That will avoid the terrible scarring that I now have on my wrist. Still that's life.**

Since we last spoke I have been hard at work changing my office/study around at home. It was the CO's idea - most things are, but it was something that was in need of doing. For the last ten years or so, my desk was away from the window and without a couple of lamps, it was difficult to work. The idea was to move the desk under the window but the thing is, it is huge. It's one of those that fits in a corner curving round to both sides. Being solid beech it was very heavy and it became impossible to negotiate because there was a large bookcase and large cupboard, both made of beech too.

It made sense, or so the CO thought, to empty these large items to make them just that little bit lighter. So we moved everything into the spare bedroom - about twenty thousand books or so (well close anyway). Then the CO came up with the brilliant idea of re-painting the walls and laying carpet tiles down. She's wonderful like that. I agreed, but told her firmly that as it was my room I would choose the colour scheme. She agreed, as long as she liked it. After everything, except the furniture, was moved out I was able to get started.

However, when we moved the large cupboard, we found that there was a large patch of mould on the wall. There is a vent over this, one of those that doesn't close. We assumed that this where the mould had begun. Now, I deliberately told the CO that I would give it a wipe over then paint on top. I did this because I knew she would object to it and want the job doing properly. And because I never do things properly, she attended to this herself. I was over the moon because my plan had

worked, I had finally got one over on the CO - Yay! She did the job and I must admit, it was a good job too. But she did benefit from my skilled advice.

On the third day, I was able to get the painting done. It's only a small room so it didn't take too long; that is until the CO came in and said it needed two coats. Damn! However, I obeyed her request - no, her command and after a short time the painting was done.

The next day was the carpet tiles. This was pretty straight forward and enjoyable. The problem was that I had to keep moving the heavy furniture so that I could lay the tiles. I comforted myself though that the CO would benefit by seeing my rippling muscles, rather like one of the Gladiators on TV.

It looked really nice when I had finished. The walls were done in a dusky cherry matt and this blended in nicely with the beech furniture. The CO had wondered if the choice of paint would be too dark but, when she saw it, she had to agree it was quite appealing. Next, came the job I was dreading, putting all of the stuff back that had been piled into the spare bedroom. This was difficult as the CO had stacked what we needed first at the back of the room making it impossible to reach it without injury.

At this point, I began to advise the CO that when one is storing things, they need to be done systematically. My helpful advice though was cut-short because I received 'the look' from her. If I have learned anything in our 47 years together it is to never ignore 'the look.' People have tried and failed and that includes myself many, many, many times. I remember years ago when I had had gone too far with her. She was painting the ceiling in our old house and I tried to give her the benefit of my experience and she just looked at me and said, 'If you say that one more time, I'll empty this tin of paint over your head.' I just sniggered and said it again, not thinking she would do this. She did and I had white hair and glasses. It's true, ask her. Never ever doubt her word.

Anyway, many black bags later full of things we no longer needed or couldn't find a home for, we were finally finished and I was re-united with my office, albeit, the opposite way around. Am I pleased? Very much so and it was worth the hard work and strained muscles. The only downside is the window. My desk is right in front of it, the

sunny side of the house and I find it difficult to see the MacBook screen. But when the sun is full, I will get a suntan so that's a bonus. I have blinds so I can always close them for a while.

I had just finished this and was enjoying a well earned beer, when the CO cheered me up with the news that, 'the kitchen is next.' There's never a dull moment I have found but, I suppose it is better than being put into a Care Home as she keeps saying she will do if I don't behave myself. Probably, it would be a better option.

Anyway, spare a thought for me, an absolute scholar of a husband and now master of changing rooms around. I'm sure the CO believes this.

See you next time.

Grahame

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of March. Tickets from the website, or from the booking line. These tickets are going fast, so best get them soon, to avoid missing out.

On an unfortunate note, we have had to postpone the performance of Holes for a few months, but stay tuned for details of the new dates. It will be worth the wait!

You may have noticed the scaffolding on the building in the last few months, but fear not!

The theatre isn't in distress, we are only repointing the building and the bad weather has lengthened the time it should have taken, but we should be finished soon.

We are always open for new ideas and local performers, big or small, so drop in, or drop us a line. We are also available for private hire, and with our 120 inch cinema screen alongside a 4k projector, we can entertain all manner of events.

For more information on events at the Royal Manor Theatre, or how you can support us, or book the Theatre, see the website, or email us at [info@royalmanortheatre.co.uk](mailto:info@royalmanortheatre.co.uk) Booking 03336 663 366, or via [ticketsource.co.uk](http://ticketsource.co.uk) (search for royal manor theatre).

## Family History Society

The next meeting of the South Dorset Group of the Somerset & Dorset Family History Society is entitled 'Son of a Spy' and will be given by Mike Randall on Friday 19th April.

This talk was originally scheduled for last October but was postponed due to illness.

The meeting will be at St Aldhelm's Church Centre, Spa Road,

Radipole, DT3 5EW starting at 2.30pm, preceded by tea or coffee. For more information call John on 01305 776008.

## Weymouth Drama Club

First of all thank you for coming to our Pantomime! Dick Whittington was fun for all and we are planning for another panto in January next year.

Just starting in rehearsals is a play by Alan Stockdill called 'Godfrey's Last Stand' a feel good, gentle comedy about a lottery winning cricket umpire. It really makes you think about family, friendship, forgiveness, hopes and dreams.

Later in June, we will be at the Bay Theatre at Weymouth College performing 'Sweet Delilah Swim Club' by the writing trio of Jamie Wooten, Jessie Jones, and Nicholas Hope. It is the story of five unforgettable women - a hilarious and touching comedy about friendships that last forever.

As always, if you would like to get involved with these or other shows we are always looking for new members - have a look at the



Cast members of Weymouth Drama Club's production of Dick Whittington

website. Also if you have youngsters looking to join our junior section we have places in many age groups - again details on the website <https://www.weymouth-dramaclub.com/>.

## Amazing entertainment in Greenhill Gardens

The friends of Greenhill Gardens entertainment team have organised a whole summer season of musical entertainment for performance on the bandstand.

It all starts in June with the following taking part 2.00pm - 4.00pm:

**Sunday 2nd The Originals.**

A fantastic local group with great 60s, 70s and 80s sounds.

**Sunday 9th Singers Neil and Sally**

**Sunday 16th Scandals 21.**

Three amazing guitarists with a mixture of songs.

**Sunday 23rd The Dorset Wrecks.**

A fun afternoon with this great group.

**Sunday 30th 11th hour.**

A band of experienced musicians. Check out our website for up to date information [www.greenhill-gardens.com](http://www.greenhill-gardens.com).

## The Amazing Hawaiian-Themed Spring Quiz

Last few tickets!

Most of the 90 tickets have gone so act now if you want to join in one of the most Popular and fun Quizzes around!

Preston Village Hall, Friday 19th April 2024 at 7.30pm, £12 including light supper.

Subject and general knowledge rounds. A Joker Card for each team doubles points. Maximum team size is six. Come dressed with something Hawaiian (anything goes!).

Contact: Jane Chandler

T: 01305 775829

E: [janechandler123@hotmail.com](mailto:janechandler123@hotmail.com)

A Friends of Greenhill Gardens Event

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## Southill Gardening Club

The club will be holding its next meeting at the Southill Community Centre on Tuesday 16th April at 7.30pm when the speaker will be from the Gardens Group (of which Poundbury Garden Centre is a part).

The title of the talk is 'My Seasonal Shopping Basket' and members and non-members are invited to come along and hear about and discuss garden ideas for the coming months. Refreshments will be available. Further information on this meeting or the club in general can be obtained from Nigel Smith on 01305 788939.

## Weymouth Concert Brass

Weymouth Concert Brass is the town's resident brass band. Formed in 1985 it plays a very active role throughout Weymouth and Portland, supporting a wide variety of local events, concerts, cruise calls

Continued on page 14



# All aboard the train to...

First published in the March 2007 edition of the Register, all details were correct at original time of printing.



Above: Peggy's sisters and step-father, Ted Bray look out of the carriage door, while a friend from the aircraft carrier HMS Victorious sits outside in the sun. June 1948.

**We had a phone call from Mrs Peggy Simpson of Oaklands Park, Warmwell who told me she lived with her family in the railway carriages in Coombe Valley for two or three years, while her step-father Jack Bray, was working for Mr Henry Diment the farmer.**

He later worked for Mr Pashen at Manor Farm, so they moved from the railway carriages to one the cottages at Manor Farm, on the left before the church. Six people lived in the two carriages, four in one and two in the other.

Peggy told me that as soon as they had saved enough money she moved to No 1 Malt Cottage in Puddledock Lane. Her daughter Maureen Hale, who was born at No 1, now lives at No 2 Malt Cottages, which cost a lot more than her mother had originally paid for hers.

The photographs were taken in 1948 and show Peggy with her first husband, Victor Bates, who died at a young age, she was expecting her daughter Kay at the time who was later born in one of

the carriages. Peggy told me how she dug a hole in the bank outside the carriages, lined it with six bricks and with a tin bowl on top would heat the water with coal or wood, so she could boil the nappies.

No mod cons in those days, the toilet was a bucket in the garden; oil lamps provided the lighting and water came from an animal trough, outside supplied from a single water pipe. Cooking was by means of a wood or coal fired range, with a lean-to for washing - life must have been hard, but they still managed to smile for the camera!



Above: Peggy with her first husband Victor sitting in the sun outside one of the carriages in 1948.

## Life in a railway carriage

**The concept of living in a converted railway carriage may appear far-fetched today but in the Twenties and Thirties they were not an unfamiliar sight in the English countryside.**

The earliest use of redundant railway carriages for housing has been traced back 100 years by Anthony King in his book *The Bungalow*.

In those early days a number were converted for use as affordable seaside holiday homes at Shoreham on the south coast. Owning a weekend holiday cottage was an important symbol of social advancement in late Victorian England.

Carriages could be purchased from the Brighton Railway for £10, each towed to the beach and mounted on old railway sleepers. The benefits of creating these instant holiday chalets may be easily appreciated. They were solidly built of best timber well primed and painted against the weather. They came ready assembled with doors and windows in place while inside they were already compartmentalised into small but cosy rooms. The craze began to spread and other coastal developments appeared and some incorporated railway carriage homes in their rows of bungalows.

## Great Western Railway post-1890 "City" stock

We have identified Peggy's carriages by the very distinctive curved-top doors. They were Holden 4-wheeled "City" stock used by the Great Western Railway built after 1890. It would appear that the vast majority of these coaches were built for the London suburban services, Hammersmith & City; Main Line & City and some Middle Circle workings. It is thought that these vehicles departed from London in 1925 when they were replaced by the suburban articulated trains.

The doors had semi-circular tops, so that tunnel faces would not be hit in the case of any doors remaining open! Photo below is of a model carriage (Peggy's carriages would not have had wheels and the roof replaced with galvanised iron).



# ...Coombe Valley!

**and charity fundraising. Over Christmas the band is often in particular demand, performing seasonal favourites at many local venues.**

We are also a contesting band, and at the time of writing, are practicing hard at our St Edmund's Church Hall, Lanehouse home for the West of England Brass Band Association finals in Torquay on 9th March. We'll let you know how we get on!

After the contest, we'll be turning our attention to Elevate, an exciting new initiative from Brass Bands

England (BBE promotes, represents, and supports brass bands across the country). Through the Elevate programme, BBE is seeking to pair brass bands with artists who will help them to challenge normal performance practice and explore new ideas and genres in a collaborative partnership.

Following a successful application to join the Elevate programme, Weymouth Concert Brass will be working with Rebecca Denniff, a composer and multi-disciplinary artist from North Yorkshire, to produce a compositional exploration

of the medicinal plants and herbs of the Isle of Portland.

Speaking about the project, the band's Musical Director Keith Espin said: 'Brass banding is a remarkable institution based on the principle of all-embracing community music, and I'm very proud to have been part of it for over 60 years. One of its many strengths is maintaining the tradition whilst showing an eagerness to develop, change, advance, and to embrace new types of music. We are delighted then to be part of the Elevate project collaborating with our chosen composer, Rebecca Denniff, in the creation of a musical performance revolving around the theme of medicinal herbs (ancient and modern) found on the Island of Portland. We are indebted to Andrew Cowling, one of our cornet players, who is a qualified practising herbalist. He has immense knowledge and enthusiasm on the subject and is a leading participant in this project. Rebecca seemed perfect for this topic, and we're looking forward to working with her on this unique collaboration.'

With Andrew Cowling's help, band members have already shortlisted their favourite herbs. After the Torquay contest, we will be getting together with Rebecca with

the aim of working towards production of a final outcome of our collaboration later this summer. No one knows yet what form that outcome will take, but it is guaranteed to be a unique musical and herbal experience!

We'll provide updates on our progress with the Elevate project at regular intervals, including on our website and via our social media sites.

In the meantime, the band is always keen to hear from prospective new players. We normally meet once a week on Thursday evenings.

To get in touch, or for further information, contact us at [weymouthconcertbrass@gmail.com](mailto:weymouthconcertbrass@gmail.com), or find us on Facebook or X.

## Reg Meuross in Osmington Village Hall

**Saturday 27 April 2024 - Doors at 7.30pm. Tickets £16 - 007816 832554 or <https://www.wegotickets.com/event/612630>**

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## Big Band Music

**An evening of Big Band Music from the Glen Miller era at Weymouth Bay Methodist Church,**

*Continued on page 16*



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### A working model of Nutritional Therapy

Having studied and gained extensive professional experience helping patients with problems affecting their digestive system, I thought the following information might prove useful for people struggling to cope with stomach symptoms such as indigestion, heartburn/acid reflux. Or bowel problems such as bloating, gas, irregular stools (constipation or loose) and suspect that what and how they are eating may be the cause of their discomfort.

Stomach/bowel symptoms may impact on quality of sleep, energy production, weight, mood and behaviour. It is wise to consult your GP at the first sign of any digestive symptom development, pain or change in bowel habit. A medical professional will conduct an examination, refer for tests, provide a diagnosis and prescribe medication.

The NHS website states that 'Irritable Bowel Syndrome (IBS) is a common condition that affects the digestive system. It causes symptoms like stomach cramps, bloating, diarrhoea and constipation. These tend to come and go over time. It can be very frustrating to live with and can have a big impact on your everyday life. There's no cure, but diet changes and medicines can often help control the symptoms. To help the symptoms of IBS the NHS website recommends the Fodmap exclusion diet this involves avoiding foods that are not easily broken down by the gut, such as some types of fruit and vegetables, milk and wheat. It states 'Certain carbohydrates have been shown to worsen IBS type symptoms

in some people. These carbohydrates are called FODMAPs, which stands for Fermentable, Oligosaccharides, Di-saccharides, Monosaccharides and Polyols. Foods containing FODMAPs do not get fully digested or absorbed in the gut, so pass to our large intestine where our gut microbiome ferment them. FODMAPs are found in wheat, rye and barley, certain vegetables, pulses, fruits, sweetening agents and certain dairy foods such as milk or yogurt'.

Many of the patients I see have been advised to try the low Fodmap diet or have self-diagnosed IBS and subsequently excluded a substantial amount and range of foods from their diet. Self-limiting the diet in this way has the potential to create further health issues and frequently I encourage patients to eat 'more of the right foods'. The gentle and holistic approach of Nutritional Therapy takes into account the needs of the whole person, individual circumstances and supports healthy choices. Suggesting sensible changes to diet and lifestyle to improve health and wellbeing. Focussing on the digestive system and with the aim to affect long term symptom improvement identifying and addressing the underlying cause is part of the process.

Being aware that stress is identified as the biggest underlying cause of ill health to-day, questions concerning a patient's lifestyle need to be asked to try and identify if stress is a factor. Family dynamics and relationships, worries over work or finances, expectations, responsibilities and illness etc...can put individuals under extreme pressure. How often have I heard a stressed patient say 'there isn't enough hours in the day'. Our rational mind tells us that there are twenty four hours in every day and how we choose to spend them depends on choices we make. Unfortunately, when stressed the irrational mind takes over and anxiety to meet deadlines or complete tasks may manifest as feelings of panic (fight or flight). Creating confused thoughts or poor decision making leading to targets not being met, tasks not completed and feeling overwhelmed and often not wanting to eat a meal but reach for a sugar quick fix.

At consultation emotional stress is discussed, and positive coping strategies put in place to encourage changes in behaviour. Setting realistic goals including regular mealtimes, exercise and bedtimes are simple strategies that have shown to reduce the fight or flight response and help re-balance the autonomic nervous system and calm the digestive system. To calm the nervous system the elimination of stimulants from the diet (coffee, tea, alcohol, sugar, chocolate, MSG, E numbers) has shown positive outcomes such as improvements in digestion, sleep, energy, mood and behaviour. To identify if 'Trigger' foods may be the underlying cause of symptoms the use of elimination diets are effective when informed from evidence gathered in a food diary. My professional training and experience provide me with a range of tools in my tool kit to help those

who find keeping a food diary arduous. Patients leave a Nutritional Therapy consultation with a list of highlighted foods to eliminate from their diet for a set period of time. During which suggested alternative or replacement foods are introduced to prevent nutritional deficiencies. A re-introduction of the eliminated foods then follows where patients can then assess their level of sensitivity to certain foods. The process is supported with Vitamins and Minerals, Digestive Enzymes, Pro-biotics, Herbal and more specifically Homeopathic remedies.

Patient feedback recommendation: The Nutritional Therapy consultation was comprehensive, informative, and empowering. The process was helpful with positive outcomes. If you think I might help your digestive system Feel Better get in touch. I am fully qualified, insured and DBS checked with over 30 years professional experience specialising in Clinical Reflexology, Nutritional Therapy, Homoeopathy and Counselling Contact Tel 01305784986 abigail-wring@btinternet.com www.dorsetclinicalreflexology.co.uk



Sue

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**Tuesday 5.30 & 7.30pm**

**Sue - 07557 127878**

**Portland Social Club**

**Thursday 5.30pm**

**Wyke Regis Community Centre**

**Saturday 8.30 & 10.00am**

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# Head Style

### Opening Times

- Monday Closed
- Tuesday 9.00 - 5.00
- Wednesday 9.00 - 5.00
- Thursday 9.00 - 6.00
- Friday 9.00 - 6.00
- Saturday 8.30 - 1.30

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**DT4 7TH on Saturday 13th April at 7.30pm with the "Moonlight Swing Band".**

Tickets £10 in advance or £12 on the door from Pete 01305812637.

## The Friends of Weymouth Library

(FOWL) talk in Weymouth Library on Saturday 6th April will be by Neil McLocklin on his book 'A Nation in Ruins'.

It follows the fortunes of the owners of Corfe Castle, the Bankes family, in the Civil War when friends turned against friends. Lady Bankes, a royalist, defended her beloved home against the forces of Cromwell's army; would the castle survive the onslaught and to what end?

The talk begins at 10.30am, tickets are available in the Library at £2 for members and £3 for non-members. Refreshments available, everyone welcome.

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The Annual General Meeting of FOWL will be held at the Bethany Hall on Saturday 4th May at 2.30pm. Miranda Pender will entertain with her own songs. Refreshments available.

## Your councillor update Weymouth Town Council

(Wyke Regis) and Dorset Council (Rodwell and Wyke Regis) Mayor of Weymouth, Dorset :-  
**Some of the Mayors activities**

**during February:-**

I find February a very dreary month but I don't recall such a wet one. I do hope you, your homes and your gardens have survived without too much flooding.

We are all very aware of the 'climate crisis'. Over the past couple of weeks I have attended Climate Literacy training, which means I have a deeper understanding of the implications of continuing as we have over hundreds of years. We must treat the crisis seriously and make changes to our fossil fuel use as well as being much

## Quality care in Weymouth you can trust

**When a family is thinking about care for a loved one, they want the best - they want to know that the care home they choose will put their loved one's safety, happiness and wellbeing first.**

Anning House is managed by award-winning provider Care UK - one of the UK's most highly successful care home operators\* with over 40 years' experience of delivering high quality care to older people.

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With the extra support that our care home offers, new residents are often surprised at what they can do, whether that's being able to continue with an activity they've enjoyed in the past, or even discovering new hobbies with our daily activities.

The purpose-built home is designed for enjoying a luxury lifestyle, with en-suite rooms and facilities including a cinema, café, hair and beauty salon, and comfortable lounges and dining rooms. The home also boasts stunning gardens with wheelchair friendly pathways - the perfect place to spend some time when the weather allows.

Whether your loved one enjoys a quiet cup of tea in bed before starting the day, loves going for strolls in the landscaped grounds, or enjoys a chat over a glass of wine, the team at Anning House will spend time to enable them to continue living life the way they want to.

**Anning House care home, Cross Road, Weymouth DT4 9QX  
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[careuk.com/anning-house](http://careuk.com/anning-house)

*\*As rated by the Care Quality Commission in England and the Care Inspectorate in Scotland.*

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more proactive with reducing single plastic use, recycling and generally be more aware of our environment. This is easier said than done, we must seek better public transport and all round better connectivity. Not everyone can abandon their car and walk or cycle.

There have not been a lot of big meetings this last month but I have been busy with a number of smaller but equally important issues. An awful lot on licence issues seem to need attention at the moment. New businesses across the County or changes to terms for existing ones. I hope this shows a confidence in the economy or at least initiatives to ride the current downturns.

WTC approved its Budget at its February meeting agreeing no increase in council tax. DC however, voted for an increase. Adult Social Care and Children's Services remain a huge cost to the Council. Unless or until central government provide adequate funding for these services there will always be a problem. We have waited years for successive governments to tackle the sticky problem of providing care for the elderly within a National Scheme. No-one seems to want to grasp that prickly problem, so they just tinker around the edge.

Do you play a musical instrument? Where or how did you learn? Perhaps your first taste of being a musician was the recorder in primary school? Over recent months I have spoken to a great many musicians most of whom learnt to play an instrument at school and played in the school band or orchestra. Most said they did not come from a wealthy home or a musical background and would not have gained this wonderful skill without the school music schemes. Those were the days. We are very lucky in Weymouth, we have a tremendous music scene with many

talented players. But look at many of them, look at the grey hairs!

This is our culture and our heritage. Who will play in our brass bands, our orchestras, our pop bands in the future. Unless a young person comes from a family with disposable income or is very resourceful access to music is sadly diminished. I know it is a matter of priorities on dwindling resources but I think it is a crying shame.

Mayoral duties continued to be busy and varied.

Despite so much rain the sun came out for the inaugural Dinosaur Run on Weymouth beach at the start of the month and so did the crowds. Lots and lots of runners of all ages and from across the South and lots of spectators. I hope this will become an annual event.

Weymouth Town Council hosted the Love Your Weymouth Festival which was a great success, if your interest was creepy crawlies, bees or snakes you were catered for. Along with ways to tackle the climate crises and so much more. A great community event and very well attended; with lots of half-term activities including colouring and face painting. There is another community event planned in the coming month and these will continue so do look out for them, take part, come along it is fun.

I was unable to attend the Annual Award ceremony of Weymouth Angling Club and so was very pleased that Cllrs Matt Bell and David Harris were able to be there. The Angling Club is a great asset to the town providing for anglers of all ages with a particularly strong junior membership. It is an example of real equality and diversity in the heart of our town. I have been fortunate to be involved with the club for a very long time and it is great for others to learn more about them.

Some time ago I asked for nomi-

nations for the Mayor's Civic Community Awards. The awards will be presented at the next Full Council meeting in the Chamber on 20th March.

Another pleasurable task is to decide who should be awarded the Ken Isaacs Rose Bowl. Ken was a much loved and respected and missed chauffer and Mayors Mace Bearer in the old Borough days.

The award is made to a group or individual who has gone above and beyond during the year on behalf of the Town. This year I decided that I wanted to thank the Steering Group for the Weymouth Neighbourhood Plan. This group including a few councillors and a number of local residents have worked tirelessly over the past five years to create our draft plan. They have researched in great depth and consulted with as many groups within our community as possible. It is very important to the future development of Weymouth that we have a comprehensive Neighbourhood Plan. The completed draft will be examined by Dorset Council, be consulted on again and finally be presented to the people of Weymouth in a referendum. A huge piece of work that could not be completed without the steering group and therefore I felt they were worthy

of recognition. Without a neighbourhood plan we have little or no control over development within our council area. I know not everyone agrees with all the recommendations, that is bound to happen, but it is important to note that just because a piece of land is designated as possibly suitable to develop does not mean it will be developed. It simply means we have identified possible development sites.

Just recently I joined residents of Anning House to celebrate 'Inspirational Women' for International Womens Day. It was a real pleasure to join the School Council at Holy Trinity School to talk about our favourite books and why we love reading on World Book day. We discussed how elections and how they were elected to the school council. It was reassuring. The future of democracy is safe in the hands of these young people. Weymouth Town Council is coming to the end of its first five year term. Despite the pandemic it has achieved a great deal and become well embedded within our town. We have a small but committed work force who genuinely care about Weymouth and all aspects of life in Weymouth.

*Continued on page 21*



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# Organisations

## Accordian Club

Every Tuesday 7.30pm. St Ann's Schoolroom, Radipole Lane, Weymouth. £3.00 includes tea/coffee and biscuits. For more information please email or call Graham. gacrow1907@googlemail.com. 07733367065.

## Aquafit

Exercise in the water with a smile. Tuesday & Thursday mornings at Osprey Leisure Centre. All abilities welcome. Margaret on 01305832944 or 07977191547.

## Beachview Community Centre,

Beachview Close, Wyke Regis, DT4 9JA. My Place Dorset run a lunch club, every Friday from 12.00. Please call Michelle Wilson to pre book on 07920 428039.

## Blind & Partially Sighted

Wednesdays 1.30pm - 4.00pm Weymouth Community Safety Centre, Radipole Lane. Bingo/Excursions - Jenny Clift . 01305 787065.

## Breathe Well Weymouth

A support group for people with lung problems. Meet 2nd Wednesday of the month. 2.30pm - 4.30pm at The New Fire and Community Centre, Radipole Lane, Weymouth. Mike on 07792846463 or 01305 814600.

## Busy Bees

Friendly stitch and craft group meets alternate Thursday 2.00pm-4.00pm in Upwey. For more information contact Joy on 0774 230 5841.

## Community Angels

Volunteer Support- Do you need neighbourly help or could you volunteer to help someone? Please 'phone 01305 834866 for more information.

## The Cygnet Group

Third Saturday in the month, St Paul's Church Hall, Abbotsbury Road, 10.00am-12 noon. For more details Eve Hanney 01305 787220 or Joan Savage 01305 820668.

## C'Siders - Cancer Support Group

Regular meetings, activities and events for anyone affected by cancer. Find out more at csiders.org, search csiderswp on Facebook, email info@csiders.org or ring on 07392 935064..

## Dorchester and Weymouth Branch of Epilepsy Action

Coffee and Chat Meetings, Jacksons' Gallery in Fortunswell, Portland every second Thursday 10.30 - 11.30am. Suttons' Coffee Shop, St Albans St, Weymouth. On the 4th Thursday each month

## Dorset Kidney Fund

Support for Renal Patients throughout Dorset and South Somerset. For help and information please call Diana Crowder on 01305 834954 or Sue Bithell on 01305 269293.

## Friends of Lodmoor Country Park

Aim to protect, maintain and improve

trails, gym equipment, a children's playground all free and we hold events such as Sparkle in the Park, table top sales and Pic-a-Book-Nic. Contact 01305 770772

## Friends of Weymouth Library

Supports and promotes our Library. Talks, socials, book sales, knit & natter and quizzes all raise money for Library activities. Membership £6 pa. Secretary: 0781 213 9114. fowl8521@gmail.com www.fowl2017.wixsite.com/fowl

## Hardy Quilters and Stickers

Meet on the second Monday of the month (not July or August) 9.30am to 12.30pm, St Francis of Assisi Hall Merredin Close Littlemoor DT3 6SB. Contact: chantaldavid1@gmail.com

## Island Voices Community Choir

Tuesdays 7.30pm - 9.30pm (in term-time. Peter Trim Hall, St George's Centre, Reforne, Portland. The first session is free and then £6 per week. Contact Anne for information linksup9@gmail.com or 01305776328.

## Ladies Keep Fit

Exercise to music classes for the mature mover. We have a few vacancies at the Southill Community centre on Thursday mornings 9.45am till 10.45am. Please contact Linda 889119. Try the first class free.

## Ladies Social Badminton

Players needed for ladies badminton group. Friendly group, social games, not league. Meet Tuesdays at Redlands Sports Hub. Details Rosemary 01305 832456

## Lip Reading and Communication Skills

Mondays in school term time, 2pm - 3.30pm at the Frank Reynolds Community Centre, Dorchester Road, Weymouth, DT3 5BY (Broadway). Email: elizabeth.ian.messer@gmail.com

## Littlemoor Library

Tues 9.30am - 1.00pm.  
2.00pm - 5.00pm.  
Wednesday 2.00pm-5.00pm.  
Thursday 2.00pm - 6.30pm.  
Friday 2.00pm - 5.00pm.  
Saturday 9.30am - 12.30pm  
The library holds the following:  
Writing Group every Monday at 10.00am.  
Library Gets Lively Every Tuesday 11.15 - 12.00 noon.  
Reading Group on the second Wednesday in the month 10.30am - 11.30am.

## Mulberry Bush Pre-school

At St Andrew's School. Children. 2 years 9 months to school age. Contact jjones@standrews.dsat.org.uk

## Osmington Archery Club

We meet one afternoon a week in the Village Hall throughout the year. Sometimes in better weather in the summer we shoot on private ground at Milborne St Andrew. Please phone

01305 833460 for further details.

## Osmington Art Group

We meet each Thursday afternoon in term time at Osmington Village Hall from 2.00pm till 4.00pm. Bring your own art, whatever it is, and draw, paint, collage, in a relaxed atmosphere and pause for tea and cake or biscuits (and a natter), at half time. Phone Sheila 01305833150 or email sheilaedmonds@hotmail.com.

## Osmington Leisure

Table Tennis is held on Wednesday evenings (7.30pm - 9.30pm).

## Osmington Lunch Club

The club is now meeting on the third Friday of the month. A two course meal is available with a glass of wine for only £7. Guests arrive at Osmington Village Hall at 12.15 for lunch to be served at 12.30. To book a place phone Fran on 832430 or 07817825527.

## Osmington Village Hall

07387 118300 osmingtonhallbookings@gmail.com. www.osmingtonvillagehall.co.uk.

## Parish of Wyke Regis, All Saints with St Edmunds

Rector: Post vacant until Autumn. All Saints, Portland Road, 01305 78464 info@parishofwykeregis.org.uk www.parishofwykeregis.org.uk Every Friday at All Saints: 10.30am Holy Communion followed by coffee. Sundays at All Saints: Possible 8.00am Said Holy Communion 9.30am Sung Holy Communion. First Sunday in month - Café Church. St Edmund's, Lane House Rocks Road. Alternate weeks, Holy Communion or Service of the Word. 11am Mother and Toddlers at St Edmund's: 1pm - 3pm Please check our block of parish activities elsewhere in magazine.

## Pilates classes with Clair Myers

Every Thursday morning St Andrews Church Rooms, Preston 9.00 and 12:30 for beginners and advanced, men and women. cmpilates@live.co.uk

## Preston Pre-school

Where learning is fun, in a free flowing environment indoors and outdoors. Children from 2 years. Funded places available. Monday - Friday 8.45am to 2.45pm For more information, phone 07826515321, e-mail prestonpre-school@hotmail.co.uk or simply come and visit us during our opening times.

## Preston Table Tennis Club

Wednesdays 7.00pm and 9.00pm, Westfield School, Littlemoor Road. Contact Dave Clegg on 835108.

## Preston Pantomime Group

Meets every Wednesday, 7.30pm at Preston Village Hall. New members welcome from age 14 upwards. Contact Julie on 832620.

## Portland Gig Rowing Club

Meet Osprey Quay for various rowing sessions during the week and week-

ends and are open to all from 11yrs and over. For more information, www.portlandgigrowingclub.co.uk

## Repair Cafe Weymouth

Volunteers repair broken items in return for a donation. Events are on the second Saturday of the month from 10.30am - 12.30pm, except July and August, The Top Club, Louviers Road, Littlemoor DT3 6AY with free car parking. www.repaircafeweymouth.org or 'Repair Cafe Weymouth' on Facebook. E:repaircafeweymouth@gmail.com.

## Scottish Country Dancing

Thursday 7.00pm September - May. New dancers welcome anytime. Southill Community Centre, Radipole Lane, Weymouth. DT4 9SF. Details from Judy on 833660 .

## Social Badminton Players Needed

Friendly groups, non league, Redlands Community and Leisure Centre. Ladies Doubles 10 to 11am Tuesdays Mixed Doubles 9 to 10.30am Fridays Details - Rosemary 01305 832456

## South Dorset Caledonian Society

Ceilidh Dance Practice on Monday evenings, 7.45pm - 9.30pm at Willowbed Hall, Chickerell. £2.50 per session, inc tea/coffee. www.southdorsetcaledonians.org, e-mail: sdcsec@gmail.com

## South Dorset Radio Society

We meet on the second Friday of the month, Weymouth West Scout Hall, Granby Close, DT4 0SR from 7.30. www.HamRadioSouthDorset.com, E:stuartvanstone@btinternet.com

## Somerset and Dorset Family History Society

St Aldhelms Church Centre Spa Road on the 3rd Friday of the month talks commence at 2.30 pm, preceded by tea or coffee, Contact no is John on 01305 776008.

## South Dorset Woodcarving Club

South Dorset Woodcarving Club Tuesdays, 7 - 9pm - Upwey Old School Hall, Church Lane, Upwey, DT3 5EQ Contact - Dave: 01305 812064 or Andy: 07739 020839. Find us on Facebook. email: southdorsetwoodcarving-club8@gmail.com

## SSAFA

Pilgrim House, 1 Hope Street, Weymouth, DT4 8TU. (By appointment only). Urgent enquiries: 01202 742934. Office Number 077 26127 532.

## Start your Memoir Courses

Are you ready to write down your memories? Events of your life? What you know of your ancestors? Create a record of your life (or even a book) for your grandchildren and generations to come? To find out more, contact writer Sheena on sheenadearness51@gmail.com or 07875 842399.

## The Light Spiritualist Church

Preston Village Hall, Preston Road, Weymouth. DT3 6BH. Sunday Services 5.30pm for 6.00pm. Tel 07483 811516.

## The Menzies Art Group

We meet in the Menzies Room at the



rear of the Upwey and Broadway Memorial Hall, Victoria Ave, DT3 5NG on a Thursday morning from 9.30 - 12.30. Contact Carol on 01305 787769.

#### Watercolour Art Classes

Thursdays, 1-3, Broadway and Upwey Memorial Hall. Starting September 7th. Call Jan 07746 871134 for more info.

#### Weldmar Hospiccare Shops

Wyke Regis:- 82 Portland Road, Tel 788369. Open Mon - Sat 9am - 5pm. Weymouth :-71 St Thomas Street. Tel: 783523. Open Mon - Sat 9am - 5pm. Sun 10am-4pm.

59, Great George Street. Open Mon - Sat 9am - 5pm. Tel 787825.

10 Hardwick Street. Tel: 777774.

Mon - Sat 9.00am - 5.00pm

Weymouth Outlet

Unit 11/12 Oxford Court, Granby Ind Estate, Weymouth DT4 9GH. Tel: 770760. Mon - Sat 9.00am - 5.00pm.

#### Weymouth Astronomy Club

7.30pm second Friday each month St Aldhelm's Church Centre, Spa Road, New members welcome regardless of experience. [www.weymouthastronomy.co.uk](http://www.weymouthastronomy.co.uk)

#### Weymouth & Portland Branch, Fleet Air Arm Association

Meet 1st Friday of each month at the Wyke Smugglers, Portland Road, DT4 9AB. Full Membership open to serving or veteran members of the Fleet Air Arm. Please contact Jeff Cook, Branch Chairman, on 0773333274, or email [jeff.cook@faaa.org.uk](mailto:jeff.cook@faaa.org.uk)

#### Weymouth and Portland Quakers

Meet first and Third Sunday of each month 10.30am at the Fire Station, Radipole Lane, Weymouth. Tea and Coffee after. Doors are locked after 10.45am. Tel: 01305 788452.

#### Weymouth and Portland Sub-Aqua Club (BSAC)

Weymouth Angling Club, Commercial Road, Weymouth, Thursday evenings 8pm. Contact Ian Joseph 07802658848 or chairman. [wpsac@gmail.com](mailto:wpsac@gmail.com)

#### Weymouth Ind Evangelical Church

WI Hall, Gallwey Road, Wyke Regis, Services 11.00am and 6.30pm.

#### Weymouth Carers Group

Meetings 11am to 1pm on the third Tuesday of the month, Bethany Hall, Westham Road, next to Wilko. For more information 07766 529297 and leave a message with contact details.

#### Weymouth Choral Society

St Aldhelm's Church Centre, Spa Road, Monday 7.30 to 9.30pm during term time. You can join at any time of the year. [www.weymouthchoralsociety.org](http://www.weymouthchoralsociety.org) info@weymouthchoralsociety.org.uk or Melodie on 07929 519973.pman

#### Weymouth Drama Club

A local drama club for adults and young people, meeting on various nights during the week.. For information on how to join, please contact the secretary, Jacqui Trent on 07709601567 or [curtainraisers7@gmail.com](mailto:curtainraisers7@gmail.com) [www.weymouthdramaclub.com](http://www.weymouthdramaclub.com)

#### Weymouth East Scout & Guide Groups

Beavers - Friday 5.30 - 6.30

Cubs - Wednesday 6.30 - 8.00

Scouts - Friday 7.00 - 9.00

Explorers - Thursday 7.00 - 9.00

Brownies - Thursday 5.00 - 6.15

[weymoutheastscouts@gmail.com](mailto:weymoutheastscouts@gmail.com)

#### Weymouth South Scout Group

Scout Hut - Ryland's Lane

General - [weymouthsouthgroup@gmail.com](mailto:weymouthsouthgroup@gmail.com) - volunteers welcome

Waiting List - [weymouthsouthwaitinglist@outlook.com](mailto:weymouthsouthwaitinglist@outlook.com)

Monday - Squirrels aged 4 to 6, 5.30 to 6.30 pm

Scouts aged 10½ to 14½, 7.00 to 9.00pm.

Tuesday - Cubs aged 8 to 10½, 6.00 to 7.30pm.

Explorers Aged 14½ to 17, 7.45 to 9.30pm.

Wednesday - Beavers aged 6 to 8, 5.30 to 6.45pm.

Scouts aged 10½ to 14½, 7.00 to 9.00pm.

Thursday - Cubs aged 8 to 10½, 6.00 to 7.30pm.

Explorers aged 14½ to 17, 7.45 to 9.30pm.

Friday - Beavers aged 6 to 8, 6.00 to 7.15pm.

#### Weymouth and District Model Engineering Society

Tuesday evenings from 7pm and Saturday from 10am at Budmouth College, Chickerell Road. Talks on Tuesday during Winter months. [www.weymouth-dmes.co.uk](http://www.weymouth-dmes.co.uk). Andy, Secretary 01305 459677 or [andy@hsme.co.uk](mailto:andy@hsme.co.uk)

#### Weymouth Floral Design Group

New Venue Now Meeting at the Holy Trinity School, Cross Road, Weymouth. Doors open 7.15pm for 7.30pm start. Meetings held usually 3rd Thursday of the month (except August no meeting & Dec meeting on the 2nd Thursday).

#### Weymouth Movie Makers

Meet from September to May on alternate Wednesdays at 7.30pm at the Centenary Club 21 Jubilee Close, Weymouth [www.weymouthmoviemakers.weebly.com](http://www.weymouthmoviemakers.weebly.com) E: [weymouthmoviemakers@gmail.com](mailto:weymouthmoviemakers@gmail.com) Chairman Anne Vincent Tel: 01305 780140.

#### Whist and Military Whist Drive

Moonfleet Bowls Club, Knightsdale Road. Tuesday, start 2.00pm. Further details on 784056.

#### Whist Drive

Mission Hall, Sutton Poyntz. Every Monday at 7.30pm

#### Wyke Regis Horticultural Society

Trading Post Openings. Sat 9.30am to 12.30pm; Wed 2.00pm to 4.00pm Annual Membership £10 may be taken out at our shop during opening times. [www.wrhs.org.uk](http://www.wrhs.org.uk)

#### Wyke Regis Community Association

Email: [wrca@btconnect.com](mailto:wrca@btconnect.com) [www.WykeRegisCommunityAssociation.co.uk](http://www.WykeRegisCommunityAssociation.co.uk) or follow us on Facebook [www.facebook.com/WykeRegisCommunityAssociation/](http://www.facebook.com/WykeRegisCommunityAssociation/)

#### Wyke Regis Community and Sports Association

Monday - C'Siders - Cancer Support Group Table Tennis from 2pm to 4pm. Tuesday - Weenies - A group for Toddlers and their parents/carers from 9.30am to 11am.

Tuesday - U3A Table Tennis from 2pm to 4pm.

Tuesday - Prize Bingo from 7pm to 9pm.

Wednesdays - NHS Leg Club from 9.30am to 11.30am.

Thursday - NHS Leg Club from 9.30am to 11.30am.

Friday - NHS Leg Club from 08.45 to 11.30am

Sunday - Wargames - all ages- mid-day to 5pm.

#### Wyke Regis Library

Mon - 10am - 1pm; 2pm - 6.30pm

Wed - 10am - 1pm; 2pm - 5.30pm

Friday - 10am-1pm

Saturday - 10am - 1pm

#### Wyke Regis Pre-School

Shrubbery Lane, Wyke Regis. Tel 789222. Monday - Friday 9.00am - 3.00pm. Term time only. 2 years 9 months until school age.

#### Wyke Regis Medical Practice

Portland Road, Wyke Regis - 782226 Surgery hours - Monday - Friday - 8.30am - 1pm and 2pm - 6.30pm.

#### Wyke Regis Nursery

Shrubbery Lane. A safe, secure, relaxed and friendly environment, offering high quality provision (led by qualified teachers). Nursery housed within Wyke Regis Infant School. Monday - Friday 8.45am - 3.15pm. Term time only. From 3 years. For more informa-

tion tel: 01305 782470 or email us at [infooffice@wykeregisfed.dorset.sch.uk](mailto:infooffice@wykeregisfed.dorset.sch.uk)

#### Wyke Regis Society

[www.wykeregissociety.org.uk](http://www.wykeregissociety.org.uk) Meetings second Tuesday two-monthly, 7pm at Working Men's Club, Portland Road. Contact 01305 761993 or [georgina.skipper@gmail.com](mailto:georgina.skipper@gmail.com)

#### Wyke Ukedelics

Non-profit group of musicians who gig to keep our members and equipment from wear and tear, available for functions. Dave 07980 32221 or Clare 07837 307932.

#### Wyke Regis WI

General meetings are at 2pm on the second Thursday of the month at the WI Hall, Gallwey Road, DT49AJ. The various interest groups meet at regular times during the month, details on our website. For more information contact us: 07719312901. Email: [secretary@wykeregiswi.org.uk](mailto:secretary@wykeregiswi.org.uk) [www.facebook.com/wykeregiswi](http://www.facebook.com/wykeregiswi) [www.wykeregiswi.org.uk](http://www.wykeregiswi.org.uk)

#### Yoga

Sutton Poyntz. Small groups at our home studio on Tuesday, Wednesday and Friday mornings. Also Chair Yoga (a standing and seated practice) at the Mission Hall on Wednesday mornings. Contact Isabelle on 07970 772963 and Lea on 07973 268836.

#### Yoga JAX

Thursday mornings 10.30 - 11.30 Hope Redemer Church, Trinity Street, off Hope Square, Weymouth. Basic Vinyasa yoga, gentle, restoring, traditional. Phone 07543 627944.

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We follow the Swim England framework offering stages 1-7. Our progressive scheme of work will take your child from beginner to advanced swimming. Our initial stages will focus on floating, kicking and being able to move independently through the water. Our middle stages will teach the basics of the strokes, before moving onto our higher stages where they will focus on stroke technique to perfect front crawl, back crawl, breaststroke and butterfly.

Our monthly cost for children's swim school even includes free admission to public swimming sessions!

For children's lessons please email:  
[Jess.riley@ospreyleisure.co.uk](mailto:Jess.riley@ospreyleisure.co.uk)

### Adults

We follow swim England frameworks offering the following classes:

**Be water confident**  
- These classes give you an introduction to the pool, helping you build confidence in the water alongside learning basic aquatic skills.

**Be a swimmer**  
- With the goal of managing to swim short distances of front crawl, back crawl and breaststroke, these classes focus on teaching you the basics of each stroke.

**Be a better swimmer**  
- These classes focus on stroke technique, for those already with some experience these classes will push you to swimming distances of 50m of each stroke with perfect technique.

For adults:  
[Paul.whittaker@ospreyleisure.co.uk](mailto:Paul.whittaker@ospreyleisure.co.uk) - Or call us on  
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Mayor's visit to Holy Trinity School to talk about favourite books and why we love reading on World Book Day.

May 2nd will see local elections and who knows what the results will be. Make sure you are on the electoral register and don't forget you need to take ID with you to the polling station. If you are going to be away on 2nd May consider applying for a postal vote. You can do this on-line or phone electoral services for the forms. Both Dorset Council and Weymouth Town Council are going to the polls. Who knows, perhaps there will be a snap general election too. There are changes to the boundaries for both so do ensure you know which ward you live in and where your polling station

is. Wyke Regis ward for the town council has split in two – Wyke South and Wyke North.

I feel very proud to have been the final Mayor of this term. Thank you for all the invitations I have received to join you at your events and thank you for all the support you have given me.

Most importantly thank you to everyone who volunteers across the town and beyond. The people who help with foodbank, Nest, warm welcome and so much more. You are all wonderful. My charity fund will remain open until the end of my term, I am supporting MV Freedom, The Evergreen Unit at Westhaven Hospital and The Heart Foundation. I hope to host two more small charity events before the end of the term so do please look out for details and support if you can.

Thank you again, it has been a delight and a pleasure to meet so many of you.

We are now entering 'pre-election period'. A time when those wishing to stand for election need to be very careful not to gain an unfair advantage over other candidates. I will therefore not be post-

ing on the Mayor of Weymouth Facebook page, and I will be very careful with this column and my Cllr Kate Wheller Facebook page too.

After the election of the next Mayor do continue to follow the Facebook page. I hope it will grow bigger and better. And if I am lucky enough to be re-elected you can find me on Cllr Kate Wheller Facebook page. But as always the best way to reach me is [cllrkatewheller@weymouth-towncouncil.gov.uk](mailto:cllrkatewheller@weymouth-towncouncil.gov.uk); [cllrkate.wheller@dorsetcouncil.gov.uk](mailto:cllrkate.wheller@dorsetcouncil.gov.uk); or 07850060947.

Very best wishes, stay safe, God bless,

Kate.

Cllr Kate Wheller,  
Dorset Council Rodwell and Wyke Regis  
Weymouth Town Council  
Mayor of Weymouth.

### A new fun and safe space thanks to the #WillDoesBus

Young people in Dorset have a new safe and fun space thanks to the #WillDoesBus which visits Weymouth esplanade.

In a creative response to the evolving needs of the Weymouth community, the Dorset Council targeted youth work team is joining forces with Dorset Youth Association to roll out the #WillDoesBus.

The bus itself was fundraised for by the #WillDoes charity, an organisation dedicated to improving the mental health and well-being of young people in Dorset. The programme launched on 7th February and spans seven weeks before moving to the Marsh Skatepark, the bus is open on Wednesday evenings for local young people, offering a safe and supportive haven from 5.30pm to 8.00pm.

In a departure from the traditional community youth work approach, typically conducted in public spaces like train stations or park areas, the #WillDoesBus initiative recognises the challenges posed by unlit, cold, and dull spaces during this time of year.

The 'Will Does Bus' project introduces a mobile safe space, providing young people with a refuge to relax, play music, engage in games, and connect with trained youth workers.

## How do you say that?

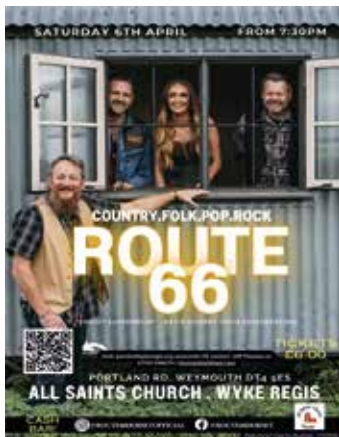
Perhaps you remember an American kids' series called Grizzly Adams. Grizzly was a backwoodsman, and a lot of (live) brown bears featured in it.

Grizzly is now the proper name for most North American brown bears, but this name comes from the word 'grisly', which means horrible, and usually involves body parts; horror films are often called grisly. Brown bears seem to have been called grizzlies because of their ferocious nature – they will follow a running person at up to 30mph and even up trees.

We also have the word 'gristle' which most of us will recognise as the horrible bits in meat, the unchewable cartilage.

The other sort of grizzly is familiar to parents; children who don't feel well grizzle and grumble. Some parents might prefer the bear to the baby!

GS



# The Ridgeway Churches

† Holy Trinity, Bicombe; † St Nicholas, Broadway; † St Nicholas, Buckland Ripers; † St Francis, Littlemoor; † St Osmund, Osmington; † St Andrew, Preston; † St Laurence, Upwey.

*Serving Bicombe, Broadway, Buckland Ripers, Littlemoor, Nottingham, Osmington, Overcombe, Preston, Poxwell, Ringstead, Sutton Poyntz, & Upwey*

Worship and information is available at [www.weymouthridgeway.org.uk](http://www.weymouthridgeway.org.uk)

The Weymouth Ridgeway Team offers a wide range of services and a warm welcome to all.

## Normal Sunday worship in church

8.00am St Andrew's, Preston (1st)  
8.00am St Osmund's, Osmington (3rd)  
8.30am Holy Trinity, Bicombe  
9.15am St Andrew's, Preston (2nd, 3rd, 4th, 5th)  
9.15am St Andrew's Church Rooms (1st)  
9.30am St Nicholas, Broadway  
10.15am St Francis', Littlemoor  
10.30am St Osmund's, Osmington (1st, 2nd, 4th, 5th)  
11.00am St Laurence, Upwey  
4.00pm St Nicholas, Buckland Ripers  
6.00pm St Francis', Littlemoor (2nd) Prayer Meeting  
6.30pm St Francis', Littlemoor (4th) Celtic Prayer

## Weekday Worship

7.30pm Tues Candlelight Service St Andrew's  
12.45pm Wed Prayer Meeting St Francis'  
08.00am Thurs Morning Prayer St Francis'  
12.00pm Fri Prayer Meeting St Andrew's  
07.00pm Fri (1st) Revival Prayer Meeting St Francis  
(For weekday services at St Nicholas see separate paragraph)

## Extras for Easter

As well as all the usual services we have a few extra events, please do join us!

## Lent Lunches at St Andrew's, Preston

12.30pm on 8th, 15th, & 22nd March. Delicious homemade soup £5 per head.  
Please contact the Team office (details below) if you wish to attend.

## Maundy Supper at St Francis', Littlemoor

6pm Thursday 28th March  
Please contact the Team Office (details below) if you wish to attend.

## Good Friday 29th March

11am St Francis', Littlemoor - All Age Communion  
2pm St Andrew's, Preston - Service of Reflection  
2pm St Osmund's, Osmington - Hour at the Cross

## SIACES to grow in faith

Tue 10.00am Ridgeway Bible Study Group [fortnightly] Preston (01305) 834604

## Who's Who

### Team Rector

Rev'd James Menzies - The Vicarage, 2 Primula Close, Littlemoor, Weymouth. DT3 6SL (01305) 835921 [revjamesmenzies@outlook.com](mailto:revjamesmenzies@outlook.com) (day of rest Monday)

### Team Vicar

Rev'd Philip Elliott  
(Holy Trinity, Bicombe; St Laurence, Upwey; St Nicholas, Broadway; St Nicholas, Buckland Ripers)  
The Vicarage, 526 Littlemoor Rd, Weymouth. DT3 5PA (01305) 459971 [weymouth.west.ridgeway.vicar@gmail.com](mailto:weymouth.west.ridgeway.vicar@gmail.com) (day of rest Monday)

### Team Administrator

Shirley Mitchell, The Team Office, 4 Church Rd, Preston, Weymouth.

DT3 6BU (01305) 837147

[weymouth.ridgeway.team.office@gmail.com](mailto:weymouth.ridgeway.team.office@gmail.com)

## Community Angels

A volunteer service offering companionship, errands, home visits, lifts to appointments, activities, shopping etc  
(01305) 834866 [standrewsangels@hotmail.co.uk](mailto:standrewsangels@hotmail.co.uk)

## Hall Hire

### St Andrew's Church Rooms, Preston,

Shirley Mitchell (01305) 837147 [sachurchrooms4@gmail.com](mailto:sachurchrooms4@gmail.com)

### St Francis' Community Room, Littlemoor

Anne Field (01305) 832532 [anne\\_field@talk21.com](mailto:anne_field@talk21.com)

### Mission Hall, Sutton Poyntz

Maureen Morris (01305) 835533.

### Preston Village Hall

Julie Witt, Booking Secretary, Preston Village Hall, Weymouth, Dorset  
[prestonvillagehallweymouth@gmail.com](mailto:prestonvillagehallweymouth@gmail.com). 07742 636511.

## New Weymouth Ridgeway Team Ministry Newsletter

If you would like to receive news and information about what is happening in our churches please contact me on: [weymouth.ridgeway.team.office@gmail.com](mailto:weymouth.ridgeway.team.office@gmail.com) or 01305 837147.

# All Saints & St Edmunds Churches

**The Parish of Wyke Regis All Saints with St Edmund. Rector. Rev'd John Mackenzie.**

You will find a warm welcome at our friendly and inclusive churches. All Saints, Portland Road, and St Edmund's, Lanehouse Rocks Road.

## All Saints Church

### Daily

The church is open daily for visitors and private prayer from 9.00 am.

### Sundays

8.00am Holy Communion BCP (said).  
First Sunday of the month 9.30 am Café Church, with refreshments beforehand.

All other Sundays 09.30 Sung Holy Communion, followed by refreshments.

### Tuesdays to Saturdays

9.00am Morning prayer with the Rector

### Fridays

10.30am Holy Communion (said), followed by refreshments.

### Saturdays

10.00am Coffee Morning third Saturday of the month.

### Livestream

Our 9.30 am Sunday services are also livestreamed. An order of service is published each week so you can join in with the hymns and prayers. You can connect via any of the following links.

Youtube - [youtube.com/user/WykeRegisChurch/live](https://youtube.com/user/WykeRegisChurch/live)

Facebook - [facebook.com/groups/allsaintswyke](https://facebook.com/groups/allsaintswyke)

Parish website - [parishofwykeregis.org.uk/live](http://parishofwykeregis.org.uk/live)

Our weekly Pew Sheet is also published on the website with up-to-date news and the readings for the service.

## St Edmund's Church

### Sundays

11.00am Sung Holy Communion every fortnight, alternating with Service of the Word

### Thursdays

1.00pm Little Saints Baby and Toddlers Group, during term time. Please bring along your children, grandchildren or Godchildren and meet up with others. All welcome.

### Saturdays

10.00am Coffee Morning last Saturday of the month.

\*\*\*\*\*

## Holy Week and Easter in the Parish of Wyke Regis

### Palm Sunday 24th March

8.00am Holy Communion BCP (said), All Saints

9.30am Sung Holy Communion, All Saints

11.00am Sung Holy Communion, St Edmund's

### Monday 25th March

6.30pm Holy Week Meditation, St Edmund's

### Tuesday 26th March

6.30pm Holy Week Meditation, All Saints

### Wednesday 27th March

6.30pm Stations of the Cross. Journey to Easter commencing in All Saints Churchyard

### Maundy Thursday, 28th March

6.00pm Agape Supper, St Ed-

[www.registermagazine.co.uk](http://www.registermagazine.co.uk)



mund's Hall. Bring and share fellowship meal  
8.00pm Washing of Feet service, All Saints

#### Good Friday, 29th March

12.00 Service, All Saints, followed by Walk of Witness to St Edmund's for 2.00pm 'At the foot of the cross' final hour meditation

#### Easter Day, Sunday 31st March

8.00am Holy Communion BCP (said), All Saints  
9.30am Sung Holy Communion, All Saints  
11.00am Sung Holy Communion, St Edmund's

\*\*\*\*\*

In addition to the livestream service the parish also runs a live local news programme at 6.00 pm on Saturdays and a quiz at 7.30 pm the same evening. These can be accessed using the livestream links above.

If you want to get in touch with us we can be contacted on 01305 784649 or email [info@parishofwykeregis.org.uk](mailto:info@parishofwykeregis.org.uk)

Regular parish activities. All welcome. Get in touch beforehand, or just come long and join in!

**Art Groups** - two groups, twice monthly meetings. Contact Janet Hall on 01305 839737

**Walking Group** - meet at Bin-cleaves Green on Mondays at 10.00am

**Singing for Fun** - 2.00pm on Tuesday 16th April at All Saints

**Flower Arranging** - 10.00am on Thursday 28th March at All Saints

**Craft Group** - 10.00 am on Thursdays at All Saints, fortnightly (from 4th April)

**Choir Practice** - All Saints, 6.00pm on Friday. Contact Derek Griffin on 01305 772873

**Bell Ringing** - weekly practices for ringers of all ages. Contact Michael Dillistone on 01305 784902.

#### All Saints Events Diary

##### Film Night. Atash

Wyke Regis Memorial Hall 7.00pm  
Friday 5th April  
Written and directed by Arab-Israeli filmmaker Tawfik Abu Wael,

this powerful debut feature derives much of its strength from its elemental, no-man's land setting, in which a Palestinian family ekes out a precarious living by making charcoal at an abandoned army outpost. Cert 15 (contains strong language). Entry £6.00, includes glass of wine, beer, or soft drink. Reserve yourself a seat at <https://www.parishofwykeregis.org.uk/events> or from Jeff Thomas on 07710 096174.

#### Concert. Route 66

All Saints Church 7.30pm Sat 6th April.  
We are delighted to welcome Route 66 to All Saints on Sat 6th April for what promises to be an entertaining and fun evening of live country and folk music. The band, who play a mixture of modern and contemporary covers and originals, consists of acoustic guitars, fiddle, and Cajon. Its members come from Poole and Ringwood, play local festivals, pubs, and clubs, and have a slot at next year's New Forest Folk Festival. Female vocalist Amie is an accomplished country singer in her own right, with several recording to her name. Cash bar. Entry £6.00. Purchase in advance at <https://www.parishofwykeregis.org.uk/events> or contact Jeff Thomas on 07710 096174.

#### Coffee Morning

All Saints Church, 10.00am to midday, Sat 20th April.  
All are welcome to join us for coffee, tea, cakes, Fairtrade, books, music and, of course, chat.

#### St Edmund's Events Diary

##### Coffee Morning

St Edmund's Church Hall, 10.00am to midday, Saturday 30th March and Saturday 27th April  
All are welcome to join us for coffee, tea, cakes, books, and chat.

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## Holy Trinity with St Nicholas Weymouth

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Encourage Christian learning for all  
Conserve our heritage for future generations  
Ours is a faith that is vibrant, exciting and challenging as we continue to discover Gods kingdom and grow the Church.  
We are members of the Inclusive Church Network:  
We believe in inclusive church – a church which celebrates and affirms every person and does not discriminate.

#### Wednesdays 10.00am Said Eucharist

Sunday 8.00am Said Eucharist 10.00am Sung Eucharist

Fourth Sunday of the month Families @4 Service

See our website: <https://www.holytrinityweymouth.org> for further details of when we are open and what activities are planned.

### Happy Easter to everyone

Join us for our services, everyone is most welcome.

We are an Inclusive Church 'All are welcome here'

Holy Week 24th – 31st March

Palm Sunday 24th March

10.00am Family eucharist with 'Donkeys' and Palm Crosses

Monday 25th, Tuesday 26th and Wednesday 27th

Evening service at 6.30pm

Maundy Thursday 28th March

Traditional service of foot washing, Eucharist and stripping of the Altar, with watch until 9.30pm

Good Friday 29th March

8am Mass of the Pre-Sanctified

10 - 12noon Childrens activities, with cakes, hotdogs and building the Easter garden

12.30pm - 2.00pm Silent Devotions

2.00 - 3.00pm Last hour at the Cross

Holy Saturday 30th March

6.30pm Vigil service, with Easter bonfire and renewing of baptism vows

Easter Sunday 31st March

8.00am Eucharist service

10.00am Family Eucharist with 'Fizz' and chocolate!

Contact the Vicar – Rev Juliet Stephenson @

[revjuliet@holymtrinityweymouth.org](mailto:revjuliet@holymtrinityweymouth.org) or 07729 505924

#### Weekday Services at St Nicholas Church, Broadway

Tuesdays	8.45am	The Angelus and Meditation	Broadway.
	9.00am	Morning Prayer	Broadway
	10.00am	Holy Communion (BCP)	Upwey
Wednesdays	8.45am	The Angelus and Meditation	Broadway
	9.00am	Morning Prayer with Communion	Broadway
	10.00am	The Holy Eucharist	Broadway
Thursdays	8.45am	The Angelus and Meditation	Broadway
	9.00am	Morning Prayer	Broadway
	10.00am	The Holy Eucharist	Broadway
Fridays	10.45am	Coffee Morning	Broadway
	8.45am	The Angelus with Meditation	Broadway
	9.00am	Morning Prayer with communion	Broadway
Saturdays	8.45am	The Angelus and Meditation	Broadway
	9.00am	Morning Prayer	Broadway

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